

BEFORE THE INSURANCE COMMISSIONER
OF THE STATE OF WASHINGTON

In the Master of the)
Application regarding the)
Conversion and Acquisition)
of Control of Premera Blue) Docket No. G02-45
Cross and its Affiliates,)
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Adjudicative Hearing
May 7, 2004
Day 4
Tumwater, Washington

Taken Before:

Laura A. Gjuka, CCR
Registered Professional Reporter
Capitol Pacific Reporting, Inc.
2401 Bristol Court S.W.
Olympia, WA 98502
(360) 352-2054
capitol@callatg.com
www.capitolpacificreporter.com

APPEARANCES

COMMISSIONER'S MR. MIKE KREIDLER
TEAM: WASHINGTON STATE INSURANCE COMMISSIONER

JUDGE GEORGE FINKLE
SPECIAL MASTER
MS. CAROL SUREAU
DEPUTY INSURANCE COMMISSIONER

MS. CHRISTINA BEUSCH
ASSISTANT ATTORNEY GENERAL

FOR PREMERA: MR. THOMAS E. KELLY, JR.
ATTORNEY AT LAW
PRESTON GATES & ELLIS

MR. ROB MITCHELL
ATTORNEY AT LAW
PRESTON GATES & ELLIS

RAMONA EMERSON
ATTORNEY AT LAW
PRESTON GATES & ELLIS

FOR THE OIC: MR. JOHN HAMJE
OIC STAFF ATTORNEY
SPECIAL ASSISTANT ATTORNEY GENERAL
MS. MELANIE DeLEON
ASSISTANT ATTORNEY GENERAL

APPEARANCES

(Continued)

FOR THE
INTERVENORS:

MS. AMY McCULLOUGH
ATTORNEY AT LAW
ALASKA INTERVENORS

MS. ELEANOR HAMBURGER
ATTORNEY AT LAW
PREMERA WATCH COALITION

MR. JEFFREY COOPERSMITH
ATTORNEY AT LAW
WASHINGTON STATE MEDICAL ASSOCIATION

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P R O C E E D I N G S

JUDGE FINKLE: Good morning. Let's proceed.

I do have a couple of quick rulings for you. The redactions at E-6 and E-8 of the Nemerov testimony will be allowed. Those were the two disputed redactions; in other respects the testimony would be released. As to the prefiled testimony of James Johnson, there are no edits to that, it may be used as submitted.

Ready for the next witness?

MR. KELLY: Yes, we are. We call Richard Furniss.

JUDGE FINKLE: Mr. Furniss, would you come forward and be sworn.

RICHARD FURNISS, having been first duly
sworn by the Judge,
testified as follows:

DIRECT EXAMINATION

BY MR. KELLY:

Q. Would you please state your name.

A. Richard Furniss.

Q. Could you state your position and your business.

A. I am a principal with Towers Perrin. Towers Perrin

1 is a management consulting company based in New York
2 City.

3 Q. Can you tell us about the work that your firm,
4 Towers Perrin, does?

5 A. Towers Perrin is a human resource consulting
6 company, as well as an actuarial consulting company. We
7 have approximately 80 offices around the world and
8 approximately 8,000 employees. We assist companies in
9 evaluating and designing compensation and benefit
10 programs, as well as assisting insurance companies in
11 actuarial consulting.

12 Q. Can you describe your education, please?

13 A. I have a Bachelor of Science in mechanical
14 engineering from the University of Pennsylvania, and
15 Master of Business Administration, also from the
16 University of Pennsylvania.

17 Q. Tell us about your career in the field of executive
18 compensation consultation?

19 A. My first jobs out of college were with the Dupont
20 Company, and then I left and joined the General
21 Consulting Company. I joined Towers Perrin in 1978 and
22 have been there ever since.

23 Q. What's the focus of your work at Towers Perrin?

24 A. I work in executive compensation exclusively, and I
25 direct the firm's practice in executive compensation for

1 the insurance industry.

2 Q. Do you work on compensation for a wide range of
3 insurance companies?

4 A. Yes, I do. I work for property casualty, life and
5 health companies. I work for -- I have worked for
6 public stand-alone companies, for subsidiaries of public
7 companies, and for mutual companies for fraternal and
8 for not-for-profits.

9 Q. Now, your prefiled direct and responsive
10 testimonies, your curriculum vitae and the Towers
11 Perrin's reports that you prepared, have been served and
12 filed in this proceeding. You adopt all of them?

13 A. I do.

14 MR. KELLY: Mr. Furniss's prefiled direct
15 testimony has been marked as Exhibit P-49, his CV is
16 P-50, the original Towers Perrin report is P-51, the
17 supplemental report P-52, and the prefiled responsive --
18 the numbers are wrong here, is P-53.

19 And with the adoption of his testimony and
20 those documents by Mr. Furniss, we move to admit those
21 exhibits.

22 MR. HAMJE: No objection.

23 JUDGE FINKLE: Admitted.

24 BY MR. KELLY:

25 Q. To start with, asking you what you did in this case

1 as part of the initial groundwork for preparing your
2 reports?

3 A. The first step in analyzing the -- or assessing the
4 compensation program, the executive compensation program
5 of Premera, we developed a clear understanding of the
6 company's compensation philosophy. We believe that's
7 the groundwork of any compensation program.

8 The next thing we did was to determine how the
9 company is organized and staffed, what the specific
10 responsibilities are of the senior executives. And the
11 third thing we did was to get a clear understanding of
12 the present compensation arrangements, and not only how
13 they are formally structured, but how they are actually
14 administered and practiced.

15 Q. For each of those let me ask you, how did you go
16 about ascertaining, first, the company's compensation
17 philosophy?

18 A. The primary input for the company's compensation
19 philosophy was a discussion with the compensation
20 committee head and another senior director who served on
21 the compensation committee.

22 Q. Who is the head of the compensation committee?

23 A. Mr. Fahey.

24 Q. And the other senior director who had served on the
25 committee before, who are you referring to?

1 A. The witness yesterday.

2 Q. Is that Ms. Jewell?

3 A. Ms. Jewell.

4 Q. On the first day actually?

5 A. Correct, first day.

6 Q. Did you also have any discussion with Mercer
7 Consulting?

8 A. Yes, we did. We discussed these subjects and more
9 with the Mercer Consulting, Diane Doubleday, the head of
10 the Mercer team that worked on this assignment.

11 Q. Perhaps, for the record, you should indicate who or
12 what Mercer Consulting is and what role they have with
13 Premera.

14 A. Mercer Consulting is a major human resource company
15 that competes directly with Towers Perrin. It is a
16 large, very well-respected firm, and they are Premera's
17 regular consultant on executive compensation matters and
18 have been for several years.

19 Q. Okay. Going on to the second groundwork activity
20 that you started out with with this assignment, how did
21 you learn about Premera's organization and its
22 structure?

23 A. We learned -- of course we got input from talking to
24 the compensation committee and director member, but we
25 gathered the actual organization from several sources.

1 We had a great deal of written material that we
2 examined, but we also talked to specific executives.
3 Reading the written material provides us with a great
4 deal of interesting information, but without talking to
5 the executives we feel that we don't really have a good
6 idea of how the company is organized and how
7 responsibilities are aligned.

8 Q. Okay. And the third groundwork activity I think you
9 testified about was learning about the design and
10 administration of the actual Premera executive
11 compensation program. What did you do to learn about
12 that?

13 A. There again, we read the written material, which are
14 quite detailed in how the plans are designed and can be
15 administered, but we found in Premera, as we find with
16 other companies, that the actual administration may
17 differ, it may be more liberal -- it won't be more
18 liberal than the plan's design, but it may be stricter
19 and more formula driven, for instance, and it may or may
20 not use some of the latitude the plan design allows you
21 to use. So, here again, we had to discuss with the
22 senior executives how the plan was actually
23 administered.

24 Q. Okay. Now, what about job titles, is that something
25 that you looked at as a consideration?

1 A. Of course we look at job titles, but we never rely
2 on them for senior executive decisions, without
3 discussing what additional functions given positions
4 have, or perhaps what fewer functions they have than
5 general industry.

6 Q. Now, once you had obtained this groundwork
7 information, what did you then do?

8 A. Then the next task is to compare Premera's
9 compensation or our client's compensation with survey
10 data and market data. What we are trying to do is to
11 develop a picture of the market for each position. It
12 may be as simple as matching job titles, but it very
13 seldom is in a senior management position.

14 Usually the only title that is a clear match is the
15 CEO. From then on, responsibilities below the CEO are
16 not necessarily a function of job title. So we need to
17 determine whether or not the market compensation for
18 specific job titles should be increased or decreased.

19 For market compensation we use proxy data, which is
20 very useful for public companies, provided it is
21 interpreted and not taken simply off the compensation
22 page.

23 For -- in order to include companies that are not
24 public we use survey data, which is produced by
25 companies that conduct exclusive surveys in this

1 industry.

2 For both proxy data and survey data we match the
3 size of the company. So the median of the data or the
4 75th or the 25th gives us a benchmark against which we
5 can compare the client.

6 Q. You are looking at an industry, a health industry,
7 is that what you are doing?

8 A. Correct, we are looking at the health industry.

9 Q. When you use the term proxy data, is this for a
10 record -- what is the source?

11 A. Public companies are required to file proxies
12 annually, and within these proxies they are required
13 to -- not only provide the value of the compensation
14 delivered for the past three years to their top five
15 executives, but the compensation committee is required
16 to write a report. And between that report and the
17 footnotes, we have a -- we are able to determine how the
18 plans of these various companies are structured and
19 administered.

20 Q. Then, after preparing all that data, you wrote up a
21 report which actually utilizes the data to ascertain
22 where Premera's executives fit?

23 A. That's correct. It is called a benchmarking
24 process, and we compare then Premera's executives with
25 the data from the market. We are determining the market

1 for positions, not the people. So we don't make any
2 attempt to determine whether an individual is performing
3 better or worse than the market, but we do take -- our
4 primary objective is to determine what the market is for
5 this particular set of scales for each position.

6 Q. And is that process that you went through as an
7 expert here of gathering data, making comparisons,
8 similar to what Mercer Consulting does on a regular
9 basis when providing advice to Premera?

10 A. Yes, it is. We talked at some length to the Mercer
11 Consulting -- to the Mercer consultants and ascertained
12 that's the same way they did it.

13 Q. Is that the usual approach in your business?

14 A. It is the usual approach in our business. To do it
15 right, that's about the only approach.

16 Q. Okay. Now, let's turn then to your analysis.
17 First, who is it that articulates Premera's compensation
18 philosophy?

19 A. Premera, as with other companies following the best
20 practices in the industry today, within Premera, it is
21 the compensation committee of the board that articulates
22 the philosophy. There is input to it, of course, from
23 management, but it is ultimately the board's
24 responsibility to articulate and administer the
25 compensation clause.

1 Q. What does your report indicate are the key elements
2 of the Premera compensation clause?

3 A. The key elements, from our perspective, that we
4 focused on, were that Premera had selected or had
5 determined as a peer group, a reference group, health
6 insurance companies of like size, both for-profit and
7 not-for-profit.

8 The second element was to position their pay at the
9 median for a target performance of this peer group,
10 except where certain positions were required -- certain
11 positions required extraordinary skills or talents
12 specific to the task at hand.

13 In other words, if they had to recruit someone to do
14 a particular job outside the -- even outside the median
15 pay level that we determined, they are willing to pay
16 for that.

17 Q. And is that exception, where there is a need to
18 obtain the person or the person has extraordinary
19 skills, is that type of exception found throughout the
20 industry?

21 A. Absolutely. I don't know any company and any
22 industry that isn't willing to do that.

23 Q. Now, is compensation, for individual positions under
24 the Premera compensation philosophy, determined based
25 upon industry job definitions or actual management

1 responsibilities?

2 A. It is based on actual management responsibilities.

3 Q. And is that the second key element of the philosophy
4 of Premera towards compensation?

5 A. Yes. To find out, rather than using job
6 definitions, which would be the quick, easy way to do
7 it -- job titles rather, Premera is willing and ready to
8 determine compensation based on the actual
9 responsibilities of the position.

10 Q. Is that what is done throughout the industry, to
11 look at actual needs rather than job titles?

12 A. It should be.

13 Q. Okay. And is that what you recommend?

14 A. That's what we recommend.

15 Q. What's the third key element of the philosophy about
16 the use of peer groups, what would --

17 A. The peer group is that -- the frame of reference or
18 the peer group or the peer industry that Premera uses is
19 public and non-public companies. They recruit from
20 public and non-public companies, they are vulnerable to
21 losing people to public and non-public companies. The
22 majority of the executives at Premera have worked at
23 public companies and they compete for business with
24 public companies. So we concurred that this element of
25 the philosophy was entirely appropriate.

1 In fact, if the philosophy had been one that didn't
2 make sense to us we would have questioned it and we
3 wouldn't have just followed it. Simply having a
4 philosophy is not enough, but it had to make sense based
5 on the business needs.

6 Q. So what's your overall conclusion about Premera's
7 executive compensation clause?

8 A. The executive compensation philosophy, we believe,
9 is entirely appropriate for this business -- for this
10 company at this time -- and we believe it follows the
11 best practices that we are seeing more and more in the
12 industry.

13 Q. Now, did you also, as part of your report and
14 investigation, ascertain the involvement of the
15 compensation committee and Premera's board in making
16 executive compensation decisions?

17 A. Yes, we did. We were actually delighted to find
18 that there was a very heavy degree of involvement on the
19 part of Premera's compensation committee, and the board
20 where necessary, in the administration of the
21 compensation program.

22 This, I believe, all of us are finding is a growing
23 trend, but unfortunately it is not universal yet. In
24 Premera's case, the board meets in executive session, in
25 other words, with no executives present, among

1 themselves and with Mercer, to set performance goals, to
2 assess the compensation increases if they are necessary,
3 and monitor the overall compensation program.

4 Q. Okay. And is the compensation committee and the
5 board involved in the design and review, as well as the
6 administration?

7 A. Yes, they are. They have a very heavy role in
8 reacting to proposals from Mercer and asking for
9 proposals from Mercer and in modifying programs the way
10 they are now.

11 Q. When you say in executive session, what does that
12 mean? Who leaves the room when executives -- for
13 purposes of executive comp?

14 A. The management leaves the room.

15 Q. Okay.

16 A. The independent directors remain in the room.

17 Q. Along with -- or they have at least available Mercer
18 Consulting to advise them as well?

19 A. That's correct.

20 Q. Okay. Now, how is the compensation committee aided
21 in its work by having access to an executive
22 compensation consultant such as Mercer?

23 A. An executive compensation consultant, such as Mercer
24 or such as Towers Perrin, can serve several roles. One,
25 is to educate the committee in what is going on. We

1 spend all day, every day, dealing with executive
2 compensation matters. The independent directors don't
3 have full-time to do this.

4 So they can educate -- the consultants can educate
5 the committee in trends and new plan designs and what
6 other companies are doing. They can also -- and they
7 should -- provide an objective perspective on the peer
8 group and the market value of each job and recommend
9 where Premera ought to position their pay levels versus
10 these markets.

11 Q. What's your conclusion as to the compensation
12 committee and the board at Premera in terms of their
13 involvement in executive compensation?

14 A. We think it is a very healthy balance between -- I
15 guess you would call it the three elements of input;
16 management, the independent consultant, and independent
17 directors and board.

18 Q. Did you assess the work of Mercer Consulting in this
19 case?

20 A. Yes, we did -- Mercer Consulting? Yes, we did. We
21 reviewed their reports, and, as I say, we held frank
22 discussions with Mercer Consulting who were quite
23 cooperative with us on how they did the same kinds of
24 things that we did -- how the plans were designed, why
25 they were designed that way, the peer groups and the

1 like.

2 Q. How did your analysis compare with Mercer?

3 A. Ours was quite similar to Mercer's. We used
4 slightly different techniques. All consultants have
5 developed their own ways of valuing various components
6 of pay, but their results are very close to ours.

7 Q. And did you put forth those comparisons of results
8 between yours and Mercer's in your report, your first
9 report?

10 A. Yes, we did.

11 Q. And what was your conclusion as to the approach that
12 Mercer Consulting was taking?

13 A. We believed it was entirely appropriate and quite
14 professional.

15 Q. What about the relationship between Mercer
16 Consulting and Premera, what's your assessment of that?

17 A. Again, we felt it was a very healthy relationship,
18 particularly because of the involvement in the board.

19 Q. Now, let's turn to Premera's current executive
20 compensation program and ask two parts. First, what's
21 your opinion regarding the forms of compensation that
22 Premera offers?

23 A. We believe the three forms of direct compensation,
24 which is primarily what I am addressing, are entirely
25 appropriate. There is base salaries, there is an annual

1 incentive plan, and there is a long-term incentive plan.
2 Because they are not public, all of those are
3 cash-settled plans.

4 Q. Can you just elaborate on that a little bit?

5 A. On the last statement?

6 Q. Yes.

7 A. Okay. The public companies, of course, use stock
8 options or stock-based plans typically for their
9 long-term compensation. Premera as a private company is
10 required to use cash which, of course, is an expense.

11 Q. Now, you said there is annual bonus opportunity and
12 then there is a long-term incentive, why the two
13 different types of plans?

14 A. Most companies will adopt both kinds of plans. The
15 annual incentive plan is supposed to highlight the
16 things that need to be done in a particular year. The
17 long-term incentive plan is supposed to encourage and
18 reward things that take longer than one year to do.

19 The annual incentive plan at Premera for the senior
20 executives is driven entirely by financial performance,
21 goals are set each year, profit goals are set each year,
22 and depending on the financial performance, whether it
23 is above or below target, nominal awards are made, and
24 then those awards can be reduced according to the
25 tactical goals that are set, such as marketing and

1 membership and quality of products and things like that.

2 So they are all included, but the dominant performance
3 measure in the annual plan is profit.

4 Q. And then the approach for long-term incentive --

5 A. The long-term incentive plan also is typical in a
6 not-for profit healthcare organization. It includes
7 operating income, but it also includes other measures,
8 such as growth and membership.

9 Q. Because the long-term plans presumably involve
10 growth of membership and other factors in addition to
11 the operating --

12 A. That's correct.

13 Q. Now, that's the forms of compensation for the
14 current plan. What is your opinion regarding the amount
15 of compensation received by Premera's executives under
16 that plan?

17 A. We found the amount of compensation to be quite
18 consistent with the philosophy. We found the aggregate
19 pay was where it ought to be, it was at the median of
20 the market, with one exception, and that's the
21 individual that was hired to pursue the best project, to
22 develop the best project, he was also the chief actuary,
23 and he had extraordinary skills, talents, and
24 responsibilities. He is now retired. He was paid
25 appropriately above median. Otherwise, we found that

1 the pay was exactly consistent with the philosophy.

2 Q. That person was -- is that Andrew Wang?

3 A. Yes, it was.

4 Q. And so what's your conclusion as to whether the
5 levels of compensation are reasonable and appropriate to
6 job responsibilities?

7 A. We believe they are entirely appropriate to the
8 philosophy, and we believe the philosophy is entirely
9 appropriate, given -- in light of Premera's business
10 plan structure competition -- competitive environment.

11 Q. Okay. And you have a more detailed discussion of
12 the current compensation in your reports?

13 A. Yes, we do.

14 Q. Okay. Let's turn then to your views on Premera's
15 post-conversion executive compensation program or
16 programs. What is your opinion regarding
17 post-conversion executive compensation?

18 A. In general or for Premera?

19 Q. For Premera.

20 A. As we understand the proposed compensation program
21 following conversion, it will -- the forms of the cash
22 plan, the performance measures of the cash plan can be
23 changed, but they would pursue profit and the other
24 measures necessary to create -- to represent value.

25 There would be an additional component to the long-term

1 program, and that would be a stock option program.

2 Premera has agreed to wait a year before making any
3 grants of stock to the executives of any form. Premera
4 also intends at this time to combine a restrictive stock
5 pay out with the conventional program, what I would call
6 the current cash long-term incentive program, to further
7 align the relationship between executives and
8 management. But that stock would be paid in lieu of
9 cash. The new piece would be an option piece.

10 Q. We will talk about that option piece in a minute.
11 But holding that aside, what is your opinion as to
12 whether Premera's post-conversion compensation plan will
13 be reasonable and appropriate?

14 A. We believe that it is a reasonable and appropriate
15 plan also.

16 Q. Is this type of mix of compensation that you just
17 described for Premera, how does it compare to mixes of
18 compensation in the health insurance industry?

19 A. Some companies rely exclusively on options. There
20 is currently a great deal of interest in the world of
21 compensation on including non-option plans, such as
22 Premera's long-term incentive plan, for two reasons.
23 One, to ensure that measures that aren't immediately
24 translatable into stock growth are included in the
25 performance measures that executives pay attention to,

1 and also to make sure that they are not overly concerned
2 about stock price increasing only.

3 Q. What does Premera's plan have in that regard? Does
4 it have a mixed --

5 A. Premera has an appropriate mix. The long-term plan
6 can include performance measures that relate to service
7 or quality or growth membership or the like. The stock
8 option plan will relate only to share price growth.

9 Q. What role will the compensation committee have in
10 regard to Premera's post-conversion compensation?

11 A. We have every reason to believe that it will be at
12 least as strong as it has been. Public companies are
13 under a great deal of scrutiny, as are the compensation
14 committees and the boards, and we are quite comfortable
15 that the board will continue to exercise appropriate
16 oversight -- and involvement more than oversight.

17 Q. So there will be actually some public exposure with
18 post-conversion to the question of executive
19 compensation?

20 A. A great deal of public exposure.

21 Q. In fact, the proxy statements that you referred to
22 as part of the survey data that you obtained would then
23 be available in Premera's --

24 A. That's correct.

25 Q. Now, are you aware that there are some additional

1 compensation assurances that were put into the Amended
2 Form A when it was filed in February of 2004?

3 A. Yes, we are.

4 Q. And will those compensation assurances provide
5 additional comfort that Premera's post-conversion
6 compensation will be appropriate?

7 A. Yes, they will, a great deal of comfort.

8 Q. And for the record, so the Commissioner knows, those
9 are in Amended Form A, but they are only -- they are
10 also known as Exhibit E-8 in the Amended Form A, and
11 they also appear as a stand-alone exhibit for
12 convenience as Premera's hearing exhibit P-55.

13 A little confusing, because they have three
14 titles, the one document has three titles. They are --
15 the first two pages are I believe -- two and three --
16 are Washington Economic Assurances, then there is Alaska
17 Economic Assurances, and then there is the Compensation
18 Assurances which are the last two pages. Just for the
19 record.

20 Let's turn to the question of the stock portion
21 of Premera's post-conversion compensation plan, I guess
22 known as the Equity Compensation Plan; is that correct?

23 A. That's correct.

24 Q. Now, why do publicly-traded companies make stock
25 options a part of their compensation package for their

1 senior executives?

2 A. Stock options provide perhaps the purest form of
3 linkage between executives -- maybe some people think it
4 is the purest -- between executives and employees and
5 the shareholders.

6 The stock option is designed to show that -- most
7 stock options are and Premera's will be -- designed so
8 that when they are granted they have no value. They
9 simply provide a right to purchase the share of stock --
10 shares of stock -- at some point in the future, usually
11 up to 10 years -- which is the case for Premera's --
12 following their vesting period, which is three to four
13 years, at the price at which they are granted.

14 So there is potential gain to the extent that the
15 share price grows from the grant. If there is no gain,
16 there is obviously -- if there is no gain in share
17 price, there is obviously no gain to the executive.

18 Q. Okay. Now, if there is no gain in the share price,
19 unfortunate if that happens, these are options, what do
20 people do if there has been no gain in the share price
21 from the time it was granted to them until the time they
22 are available to exercise the option?

23 A. They complain.

24 Q. I mean, there is no sense of exercising the option
25 if it doesn't have any upside to it?

1 A. That's correct. That's correct.

2 Q. And you used the term vesting period, just for our
3 record, what generally -- what's the concept there?

4 A. The concept there is that options are not
5 immediately exercisable. They are exercisable
6 traditionally in portions.

7 So if an option is exercisable over four years, then
8 25 percent of the total number granted would be
9 exercisable in one year, another 25 in two years,
10 another 25, and so forth.

11 There are two reasons for that. One is if the stock
12 should spike up immediately after grant, it would
13 probably not be caused by management doing anything, it
14 would be caused by a fluke, and therefore a windfall, no
15 one would benefit from it. The other reason for the
16 vesting period is retention.

17 Q. Because you have to be around --

18 A. You have to be around to get it.

19 Q. You often hear the phrase "aligning the interest of
20 management with those of shareholders" in connection
21 with the stock options. Could you just elaborate on
22 that.

23 A. Yeah. Stock options have a fairly powerful
24 alignment. If the stock goes up, management benefits.
25 If the stock doesn't go up, management doesn't benefit.

1 That's a pretty tight alignment, we believe.

2 Q. What is that designed, hopefully, to do in terms of
3 executive performance?

4 A. It is supposed to get the executives to focus at the
5 end of the day on the shareholder interest. Now, the
6 way they focus on the shareholder interest could be
7 through cost reduction, it could be through membership
8 growth, it could be through investments, it could be any
9 number of things. But their success in these other
10 things is going to ultimately be reflected in the stock
11 price.

12 Q. Now, I take it alignment with interest of the
13 shareholders is not at all necessarily in conflict with
14 alignment with the interest of subscribers; is that
15 correct?

16 A. That's correct. If you have no subscribers, you
17 probably won't have too many shareholders after a while.

18 Q. Because --

19 A. There won't be many profits after a while.

20 Q. You talked earlier about the other aspect of
21 compensation, annual plan, and also the cash, I guess,
22 portion of the long-term plan. How do they help align
23 the interest of the management with the interest of the
24 subscribers?

25 A. It depends on the performance measures that are put

1 in there. But if you have, for instance, a quality
2 measure in your annual incentive plan or in your
3 long-term plan, you have an opportunity, executives have
4 an opportunity to get paid for quality, and that measure
5 is distinct and separate as a performance measure in the
6 plan.

7 Q. Now, you testified earlier that when stock options
8 are granted they have no value. Can you elaborate on
9 that, please?

10 A. They have no intrinsic value. They have a
11 theoretical value and consultants, loving theory, have
12 developed -- or adopted rather -- the Black-Scholes and
13 other methodologies to estimate the present value of
14 future gain.

15 Black-Scholes is an extremely complex model, that
16 was originally designed by the investment community, and
17 it is supposed to estimate the present value of a stock
18 option when it is granted. It doesn't predict share
19 price growth, it is more useful for comparing companies
20 with different growth patterns.

21 If I might tell you that, in my experience, most
22 executives neither understand nor value the
23 Black-Scholes value of an option grant when they get it.
24 And it is not complicated enough for the accountants and
25 the new methodology of accounting for stock options is

1 going to be even more complex.

2 Q. But at the end of the day, when you get a stock
3 option granted to you, at that time it is worth --

4 A. It is worth about zero the day you get it, from a
5 cash point of view. It has no intrinsic value.

6 Q. What does it have though in terms of the future?

7 A. It is an opportunity, no question about it. Stock
8 options have a very powerful focus on getting the share
9 price up.

10 Q. Okay. What is your evaluation of Premera's Equity
11 Compensation plan?

12 A. We believe it is highly conservative. It is unusual
13 for a company going public to limit the shares that can
14 be granted each year and the shares that can be granted
15 to each executive. It certainly will provide comfort
16 that the equity program in this case is not going to be
17 excessive.

18 Q. So in comparison with a competitive practice, how
19 does it compare with --

20 A. More conservative.

21 Q. There is -- just briefly, because we are running out
22 of time -- what is your assessment of the provision in
23 the Amended Form A that limits the annual total
24 grants -- share grants for the company, over the stock
25 restriction period of 36 months?

1 A. Highly conservative.

2 Q. And what about the limitations on specific share
3 grants for Premera's top five executives?

4 A. Highly conservative and limits the flexibility of
5 the compensation committee.

6 Q. Would it be appropriate in your view to place any
7 additional restrictions on the stock program?

8 A. Absolutely not.

9 Q. What are the problems with further restricting share
10 allocations, for example, among the top five executives?

11 A. It doesn't allow -- further restrictions would
12 prevent the compensation committee from allocating share
13 grants to meet specific needs at the time. It will make
14 it very difficult to differentiate among executives, and
15 it will make it difficult to meet the changing
16 conditions.

17 It is very difficult to predict going out three
18 years what you are going to need to do. This is the job
19 of the compensation committee, not arbitrary rules.

20 Q. The final area, I wanted to ask you if you reviewed
21 Mr. Nemerov's prefiled direct and responsive testimonies
22 in this case and his accompanying reports?

23 A. Yes, we have.

24 Q. What general observations do you have about his
25 testimony and reports?

1 A. There are some areas we agree and there remains some
2 areas we disagree.

3 Q. What are the areas, if you can just enumerate or
4 give some examples of the areas that you and Mr. Nemerov
5 are in agreement?

6 A. I believe we agree on the importance of the
7 compensation committee and design administering and
8 exercising oversight over compensation programs.

9 We agree that the level of pay post-conversion is
10 appropriate. And we believe that incorporating the
11 interest of the shareholder in incentive plans is also
12 appropriate and necessary.

13 Q. Okay. And does your prefiled responsive testimony
14 discuss at some length the areas where you agree and the
15 few areas where you disagree?

16 A. Yes, it does.

17 Q. How would you summarize the differences between your
18 two positions -- the primary difference, I guess?

19 A. The primary difference is that the PWC report
20 continues to recommend further limits and controls and
21 specific performance measures to be inserted in the
22 long-term plan and annual plans. And believes -- I
23 believe that these should be imposed externally on the
24 compensation committee regarding design and
25 administration of the plans.

1 Q. What problem do you have with that type of approach?

2 A. As I said earlier, I don't believe that an external
3 set of rules at this point can anticipate the future
4 needs of any company.

5 Q. Did Mr. Nemerov acknowledge that other companies in
6 Premera's peer group do not have restrictions such as
7 those that he is imposing here?

8 A. Yes, he has acknowledged it.

9 Q. And what type of problems can the rule approach,
10 that Mr. Nemerov seems to be promoting, create?

11 A. They can limit -- they can unduly constrain the comp
12 mittee, the compensation committee, in meeting needs
13 as they arise, for individuals for whom they want to
14 promote, for individuals who haven't done so well. They
15 would like to shift shares from one to the other.

16 The performance measures that have been suggested
17 are certainly interesting and worthy of consideration by
18 the compensation committee, but certainly we believe
19 shouldn't be adopted as rules. The performance measures
20 are specific to the company and its strategy.

21 Q. What can happen if the rule today might be
22 appropriate, but may or may not be appropriate in the
23 future?

24 A. Well, then it is up to the compensation committee to
25 change it. If the performance measures in place today

1 are not appropriate in two years for this strategy in
2 the business conditions, they can and should be changed,
3 but they shouldn't be imposed today.

4 Q. Finally, what do you think is the right approach to
5 dealing with the issue of appropriate constraints on
6 stock plans for executives for Premera? In other words,
7 who should be doing that type of control?

8 A. Well, within the overall limits, which have already
9 been agreed to by Premera to prevent excessive
10 compensation in the aggregate, we believe it is up to
11 the compensation committee to design how these awards
12 are granted.

13 MR. KELLY: That's all I have. Thank you,
14 very much.

15
16 CROSS-EXAMINATION

17 BY MR. HAMJE:

18 Q. Good morning, Mr. Furniss.

19 A. Good morning, Mr. Hamje.

20 Q. I wanted to visit with you a little bit about your
21 testimony and about your opinions. The first thing I
22 wanted to ask you about is that I understand that at one
23 time Premera was a client of Towers Perrin, I guess for
24 about two or three years, sometime prior to 1998; is
25 that correct?

1 A. That's correct.

2 Q. And I also understand that you were not involved
3 personally in working with Premera at that time, but it
4 was an individual -- another individual at your firm
5 that has since retired, who is responsible for assisting
6 Premera in executive compensation design; is that
7 correct?

8 A. That's correct.

9 Q. Other than this -- other than your engagement in
10 this matter, Towers Perrin has no ongoing relationship
11 with Premera; is that correct?

12 A. That's correct.

13 Q. Now, you also spent some time talking with Mr. Kelly
14 about stock options and how they are generally
15 acknowledged to be the best device for aligning the
16 interest of management with the shareholders; is that
17 correct?

18 A. If I said that, I may have misspoke. I believe they
19 are one of the best devices. They are currently
20 under -- some people don't think they are the best,
21 others do. I think they are an extremely effective way
22 to do it.

23 Q. And as you put it, I think, that management receives
24 no gain at all unless the value of the stock increases;
25 is that correct?

1 A. That's correct, from the grant -- grant price.

2 Q. And you have also stated that you believe the
3 restrictions, based upon the compensation assurances,
4 are conservative on the stock options; is that right?

5 A. That's correct.

6 Q. But even with those restrictions, won't the
7 executives still be eligible for long-term incentive
8 cash payments?

9 A. Yes, that's my understanding.

10 Q. Doesn't that mitigate the effect of these temporary
11 stock option restrictions?

12 A. Yes, it does.

13 Q. One of the positions that you articulate in your
14 reports and in your prefile testimony is that
15 PricewaterhouseCoopers' -- or PWC's -- recommendation to
16 limit officer-based salary increases to verifiable
17 market rates of percentage increases to executive
18 salaries, should not be accepted because it would
19 unnecessarily limit the board's discretion in those
20 matters; is that correct?

21 A. That's correct.

22 Q. But if the proposed long-term incentive
23 opportunity -- and I am excluding stock options for just
24 a moment -- for the top five officers is increasing by
25 as much as, say, 15 percent in 2004, to as much as 30

1 percent in 2005 as a result of the conversion, doesn't a
2 conservative salary increase make sense to you?

3 A. Yes, it does.

4 Q. Now, don't increases to the base salary of the
5 officers, won't they have an impact on other elements of
6 the officer's compensation?

7 A. Yes, they will.

8 Q. For instance, bonuses will have an impact if the
9 bonus target as a percentage of salary stays the same;
10 is that right?

11 A. That's right.

12 Q. And it will increase?

13 A. It would.

14 Q. As well as long-term incentives and other benefits
15 if it is tied --

16 A. That's correct, like any other company.

17 Q. And one way that you have differentiated your view
18 from Mr. Nemerov -- Mr. Nemerov's views, is that you
19 have characterized it in your -- particularly in your
20 prefiled responsive testimony -- as, he "would seek to
21 impose rigid rules that try to predict today what will
22 be needed" in a year or two. Does that accurately
23 reflect what you stated?

24 A. Yes, it does.

25 Q. On the other hand, you believe the compensation

1 committee and the board need flexibility to consider
2 Mr. Nemerov's points, but not be handcuffed by them; is
3 that correct?

4 A. That's correct.

5 Q. In fact, if I understand your testimony correctly,
6 you and Towers Perrin believe that the board is the
7 primary representative of the shareholders and
8 constituents of an organization, and it is the
9 responsibility of the board to exercise through its
10 compensation committee to make sure that management
11 compensation is fair to the constituents and to
12 management to achieve the goals of the organization; is
13 that correct?

14 A. That's correct.

15 Q. And you have also indicated that -- you have
16 concluded that the practices engaged in by the
17 compensation committee and by the board, in terms of
18 compensation oversight, are appropriate and reasonable;
19 is that correct?

20 A. That's correct.

21 Q. Would your opinion change if the make-up of the
22 board changed?

23 A. Well, my opinion had to do with how they have
24 operated up until now. If the board's make-up changed,
25 I don't know how they would operate in the future, but I

1 have every reason to believe that it would continue.

2 The culture at Premera seems to -- Premera board seems
3 to be --

4 Q. Would your opinion change if the philosophy of the
5 board changed with respect to the compensation issues?

6 A. It could. It depends on what it changed to.

7 Q. Of course, if the board acted less independently
8 than it is now, in your opinion, would your conclusions
9 change?

10 A. Well, if you are saying if the board stops behaving
11 in an appropriate manner, would I believe they are not
12 operating appropriately anymore, then you are right, I
13 would agree.

14 Q. So your opinion would change?

15 A. Could change.

16 Q. Could change? Now, prior to the preparation of your
17 reports, you did not review board meeting minutes or
18 compensation committee meeting minutes relating to
19 compensation at Premera; is that correct?

20 A. That's correct.

21 Q. But you did review those materials before you
22 prepared your prefiled testimony; is that correct?

23 A. No. I did not review minutes of the meetings.

24 Q. You never have reviewed the minutes of the meetings?

25 A. That's correct.

1 Q. And is that both for the compensation committee, as
2 well as the board?

3 A. That's correct.

4 Q. But I do understand that you did interview members
5 of the compensation committee?

6 A. That's correct, the head of the compensation
7 committee.

8 Q. Mr. Fahey, as well as Ms. Jewell?

9 A. Correct.

10 Q. My understanding is also that Towers Perrin did not
11 perform an independent analysis of the value of Premera
12 officer benefits; is that correct?

13 A. That's correct.

14 Q. In fact, Towers Perrin relied upon the analysis
15 performed by Premera's benefits consultant, Watson
16 Wyatt, in that regard; is that correct?

17 A. That's correct.

18 Q. And that analysis involved Premera's executive
19 retirement benefits, both the defined contribution, as
20 well as the defined benefit supplemental retirement
21 plans; is that correct?

22 A. That's correct.

23 Q. Did that involve also an evaluation of the change in
24 control benefits?

25 A. I don't believe it did.

1 Q. Did Towers Perrin engage in an analysis of the value
2 of the change in control benefits?

3 A. We didn't examine the value of the change in control
4 benefits, however, we looked at the form of the
5 change-in-control agreement.

6 Q. Would you agree with me that change in control
7 benefits do have a value under certain circumstances?

8 A. Yes, they do.

9 Q. Am I correct in my understanding that Towers Perrin
10 has not looked at how much Premera would have to pay out
11 if Premera were acquired prior to conversion and the CEO
12 and each of the executive vice-presidents and senior
13 vice-presidents were either involuntarily terminated
14 without cause or constructively terminated?

15 A. That's correct.

16 Q. Is it true that the -- that there are no change in
17 control benefit enhancements proposed for
18 post-conversion Premera during the three-year
19 restrictions period?

20 A. I don't know.

21 Q. Do you know whether the change in control benefits
22 could be impacted if there are increases in base salary?

23 A. Yes.

24 Q. They would be impacted?

25 A. Yes, they would.

1 Q. And they would go up?

2 A. Yes, they would.

3 Q. Except to the extent that stock options might be
4 included, change in control benefits are not related to
5 shareholder value, are they?

6 A. That's not correct.

7 Q. Why not?

8 A. We believe that the entire purpose of the change in
9 control is to allow the executives, particularly the
10 most senior executives that are affected by this, to
11 make a decision based on shareholder value rather than
12 their own careers. That's the purpose of the change in
13 control agreement, to allow these executives to
14 disassociate themselves from their own careers and make
15 a decision regarding a potential change of control
16 that's in the interest of the shareholders.

17 Q. But you -- at this point in time you have not valued
18 how much the pay-out would be if Premera were to convert
19 prior to conversion -- I am sorry, not conversion -- be
20 acquired prior to conversion?

21 A. The value? No. But we have looked at the form, the
22 multiples of compensation to determine whether or not
23 they were competitive.

24 Q. Do you know how many Blue Cross/Blue Shield plans
25 have converted from non-profit to for-profit and become

1 public companies that have remained independent
2 post-conversion?

3 A. A dwindling number. No, I don't know exactly the
4 number.

5 Q. Just Empire? Would Empire be the only one, and it
6 has been converted? Just one?

7 A. No. I don't know the exact numbers.

8 Q. In connection with your review of Premera's
9 compensation program, have you reviewed any reports that
10 analyze the value of the total compensation program,
11 including benefits, other than PricewaterhouseCoopers'
12 report?

13 A. No, we haven't.

14 Q. Do you have any knowledge whether such a report,
15 other than PricewaterhouseCoopers', has been prepared?

16 A. I assume that Watson-Wyatt's review of the nondirect
17 benefits is one, and it could be added to ours and to
18 Mercer's, and there would give you the total benefits.
19 But I haven't seen the total.

20 Q. Have you seen the Watson Wyatt report?

21 A. No, I haven't.

22 Q. Do you know if it has been shared with the board?

23 A. I believe it has.

24 Q. Has Towers Perrin looked at and analyzed how much
25 management and the directors will make -- how much more

1 money management and directors will make if Premera
2 converts?

3 MR. KELLY: Objection, assumes facts not in
4 evidence. Hypothetical. You can answer.

5 JUDGE FINKLE: Go ahead and answer.

6 A. Well, they won't make any more in my understanding,
7 unless the stock price goes up sometime between grant
8 and termination of the options. There is no intended
9 change, as far as I know, to change the cash program.

10 So unless you believe that the options are some sort
11 of guarantee, then I don't think you are going to make
12 any more on the conversion.

13 MR. HAMJE: That's all I have at this time
14 for Mr. Furniss. Thank you, Mr. Furniss.

15 THE WITNESS: You are welcome, Mr. Hamje.
16

17 CROSS-EXAMINATION

18 Q. I am Amy McCullough, here on behalf of the Alaska
19 Intervenors. I just have a few questions for you.

20 To your knowledge, Premera has not committed to
21 any limitations on its base salary for the two years
22 following conversion; is that correct?

23 A. That's correct.

24 Q. And so there is no cap whatsoever on its ability to
25 increase its base salary for its executives during those

1 two years; right?

2 A. Could you repeat the question.

3 Q. Sure. They haven't proposed any cap on increase in
4 their executives' increase in base salary for those two
5 years; is that correct?

6 A. I am not aware of a formal cap having been proposed.

7 Q. Okay. And an increase in base salary certainly
8 increases the value of any -- or certainly of the change
9 in control pay-outs; is that correct?

10 A. An increase in salary would increase the benefits
11 payable, yes.

12 Q. So it has a multiplier effect; right?

13 A. That's correct.

14 Q. And, as I understand it, post-conversion, Premera's
15 CEO Gubby Barlow, total compensation will jump as much
16 as 50 percent, up to 2.24 million dollars; is that
17 correct?

18 MR. HAMJE: Object, no foundation.

19 JUDGE FINKLE: Could you rephrase the
20 question.

21 MS. McCULLOUGH: Sure.

22 JUDGE FINKLE: Eliminate the "as I
23 understand it."

24 BY MS. McCULLOUGH:

25 Q. Do you know whether Mr. Barlow's total compensation

1 will increase as a result of the conversion?

2 A. Not to my knowledge, unless you believe in the stock
3 option value. The only document that I have seen, which
4 I believe is the one that you are referring to, is the
5 Mercer proposal report, which there is a value assigned
6 to the stock option.

7 Q. But the Mercer report also reflects his base salary
8 will increase; is that correct?

9 A. I believe it does.

10 Q. Okay. Thank you. And would the board members'
11 duties dramatically increase as a result of conversion?

12 A. In my opinion, they will.

13 Q. And how dramatically will they increase?

14 A. They will have a great deal more public scrutiny,
15 they will certainly be open to shareholder suits. They
16 now have a constituency that they never had before,
17 which is the shareholders.

18 They will now formally be subject to all the rules
19 Sarbanes-Oxley, depending on where the shares are
20 listed. They may have additional restraints on their
21 activities from the exchanges.

22 Q. So the skillset that's required of these board
23 members to run a non-profit, may well be different than
24 the skillset required to run a for-profit; is that
25 correct?

1 A. No, I don't believe so. I think there are enough
2 skills already in place on the board of board members
3 with public company experience. So I don't think --

4 Q. You mean, specifically Premera's board?

5 A. Correct.

6 Q. But, in general terms, the skillset that's required
7 to be on the board of a non -- of a non-profit may vary
8 from the skillset required to be on the for-profit; is
9 that right?

10 A. The basic skillset to run the health insurance
11 company is the same. We now have additional duties if
12 they are public. That's my feeling.

13 Q. And the board members' compensation will increase
14 from \$44,500 to \$119,500; is that correct?

15 A. If you believe in the value set on the stock options
16 by Black-Scholes.

17 Q. For the board members?

18 A. I believe so. I haven't looked at the board
19 member -- I have only looked at the executive
20 compensation. It was my understanding that they would
21 be receiving options also, but I may be in error.

22 Q. In either your original or your supplemental report,
23 you didn't assess the role that executive compensation
24 played in its position to pursue conversion, did you?

25 A. No, I did not.

1 MS. McCULLOUGH: Thank you. No further
2 questions.

3
4 REDIRECT EXAMINATION

5 BY MR. KELLY:

6 Q. Just a few, if I may, to just clarify something I
7 think you said in your direct testimony. You were
8 talking about benchmarking, and you said there was a
9 peer group, you mentioned public and non-public.

10 Now, Premera is a non-profit, how does the peer
11 group -- what's the -- the peer group includes both
12 for-profit and non-profits, as well as public and
13 non-public?

14 A. Yes, it does.

15 Q. Okay. Mr. Hamje asked you about the fact that there
16 is stock options, but there is also still a long-term
17 cash portion of compensation?

18 A. That's correct. Yes.

19 Q. And what is the reason for continuing to have a
20 long-term cash portion, in addition to having a stock
21 option portion?

22 A. We believe it is necessary to highlight the
23 particular performance measures that will lead to
24 increase shareholder value.

25 Q. Now, the next area he talked about was base salary.

1 Currently, the -- who sets the base salary for the
2 executives?

3 A. The compensation committee.

4 Q. Okay. Do they have data from Mercer Consulting on
5 what base salaries are in the peer group?

6 A. Yes.

7 Q. Okay. And is there any reason to think that the
8 compensation committee would not continue to use base --
9 use the peer group data to set base salary?

10 A. No. PWC has agreed with us that their current
11 salaries are at market, that they have had perhaps
12 higher than market salary increases in the past but the
13 current salaries are at market.

14 So there is no reason, as far as I know, that
15 salaries would increase at an above-market rate as that
16 data is readily available.

17 Q. As I understand from what Mr. Hamje was saying,
18 Mr. Nemerov is saying, well, there ought to be some
19 fixed percentage increase on base salary. In your view,
20 who should be making that decision about whether there
21 is any increase in the base salary, and if so, what
22 percent?

23 A. In every client I work for, the compensation
24 committee decides this based on information that's
25 available that's determined by expectations.

1 If you rely on the market, you are always lagging it
2 by a year. And I am not aware of any organization whose
3 salaries are limited by salary increases or limited by
4 an external authority.

5 Q. Mr. Hamje also asked about benefits, as opposed to
6 compensation -- direct cash or other compensation of
7 benefits, that would accrue with retirement and so
8 forth.

9 There is a link, is there not, there is an input
10 from the amount of the base salary that affects how much
11 your benefits --

12 A. That's correct.

13 Q. Is that common everywhere?

14 A. Well, everywhere. Most benefits have some
15 relationship to salary.

16 Q. Now, does the board -- or should the board of the
17 compensation committee take into account the fact that
18 if they are going to give a percentage increase to base
19 salary, one of the consequences is that there will be
20 some increase in benefits?

21 A. That's correct. Most boards I know do that.

22 Q. Now, there was a question about the composition of
23 the board post-conversion and specifically the
24 compensation committee.

25 Does the compensation assurances that we referred

1 to earlier, Exhibit E-8 from the Amended Form A, are one
2 of those assurances -- do one of those assurances deal
3 with adding another board member to the board and also
4 to the compensation committee?

5 A. That's my understanding, that the foundations will
6 be able to have input to that addition.

7 Q. To be able to nominate one?

8 A. Yes.

9 Q. And that individual would serve on the board and
10 also be in the compensation committee?

11 A. That's my understanding.

12 Q. Would that be, in your view, an additional safeguard
13 as to the compensation committee continuing to make
14 appropriate decisions --

15 MR. HAMJE: Objection, leading.

16 JUDGE FINKLE: I am going to allow that one.

17 A. Yes, that's my understanding.

18 Q. Now I would like to -- there was some questions
19 about value of the benefits, and that's trying to figure
20 out if you retire on this year what the benefits will
21 be. Is that your description of value and benefits?

22 A. Yes.

23 Q. And that's been done by -- to your understanding, by
24 whom?

25 A. I understand it -- well, it has certainly been done

1 by PWC in their report. I also understand it was done
2 by Watson Wyatt. I also understand that PWC raised no
3 objections to the competitiveness of the level of
4 benefits.

5 Q. Okay. Now, there has been some discussion about
6 change in control, and you talked about looking at the
7 form of the agreements. First of all, the change in
8 control provisions that we are talking about cover both
9 the CEO in Premera and certainly the top executives?

10 A. That's correct.

11 Q. Fairly high level, what is the reason -- you
12 described the reason for -- or one of the reasons for
13 having a change in control provision, and you said it is
14 to disassociate the executive from their career interest
15 to help them make a decision. Could you elaborate on
16 that a little bit.

17 A. Yes. The original purpose, and to a great extent
18 the present purpose, is to allow the executives to take
19 an objective viewpoint of merger or sale opportunities
20 and look at the interest of the shareholders and the
21 other constituents, and be assured that personal --
22 while a career is still obviously at risk -- the
23 executive will receive several years of compensation,
24 during which time he can find a new job. That's the
25 purpose of the change in control.

1 The change in control agreement that Premera has has
2 an additional feature, and it encourages the executive
3 to stay in place for a minimum of a year.

4 Q. How does it do that?

5 A. It has a clause that allows the executives to "walk
6 away," quote, that's a change in control term, to walk
7 away one year following a change of control during a
8 30-month window period, if he or she decides that the
9 new owner is not -- these new career opportunities are
10 not what he has in mind or she.

11 Q. I think you just said 30-month period.

12 A. It is a 30-day period, one year after the change in
13 control.

14 Q. And is the idea there that the executive could stay
15 on to help the company make a transition, but still be
16 able to have some compensation if he or she decides to
17 leave after that one year --

18 MR. HAMJE: Objection, leading.

19 JUDGE FINKLE: Sustained.

20 BY MR. KELLY:

21 Q. Could you give us a nutshell what the impact is of
22 that one year.

23 A. If the executive chooses to leave after one year,
24 then he or she receives half of the normal benefit.

25 Q. And now that -- you just explained -- used the term

1 half of the normal benefit. How does that provision of
2 one-half of the benefit compare with other change in
3 control provisions that you have seen in the industry?

4 A. Well, the Premera change in control agreement,
5 except for that feature, is a very standard agreement.
6 It provides for what's called constructive termination,
7 which means the executive in the acquired company, if
8 his or her job is diminished, if the compensation is
9 diminished, and any number of other clauses, then the
10 executive can claim he or she has been constructively
11 terminated and receive full benefits and that can happen
12 immediately.

13 Q. But if it is just the normal payout and after a year
14 it isn't working out, a person wants to leave, how much
15 do they get?

16 A. Well, if their original coverage is two times salary
17 plus bonus, they would get one times salary plus bonus.

18 Q. In other words, one half the normal --

19 A. One half the normal and a year to find a new job.

20 Q. As I understand it, there are two general reasons
21 for change in control in the Premera case. One, is to
22 help the executives make an independent decision about,
23 gee, should we enter into a merger, even though it may
24 mean that I am going to lose my job --

25 JUDGE FINKLE: I am sorry, but I know this

1 is going to be leading. You need to --

2 BY MR. KELLY:

3 Q. Fair enough. Could you just summarize for us what
4 you see as the two --

5 A. You put it very well, counsel.

6 Q. It is just my fear of limits of time. Could you
7 tell us, from your -- in a summary view then, what are
8 the two types of benefits that Premera's change in
9 control --

10 A. The change in control is set up to provide
11 compensation for the executive during the period that he
12 is looking for another job. And the purpose of that is
13 to allow him to look at an offer, participate in an
14 offer evaluation for -- to acquire the company, and it
15 will allow the executive to focus more on the
16 shareholder than on his career.

17 The second feature of the Premera plan is this
18 encouragement to stay for one year during the transition
19 period, which allows the acquirer time to decide whether
20 he wants the executive enough to make an attractive
21 package.

22 Q. Now, prior to making this proposal for a conversion,
23 was there any agreement made by the executives as to
24 whether the event of conversion itself would constitute
25 a triggering event under the change-in-control

1 agreement?

2 A. Yes, there was. And the executives -- it was agreed
3 that the conversion would not constitute a change in
4 control, even though technically it is.

5 Q. And then the -- going back to one area on stock
6 options, what is the term that's used for the initial
7 price at which the -- at the time that the stock option
8 was granted?

9 A. The strike price is usually -- it is the fair market
10 value in this case at the time it is granted.

11 Q. So whatever it is at the time of the grant, that is
12 called the stock price -- strike price?

13 A. Strike price or the exercise price.

14 Q. And then how is the sale price determined when the
15 option is exercised?

16 A. Once it is vested, the executive then can choose
17 when to exercise and if the stock price/strike price is
18 20 dollars and some day it is 21 dollars, the option can
19 be exercised for a gain of one dollar. If the option
20 holder wants to wait longer and hopefully it will go up
21 to 40 dollars, then the gain is 20 dollars.

22 Q. And without trying to ask a leading question,
23 what -- when you do that exercise the price is at 25
24 dollars, the strike price is 20 dollars, does the
25 executive have to pay the 20 dollars to get the stock

1 that's now worth 25 dollars?

2 A. He can pay the price and then hold the stock that he
3 has owned, all of it, or he can exercise what's called a
4 cashless exercise and simply get the spread.

5 Q. But in any event, the gain to the executive, he or
6 she, is what in that example of 20 and 25?

7 A. It is the spread, and that's the 5 dollars.

8 MR. KELLY: That's all I have. Thank you.

9 MR. HAMJE: We have no further questions.

10 Thank you.

11 MS. McCULLOUGH: I just have a couple.

12

13 RECROSS-EXAMINATION

14 BY MS. McCULLOUGH:

15 Q. It is unusual for positions below that of CEO to be
16 provided walk-away provisions; right?

17 A. Yes.

18 Q. And there is nothing to prevent the board from
19 changing its compensation philosophy from one of --
20 targeting the median to one of leading the market; is
21 that correct?

22 A. Nothing to prevent? There is the board's own
23 philosophy, there is the board's own ethics, there is
24 the potential lawsuit.

25 Q. It is up to the board to decide whether it wants to

1 target the market, take some other position like a lead
2 leg of the market or to lead the market; is that right?

3 A. Yes, you are correct.

4 Q. And if the board were to change its compensation
5 philosophy to leading the market, the executive stands
6 to have a base salary increase; is that correct?

7 A. No, not necessarily.

8 Q. So if they are now at the median -- I am sorry, let
9 me be clearer.

10 If their base salary is currently at the median,
11 and the board determines that its philosophy should be
12 leading the market, where should their base salary fall
13 within the range?

14 A. It depends on how they intend to lead the market.
15 Some companies will lead the market through incentive
16 plans and grant larger than market incentives. Some
17 will -- long-term incentives, mega grants of stock
18 options.

19 There is any number of ways to lead the market. The
20 trend these days is to lead it through
21 performance-related pieces, so that the performance has
22 to be there to pay out.

23 Q. Okay. So it would lead the market in terms of
24 increasing the base salaries, where would those base
25 salaries have to be approximately?

1 A. Well, I looked at the peer groups' base salary
2 increases for the past two years and they are six to
3 nine percent. This is the peer group that everyone has
4 agreed to. So that's six to nine percent a year. I
5 have no notion that Premera intends to raise salaries at
6 anything like that.

7 MS. McCULLOUGH: Okay. Thank you. No
8 further questions.

9 MR. KELLY: Nothing further.

10 MR. HAMJE: Nothing further.

11
12 EXAMINATION

13 BY COMMISSIONER KREIDLER:

14 Q. Mr. Furniss, you would be I presume what would be
15 considered a benefits consultant?

16 A. No, sir. I am a compensation consultant. In our
17 world, it is quite different.

18 Q. Compensation consultant? I am curious as -- when
19 you refer to the peer group, if you could define a
20 little bit more for me what you mean by peer group when
21 you are doing -- putting together your analysis?

22 A. Yes, sir. We -- the peer group, broadly defined,
23 would include the entire healthcare industry from survey
24 data, which includes for-profit/not-for-profit, the
25 mixture that we talked about earlier, and the surveys

1 usually have at least 20 or 30 companies in them.

2 We supplement that with specific companies, and
3 those are specific public companies whose compensation
4 data is available and whose size allows us to place the
5 client, in this case Premera, at the median. So we have
6 some large ones and some small ones.

7 Q. How much, in that evaluation or analysis, is based
8 on what exists in the State of Washington as opposed to
9 regional or national?

10 A. In the case of major -- in the case of senior
11 executives and companies Premera's size, we use the
12 national peer group. We assume that the executives
13 could be recruited from anywhere in the country and lost
14 anywhere in the country. So we would not narrow it --
15 in our philosophy, we wouldn't narrow it to the State of
16 Washington.

17 Q. Is there any reason to consider Washington somewhat
18 different, different in the sense that you do not have
19 the degree of for-profit public company competition in
20 the State of Washington, as opposed to what would be
21 experienced perhaps nationally?

22 A. We wouldn't. In our viewpoint, there is a market
23 for executives and there is a market for insurance
24 products, and we are talking about the market for
25 executives. So you are competing potentially against

1 the -- as I have learned in the hearings earlier, you
2 have got potential competition from anywhere in the
3 country. But we are not pricing the product -- we are
4 not pricing the market for products, it is for
5 executives, and we believe they could come in from
6 anywhere.

7 Q. Do you take a look at the -- as a part of the
8 analysis, the compensation in the State of Washington
9 with other non-profits, and in part making that analysis
10 as to the appropriateness of senior management
11 compensation?

12 A. To the extent they fall -- to the extent they
13 participate in the surveys, we would. The reason, we
14 would like to have their compensation, but the CEO --
15 his compensation is not identified. So we are not able
16 to determine the CEO.

17 Q. I am curious, who hires a benefits consultant? Is
18 that hired by the compensation committee of the board or
19 is it hired by management?

20 A. Traditionally, it has been hired by management.
21 And, increasingly, we are hired by the board. We work
22 with management, but we are answerable to the board and
23 we are answerable directly to the chairman of the
24 compensation committee.

25 Q. In the case of Premera, has that hiring been done by

1 the board or by management?

2 A. We were selected by or identified by Premera's
3 outside counsel. We interviewed the senior management
4 and we interviewed the board, and any one of them could
5 have vetoed us.

6 Q. Who decides who gets interviewed, is that senior
7 management or is that done by the board?

8 A. We told counsel who we wanted to interview and
9 interviewed the chairman of the compensation committee
10 and any other members of the board that had an input we
11 wanted -- we identified the senior executives we wanted
12 to talk --

13 Q. Pardon me, I am thinking about Towers Perrin or
14 Mercer or any of the other benefits consultants or
15 compensation consultants that would be selected for
16 interview by the board, or in this case, by management
17 if that decision is, so to speak, pre-made by
18 management, as opposed to the compensation committee or
19 the board?

20 A. I assume -- this is a very transparent organization,
21 the board and the management seem to be -- neither one
22 of them is doing things that the others aren't aware of.

23 So we are assuming -- at least I assume, and I may
24 be incorrect -- that the board concurred that Towers
25 Perrin was a reasonable choice.

1 Q. But ultimately the decision as to who was hired was
2 not one that was made by the compensation committee of
3 the board; is that correct?

4 A. I don't know. I don't know who made the final
5 decision.

6 Q. What are the chances if management is making it then
7 you have a compensation consultant who is coming in with
8 estimates that senior management didn't like from the
9 standpoint of their analysis of being selected once
10 more?

11 A. We made it very clear that if we didn't believe that
12 the compensation of Premera was consistent with the
13 philosophy, then we wouldn't proceed at this time but we
14 would send the bill anyway.

15 We are not here only because we have decided they
16 are paid at market. But both our assessment, PWC's
17 assessment and Mercer's assessment are that the
18 post-conversion compensation is reasonable, so we are
19 comfortable with that.

20 Q. I am curious, relative to health carriers in
21 particular, I think it is fair to say that historically
22 it was largely derived for not-for-profit in the health
23 insurance market, and I say that historically. It is
24 obvious that that's going through some evolutionary
25 changes, by the fact that we are here today.

1 A. Yes.

2 Q. And I am curious, is there a difference in how
3 compensation would be derived or benefits for
4 compensation would be derived in the healthcare field,
5 as opposed to what might be considered corporate
6 America?

7 A. I don't believe so. Ultimately, if we are talking
8 about either for-profit or not-for-profit companies,
9 health insurance companies and corporate America alike,
10 have to earn an acceptable return on the capital that's
11 entrusted to them. We are talking about
12 capital-intensive business here. And whether you are
13 for-profit or not-for-profit, you have to earn an
14 acceptable return or you go out of business. How you
15 earn the return differs from the health insurance
16 industry dramatically, which is why we limit our market
17 pricing to the health insurance business. We don't look
18 at general industry for very many positions but they are
19 a very specific set of skills as you know. But we
20 believe that the market for health insurance companies
21 is that the pay is pretty much consistent. And we have
22 identified the market, and we believe that Premera is
23 right at it.

24 Q. So even though the State of Washington might be
25 still somewhat different to what some of the pressures

1 that are taking place nationally relative to current --
2 in the current market between not-for-profit and public
3 companies, in essence, your compensation analysis really
4 doesn't take that into account. It is much more looking
5 at it from a national perspective, as opposed to how we
6 exist here in the State of Washington and have
7 functioned historically?

8 A. That's correct. We believe the skills you need to
9 compete in the State of Washington are the same skills
10 you need to compete everywhere -- Premera needs to
11 compete everywhere. That's why we use a national
12 market.

13 COMMISSIONER KREIDLER: Thank you, very
14 much.

15 THE WITNESS: You are welcome.

16
17 FURTHER REDIRECT EXAMINATION

18 BY MR. KELLY:

19 Q. I just had a couple of follow up questions.
20 Relating to this question of payments or executive -- or
21 compensation for executives that Premera is trying to
22 retain or attract in Washington, what is your
23 understanding of, first of all, whether any of the
24 Premera current executives have come -- were out of
25 state when they were hired to come to Premera?

1 A. I understand that quite a number of them were out of
2 state when they were hired to come here. And further,
3 that the majority of the senior management team has
4 worked, at one time or another, at a for-profit company.

5 Q. Would Ms. Donigan be an example of a person who has
6 worked for Blue, I think she said, and for-profit CIGNA?

7 A. And CIGNA.

8 Q. And where was she located before she came here?

9 A. New York City, of all places.

10 Q. Now, in terms of -- you talked about that you didn't
11 know the compensation of the CEO of Regence. When you
12 say that, are you referring to Regence Blue Shield of
13 Washington, subsidiary, or the holding company, which I
14 think is called Regence Holding Company?

15 A. We are referring to the holding company. The
16 analysis done to Mr. Barlow would be the holding
17 company, not the head of Washington, that would be a
18 regional job.

19 Q. And Regence Holding Company doesn't make public what
20 its executives' compensation --

21 A. That's my understanding. We couldn't find it.

22 Q. And I think when you and the Commissioner were
23 questioning and answering, you may have been talking
24 about how you got hired and what you were going to do.

25 And I am not sure, the Commissioner may have been asking

1 a little bit more about in general what happens with
2 Premera's regular compensation consultants, Mercer's.
3 So let me ask you a few questions along that line.

4 Is it true that Mercer answers directly to
5 Premera's compensation committee?

6 A. My understanding.

7 Q. And it is your understanding that that committee has
8 the fire -- whatever -- hire somebody else authority --

9 A. That's my understanding.

10 MR. KELLY: That's all we have. Thank you.

11 MR. HAMJE: I just have a couple of
12 follow-ups along the line that Mr. Kelly started.

13
14 FURTHER RECROSS EXAMINATION

15 BY MR. HAMJE:

16 Q. With respect to Mercer, do you know whether or not
17 management retained Mercer originally, or whether the
18 compensation committee or the board retained Mercer?

19 A. I don't know.

20 MR. HAMJE: That's all I have. Thank you.

21 MS. McCULLOUGH: No questions.

22 MR. KELLY: Nothing further. May this
23 witness be excused?

24 JUDGE FINKLE: Please, step down.

25 MR. KELLY: Commissioner, if we could -- we

1 are going to turn off the video camera, we appreciate
2 being permitted to videotape this, and we will break it
3 down during the morning break.

4 JUDGE FINKLE: Which is now.

5 (Morning recess.)
6

7 JUDGE FINKLE: Let's resume.

8 MS. EMERSON: Premera calls Brian Ancell.
9

10 BRIAN ANCELL, having been first duly
11 sworn by the Judge,
12 testified as follows:
13

14 DIRECT EXAMINATION

15 BY MS. EMERSON:

16 Q. Good morning, Mr. Ancell. For the record, my name
17 is Ramona Emerson, representing Premera Blue Cross. Can
18 you please state your name and spell your last name for
19 the record, please.

20 A. Yes, Brian Ancell, A-N-C-E-L-L.

21 Q. Can you tell us who your employer is and what your
22 position is with that employer?

23 A. Yes. Premera Blue Cross, and I am executive
24 vice-president of healthcare services and strategic
25 development.

1 Q. Can you tell us what your duties are as executive
2 vice-president at Premera?

3 A. Yes, I am responsible for provider network
4 development, provider relationships, our care
5 facilitation programs, the company special products and
6 our strategic development.

7 Q. Can you please give the Commissioner an overview of
8 your professional background prior to your current
9 position at Premera?

10 A. Yes. From 1988 to 1990 I worked with Coopers &
11 Lybrand in Boise, Idaho, and obtained my CPA designation
12 at that time.

13 From 1992 to 1996, I worked with Deloitte Consulting
14 here in Seattle. And in 1996 I joined Premera Blue
15 Cross, initially as senior vice-president of marketing
16 and strategic development. In 1997, I became senior
17 vice-president of operations. And then in January of
18 2000, I took on my current position.

19 Q. Can you describe for us, please, your educational
20 background since high school.

21 A. Yes. I have a degree in business administration
22 from Boise State University in Boise, Idaho. And I have
23 a master's in business administration from Harvard
24 University.

25 Q. Are you a member of any professional organizations?

1 A. Yes. I am a member of the American Institute of
2 Certified Public Accountants.

3 Q. And can you tell us -- now that your prefiled direct
4 and prefiled responsive testimonies have been served and
5 filed in this proceeding, do you adopt that testimony?

6 A. Yes, I do.

7 MS. McCULLOUGH: Mr. Ancell's prefiled
8 direct and prefiled responsive testimony have been
9 marked a hearing Exhibits P-36 and P-37 respectively.
10 With the adoption of that testimony, Premera now moves
11 to admit those exhibits.

12 MS. DeLEON: No objection.

13 MR. COOPERSMITH: No objection.

14 JUDGE FINKLE: Admitted.

15 BY MS. EMERSON:

16 Q. Mr. Ancell, can you tell us a little bit about
17 Premera's provider network? First of all, how broad are
18 those networks?

19 A. I will start by saying Premera's provider networks
20 are extremely important to us, to making sure we have a
21 good network to serve our members.

22 We have, I believe, the broadest networks in the
23 state. We have 16,000 physicians in the network. We
24 have another 4,000 other professionals, for a total of
25 -- as Mr. Barlow indicated in his testimony -- of

1 20,0000 professional practitioners. We also have
2 approximately a hundred hospitals. And we are the only
3 health plan that provides a network in every county of
4 the state. Which that, by the way, is a significant
5 competitive advantage for us in the marketplace.

6 Q. You mentioned that these provider networks are very
7 important to Premera, can you tell us why?

8 A. We -- our members want access to a broad range of
9 providers. They want to have many choices when
10 selecting a provider.

11 It also is very important to us in terms of
12 competitiveness for selling our products. Brokers, when
13 they select a health plan or recommend a health plan to
14 a client, there is something called disruption analysis.
15 And they compare one health plan's network to another to
16 identify how many members would have to move their
17 physician if they moved health plans.

18 So by having a broad network it reduces the
19 disruption that would occur for an employee group should
20 members move. So the broader our network, the better we
21 perform in the disruption analysis. But it is very
22 important to us, not only through member choice aspect,
23 but from competitive aspects in the marketplace.

24 Q. Is a stable network important to Premera?

25 A. Yes. Stable networks are very important to Premera.

1 Our members want to be able to rely on the fact that the
2 providers they have are going to be in the network on an
3 ongoing basis. And they are quite concerned if it
4 appears there might be a risk of a provider leaving the
5 network.

6 In fact, over the last several years, Premera has
7 had very stable networks. We have had less than a one
8 percent turnover rate, and that includes turnover from
9 all reasons, including physicians who are retiring.

10 Q. What does the company do to ensure that it can offer
11 both broad and stable networks?

12 A. Well, the single most important thing that we can do
13 is to make sure that we have positive provider
14 relationships. And so we work very hard at Premera, in
15 fact, we consider it one of our strategic objectives to
16 ensure that we have strong relationships with the
17 physicians and hospital community and the other
18 providers.

19 And we do that by considering a number of factors.
20 One very important factor is ensuring we have
21 appropriate market reimbursement. If we don't provide
22 appropriate market reimbursement, we are not going to be
23 seen as competitive in the market and won't have
24 positive relationships.

25 Another is making sure we have good administrative

1 procedures and are easy to do business with.

2 And finally, very important, is good communication,
3 in both ways. Not only our communication about what
4 Premera is doing, but listening to the physician
5 community about what their needs are.

6 Q. Can you tell us a little bit about Premera's
7 relations with providers? First of all, can you
8 characterize the company's commitment to improving
9 relations with providers?

10 A. Yes. We have a very strong commitment to improving
11 relations. In fact, one of the first things Mr. Barlow
12 did when he became president of Premera and asked me to
13 take on my new responsibilities was meet with me and
14 said, "Brian, we want Premera to be a doctor-friendly
15 organization. One of our competitive advantages can be
16 that we are local and we can build those strong
17 relationships."

18 Q. If I can stop you there for a moment, when did that
19 occur?

20 A. That was in January of 2000.

21 Q. Can you tell us how Premera seeks to maintain
22 positive relationships with its providers?

23 A. Yes. We approach it a couple of different ways,
24 because the market of providers have a couple of
25 different needs. And so, for example, large

1 multi-specialty clinics have different needs than
2 smaller, individual providers.

3 So with large multi-specialty clinics, for example,
4 we will work one-on-one with their administrative staff
5 to identify what their problems and challenges are. We
6 also have something called a clinic advisory board,
7 which the heads of many of the large clinics in the
8 state participate in, and we work jointly on
9 communicating back and forth and sharing problems, and
10 also the clinics, at the time they were formed, to share
11 best practices.

12 For individual providers, we have a number of
13 similar venues that we communicate and share
14 information. We have something called regional advisory
15 physician panels, and these are groups of physicians in
16 different areas of the state that meet periodically to
17 sit down, and we communicate out initiatives that we are
18 doing, and provide an opportunity for them to share
19 information back.

20 And then finally, we also have forums for office
21 managers, for the smaller physicians, where they can
22 come and share with us what did they find frustrating
23 about the administrative problems they might be having
24 with Premera. And then we will also interact
25 individually with physicians if they have needs to

1 contact us.

2 Q. Along those lines, does Premera have dedicated staff
3 available to assist providers?

4 A. Yes, we do. We have a significant amount of staff.
5 First off, we have a dedicated customer service team to
6 answer provider questions. So the calls go directly to
7 that team.

8 We also have provider network executives and
9 provider network associates, and they are trained
10 professionals who are targeted at serving specific needs
11 of providers that a customer service member may not be
12 able to handle.

13 We also, in the clinical side, have medical
14 directors and pharmacists that will sit down and work
15 with providers on clinical issues.

16 And finally we have our management team is very
17 engaged in communicating with providers and trying to
18 share information back and forth by going out and
19 meeting providers individually or working with the
20 associations.

21 Q. Do the company's medical directors play any role in
22 the area of assisting providers?

23 A. Yes. Our medical directors are very important in
24 building the relationships with the providers, because
25 they can speak to them on a peer-to-peer basis. Our

1 medical directors all have experience in practicing.
2 And so actually having practice experience is important
3 in that relationship.

4 Our philosophy at Premera, however, is that the
5 physician ultimately makes the decision on care for the
6 patient. Our role is to facilitate it, not to make the
7 decisions, and I believe Dr. Chauhan will discuss that
8 in his testimony.

9 Q. Has Premera provided any leadership in that area of
10 collaborating with providers, doing anything to make
11 administration easier for providers?

12 A. Yes. I believe Premera has been a leader, in fact,
13 in the market for doing that. We are founding members
14 of the healthcare forum and as part of that have worked
15 extensively on the administrative simplification work
16 group, which is a group which is targeted with trying to
17 identify ways to simplify administration.

18 And we have played a lead role in uniform
19 credentialing application development. Another
20 significant initiative that we played the leadership
21 role on was the development of one health port, and that
22 is a single sign-on capability for a provider group. So
23 a provider group doesn't have to have separate Internet
24 sign-on for each health plan, they can log on once and
25 access any health plan that's subscribed with one health

1 port.

2 Q. Does the company provide any other technology
3 solutions for providers?

4 A. Yes. We have worked extensively over the last
5 several years to provide technology solutions for
6 providers. You have heard about the investment in
7 dimensions we made, and that is a significant step
8 forward in duplication for our administration, going
9 from six systems to one system will make it much easier
10 to make sure we have simple, clear processes.

11 And one of the most important benefits has been our
12 provider portal, which is our on-line website, secure
13 website, that physicians can go on-line and check
14 benefit eligibility, they can check claim status, they
15 can check benefits from the member in their office, and
16 it makes it much easier for them to be able to do a
17 large amount of review quickly, rather than going
18 through a customer service person.

19 Q. How do you characterize the results of Premera's
20 efforts to work with providers, as you have described,
21 since the year 2000?

22 A. I think we have been very successful, and we have
23 been pleased with the results. In terms of the clinic
24 relationship, we have been recognized -- in 2003 we were
25 asked to go present to the American Medical Group

1 Association -- not only their national conference, which
2 we did in conjunction with Wenatchee Valley Clinic --
3 but also to their western regional conference in
4 conjunction with the Rockwell Clinic, and we have been
5 recognized by them as a model of what collaboration
6 between health plans and providers can look like.

7 In terms of the individual physicians, Dr. Gollhofer
8 provided information on our physician satisfaction
9 survey. And we not only rate it very well, but we have
10 been improving. We had overall, physicians 75 percent
11 said that we are better or much better than other health
12 plans to work with. In terms of provider relations, 69
13 percent said we are better or much better. And in terms
14 of contracting, 58 percent said we are better or much
15 better than other health plans.

16 Q. Could you please turn to Exhibit P-218.

17 A. Yes, I have it.

18 MR. COOPERSMITH: We object, Your Honor.
19 Your Honor, the Intervenors object to the use of Exhibit
20 P-218. Opposing counsel just provided us this exhibit
21 over the 10:30 break a couple of minutes ago. And it is
22 the Intervenors' understanding that, other than for
23 impeachment purposes, exhibits had to be disclosed and
24 submitted in advance in accordance with the prehearing
25 schedule set by Your Honor.

1 MS. EMERSON: Your Honor, Exhibit P-218 is
2 the results of the 2003 physician satisfaction survey
3 that was referenced in Dr. Gollhofer's testimony.

4 As you may recall, at that time we did move
5 and the summary of that survey was admitted into
6 evidence at the time. Mr. Coopersmith, however, made a
7 request on the record for the introduction of the
8 underlying data supporting the survey. When we had the
9 break yesterday we went back to our offices, we
10 collected the information, and I provided the
11 information to Mr. Coopersmith just as soon as I saw him
12 in the hearing room this morning. My first opportunity
13 to provide him with the information was before the
14 break, but in time for him to review it before
15 Mr. Ancell's testimony today.

16 MR. COOPERSMITH: Your Honor, the
17 Intervenors reject the characterization of the previous
18 exhibit as a summary of the survey, as you will hear on
19 cross-examination. Turning to Exhibit 218, the
20 Intervenors did in fact request the underlying data, but
21 that doesn't mean that we agree that this data, given to
22 us just minutes ago, should be used in this testimony by
23 this witness. We obviously have had no time to review
24 it.

25 And again, counsel had the same opportunity

1 that all the other parties did to comply with the
2 deadline for this admission of exhibits to produce in
3 the hearing.

4 JUDGE FINKLE: I believe that submission of
5 underlying data is on a different footing than other
6 material. I will permit the admission into evidence of
7 218, but I do want you to have the opportunity -- not
8 while you are trying to focus on your examination -- to
9 review it and to do cross based on the study itself.

10 So at least through the noon hour -- I
11 assume the witness will continue to be available. How
12 long do you think it will take on direct? We have
13 got -- is it going to be your 45-minute type of direct?

14 MS. EMERSON: I believe, Your Honor, it is
15 right around 30 minutes.

16 JUDGE FINKLE: Okay.

17 MR. COOPERSMITH: Your Honor, I appreciate
18 the Bench's ruling of course. I don't want to sound
19 immodest, but I think I am probably the least-qualified
20 person in this room to assess the underlying data.

21 However, the firm does have personnel who
22 can do that for us, but can't do it for us now. So we
23 would like, if the Court wishes to allow this witness
24 this testimony, we would like to have the opportunity to
25 bring him back then if necessary based on our analysis

1 of this.

2 JUDGE FINKLE: Why don't you do your cross
3 on all other subjects, and then you can decide whether
4 you need a further opportunity. If you do, I will give
5 it to you.

6 MR. COOPERSMITH: Thank you, Your Honor.

7 JUDGE FINKLE: Go ahead.

8 BY MS. EMERSON:

9 Q. Mr. Ancell, you may recall that Commissioner
10 Kreidler had a couple questions about how the physician
11 survey was created and had some questions about whether
12 the information of the identities of the physicians that
13 participated were -- remained anonymous. Can you
14 provide some background on the survey, please?

15 A. Sure. The survey is a survey we have done for the
16 last several years to get information on how our
17 physician satisfaction is doing. It was conducted by
18 Morpace, which is an independent group. We provided
19 them with a file of all of our contractor providers.
20 From that, they selected a random sample of just under
21 5,000 providers and mailed out a letter giving them the
22 opportunity to respond to the survey, either on-line or
23 by phone.

24 The first 500 were offered a hundred dollar
25 honorarium for their time to do that. Others could

1 respond, but they were not offered the honorarium
2 because the consulting firm said that was the
3 appropriate level to be significant in our market.

4 They were informed that it was Premera that
5 sponsored the survey. They also were informed that any
6 data would not be connected with their names
7 individually, that Premera would not receive that
8 information, and we have not received that information.
9 So they knew in advance we wouldn't receive it, and we
10 have not received data connected to individual
11 physicians' names.

12 Q. Mr. Ancell, in light of the feedback that Premera
13 received in the form of the formal survey and the other
14 initiatives and dealings that Premera has had with
15 providers, how do you respond to the Intervenor
16 witnesses who criticized Premera's dealings and
17 Premera's relationships with providers?

18 A. Well, I was shocked, and of course disappointed,
19 because we have worked very hard to improve
20 relationships, not only with providers in general, but
21 with the medical and hospital association over time.

22 We talked about -- or Dr. Gollhofer talked about
23 Dr. Castiglia going to meet with them, and that was part
24 of a focused effort that the company was making to get
25 out and meet the heads of the associations, as well as

1 the leaders of hospitals and clinics, and share with
2 them about how we wanted to work better with them.

3 During that same time period, I also contacted
4 Dr. Collins and had the opportunity to have dinner with
5 him and talk with him about what we wanted to do and
6 solicit feedback from him.

7 From time to time I have had interaction with
8 Dr. Collins and he is -- knows how to contact me. So I
9 would have hoped, had he had these kinds of concerns, he
10 would have contacted me and shared the concerns with me
11 so we would have the opportunity to work with him.

12 And I am more than willing now to continue to work
13 on those concerns with him, or any other provider in the
14 state that would like us to work with them.

15 Q. And to date, Dr. Collins has not contacted you
16 directly to share specific concerns that he has about
17 his own experience with Premera?

18 A. The first meeting we had he did share some concerns
19 with me, and we tried to follow up on those concerns at
20 that time. But that was a couple of years ago now, and
21 I have not recently received concerns from him about his
22 practice in particular.

23 We also have a medical director designated for his
24 practice that would be available to sit down and work on
25 any concerns they might have.

1 Q. What is the status of Premera's efforts to work with
2 providers today?

3 A. We continue to view it as a key strategic aspect of
4 our company, that we believe broad networks and strong
5 relationships are very important, and are committed to
6 working with any providers association or individual
7 providers or provider groups that would like to work
8 with Premera.

9 Q. You also mentioned that market-appropriate
10 compensation to providers is important to maintaining
11 Premera's provider networks. What do you mean by that?

12 A. Well, we believe that we need to make sure we are
13 providing not the bare minimum reimbursement in terms of
14 our standard fee schedule, but a level of compensation
15 that's competitive, given what others are paying in the
16 market, but also at a level that providers can meet the
17 cost incurred of treating Premera's patients.

18 Q. What have been the recent provider rate increases to
19 Premera's standard fee schedules?

20 A. In the -- since 1999 to 2003, we have increased our
21 standard fee schedule 20 percent statewide, which is an
22 average of about 4.7 percent a year, and that's pretty
23 much evenly split between eastern and western
24 Washington, the eastern Washington being just slightly
25 higher, a little over 21 percent.

1 Q. I would like to ask you some questions now about how
2 Premera deals with rising healthcare trends. Is there
3 an illustrative exhibit that will help you with this
4 testimony?

5 A. Yes, there is.

6 Q. Can you please take a look at exhibit -- it is P-90
7 at page 12.

8 A. I have it.

9 Q. Mr. Ancell, can you describe for us Premera's
10 approach to dealing with healthcare trends?

11 A. Sure. Healthcare costs -- I think people are
12 probably familiar, in fact, they have been increasing at
13 about 15 percent per year for the last several years,
14 and that is a significant problem for the purchasers of
15 commercial health insurance, that it is unsustainable
16 for us to continue to increase at that rate.

17 What Premera's role really is is one of providing a
18 balance in the marketplace. As the exhibit illustrates,
19 we have very specific needs that our members demand from
20 us. They want to have lower premiums, to have premiums
21 not going up at the rate that they have been increasing.

22 At the same time, however, they want to be able to
23 have a broad benefit package and broad networks so they
24 can, as I mentioned before, see the physicians that they
25 want to go to.

1 And they want to have simple administration, make it
2 easy -- they want Premera investing in the
3 infrastructure that makes it easier for them to do
4 business with us.

5 On the balance to that, providers are demanding rate
6 increases, and I would say they have some very
7 challenging issues in their practices. One, Medicare
8 and Medicaid significantly underfunds physician
9 practices in this state, and that puts a burden on their
10 ability to remain financially viable. And so that
11 continues to put pressure on what they would like to
12 receive in terms of compensation from Premera.

13 Also, malpractice costs have been rising
14 dramatically and that puts additional pressure. So
15 there is real pressures out in the market that are
16 driving up physicians' costs.

17 And then also they want administrative
18 simplification. They want us to make it easier for them
19 to do business with us.

20 So Premera really sits in a role of trying to
21 appropriately strike a balance between those two needs,
22 and it is a challenging thing to do. And we do that in
23 terms of our network through trying to maintain
24 appropriate contracts with a broad set of providers, but
25 also keep rate increases at a level which is affordable

1 for our members.

2 Q. And we have heard some testimony about Premera's
3 care facilitation programs. How do they fit into this
4 framework that you have described?

5 A. Care facilitation is a tool that helps us target
6 managing costs of the most expensive members. Six
7 percent of our members drive 60 percent of our
8 healthcare costs.

9 So what we attempt to do with our care facilitation
10 programs is tailor programs to those members that can
11 benefit most from the program, and it is an important
12 part of our program. First, as I said, the doctor
13 always has the ultimate decision on care. The second is
14 that we do member satisfaction surveys to make sure that
15 we are not putting programs in place that members are
16 seeing as intrusive or negative. We also do physician
17 satisfaction surveys to see how the physicians are
18 benefiting from our programs, and we do quality measures
19 to make sure that the quality of care is never -- that
20 we are actually improving quality of care, rather than
21 reducing it with the programs.

22 And what we found in doing this targeted support
23 from nurses or from our disease management programs,
24 which Dr. Chauhan will discuss, we actually save between
25 four to five dollars in medical costs for every one

1 dollar we invest in the program.

2 Q. Can you give us an example from the case management
3 area?

4 A. Sure. I had the opportunity to sit down with one of
5 our case management nurses and listen to her talk about
6 some of the patients she worked with. And one she
7 described as a young man, because of his condition,
8 would have been in the hospital on an ongoing basis,
9 without the hope of going home.

10 She was able to work with the family to make sure
11 that everything was set up at home to provide care for
12 that -- this young man, including 24-hour, around the
13 clock, nursing services, which is something they would
14 not have received in the hospital. In the hospital
15 there are -- nurses are taking care of many patients.
16 So he was receiving focused, 24-hour nursing treatment.

17 And it actually saved -- it saved, I believe in
18 order of magnitude in this one case, \$70,000 a month,
19 and the patient is at home with his family, rather than
20 being in the hospital. So that's an example of the
21 kinds of things case management can do.

22 Q. Some of the Intervenor witnesses have said that
23 Premera has too much leverage with provider contracting,
24 and that it negotiates on a take-it-or-leave-it basis.
25 What's your response to those assertions?

1 A. I do not believe that's true. I believe we work
2 with physicians in the best interest of our patients.
3 We have, as I said, 16,000 contracted physicians. It is
4 not realistic for us to negotiate individual contracts
5 with each of those physicians. And so what we try and
6 do is set a fee schedule that will work for the vast
7 majority of physicians.

8 In cases where we do get a request for a
9 non-standard contract, we consider a number of factors.
10 We consider what's the reason the physician is asking
11 for it? Is there a financial need from their practice
12 that is driving the request? We consider does the
13 physician have unique services or type of care that they
14 provide? We consider are there other options in the
15 market for our member? How robust is the market
16 availability in that area?

17 And then finally we consider the rate of increase
18 they are asking and the impact that would have on member
19 premiums. Because, as I said before, it doesn't serve
20 our members if we continue to rise -- have healthcare
21 cost increases for insurance they can't afford anymore.

22 Q. One of the Intervenor witnesses for the Washington
23 State Hospital Association suggested in prefile
24 testimony that private health plans need to keep
25 reimbursements high to offset narrow hospital margins.

1 What's your response to that?

2 A. Well, I think -- a couple of things. One was my
3 rebuttal testimony, and I did provide some information
4 that shared that, while there are hospitals in the state
5 that are struggling financially, there is also hospitals
6 in the state that are doing quite well financially.

7 I think the highest margin in there, which is 2002,
8 is 22.6 operating margin, which is a significant
9 operating margin. Many of them were at or above the
10 targets that I have heard the hospital associations say
11 the four to five percent target.

12 I put that in there not to demonstrate all hospitals
13 are financially viable, but to say that there are some
14 in the market that are. And that we need to understand
15 that you can't take necessarily a broad brush approach.
16 You need to understand specifically by market what are
17 the needs of the market.

18 The other thing is that they are asking us to
19 support Medicare and Medicaid, and we cannot continue to
20 ask our subscribers to increase -- today it is true that
21 we subsidize those programs. But there has to be a
22 limit to which we subsidize those programs, because
23 every time we increase our premiums, more people can't
24 buy insurance, and that's what happens if we continue to
25 subsidize those programs.

1 Q. The hospital margin data that you referenced is
2 being included in your prefile testimony, was that from
3 the Washington State Department of Health?

4 A. Yes.

5 MS. EMERSON: At this time, we would move to
6 admit Exhibit P-39, which is the hospital operating
7 margin data from the Washington State Department of
8 Health.

9 MS. DeLEON: No objection.

10 MR. COOPERSMITH: No objection, Your Honor.

11 JUDGE FINKLE: Admitted.

12 Q. Mr. Ancell, a final area of inquiry, does Premera's
13 approach to contracting with providers change depending
14 on the geographic location of the provider within the
15 State of Washington?

16 A. No, it doesn't. We look at the factors I mentioned
17 previously.

18 Q. Are provider reimbursement levels, or the
19 contracting process that you have described today,
20 likely to change as a result of the conversion from your
21 perspective?

22 A. No, they won't. The pressures and challenges to
23 balance competing needs will be the same and our
24 contracting approach will need to be the same to meet
25 them.

1 MS. EMERSON: Thank you, Mr. Ancell. No
2 further questions at this time.

3
4 CROSS-EXAMINATION

5 BY MS. DeLEON:

6 Q. Good morning, I am Melanie DeLeon.

7 A. Good morning.

8 Q. Could you tell me who are your top five competitors
9 in your opinion?

10 A. Competitors from -- in terms of contracting with
11 physicians, is that what you are asking?

12 Q. If terms of Premera as a healthcare.

13 A. Sure. We compete with Regence, Group Health,
14 United, CIGNA and Aetna. Eastern Washington Regence is
15 known as Asuris.

16 Q. Are those in order of importance from top to bottom?

17 A. No. I was just trying to list them -- I was just
18 trying to list the top.

19 Q. Who is currently the biggest competitor in
20 Washington?

21 A. It depends on how you define biggest competitor. If
22 you are talking about total size of the market, Regence
23 would be. If you are talking about in terms of
24 challenges with a particular -- making -- selling a
25 particular account, it is often a different competitor.

1 You heard Ms. Donigan reference our attempt to win
2 the Washington Mutual account, and Regence was not a
3 competitor in that case, it was CIGNA, Aetna and United
4 we were competing against.

5 Q. Does that happen often where you are competing
6 against a nonBlues provider?

7 A. Yes.

8 Q. The surveying that we talked about was done in 2003;
9 is that correct?

10 A. Yes, it was.

11 Q. And I am looking at the survey, P-38, the overview
12 of the survey.

13 MS. EMERSON: Excuse me, I have to get him a
14 copy.

15 A. I have it.

16 Q. Does the survey company write the questions the
17 physicians answer?

18 A. They would work in collaboration with our market
19 research department at Premera to do that.

20 Q. So your market research focuses in on certain
21 questions that they want asked?

22 A. Along with the research company, yes.

23 MS. DeLEON: Could you turn the slide off,
24 please. Thanks. It was just kind of glaring on me.

25 Q. For this particular survey, they took a random

1 sample of 4,829 physicians; is that correct?

2 A. Yes, I believe so.

3 Q. And they paid a hundred dollars to the first 500
4 respondents?

5 A. That's correct.

6 Q. And 584 responded?

7 A. That's correct.

8 Q. So all of the percentages that you have talked
9 about, the 75 percent and the 69 percent, is based upon
10 the 584 responses?

11 A. That's correct.

12 Q. Does the survey have any questions regarding the
13 conversion to your knowledge?

14 A. No, it did not.

15 Q. Would you continue doing the survey as a for-profit
16 company?

17 A. That would be our intention, yes.

18 Q. I believe you testified that Premera works hard at
19 building and maintaining positive provider relations and
20 -- throughout the state by reimbursing providers at a
21 fair and market appropriate rate; is that correct?

22 A. That's correct.

23 MS. EMERSON: I am sorry, just for the
24 record, could counsel please refer to the exhibit from
25 which she is reading?

1 JUDGE FINKLE: I think she was referring to
2 previous testimony. So if there is a reference to a
3 specific exhibit, I will certainly sustain your
4 objection. This was P-38, in general.

5 BY MS. DeLEON:

6 Q. Well, what I am looking at is his prefiled direct,
7 but you did say market appropriate rates; is that
8 correct?

9 A. Do you want me to go somewhere in that?

10 Q. No. I am making a statement, and then we are going
11 to move on.

12 MS. EMERSON: I will object as
13 mischaracterizing the witness's testimony.

14 Q. If you would like to turn to page four of your
15 direct testimony, lines 22 and 23, and I will read them
16 again -- or read them for you. "Premera works very hard
17 at building and maintaining positive provider relations
18 throughout the state by reimbursing providers at fair
19 and market-appropriate rates, ..." that's a portion of
20 that sentence, it goes on to the next page; is that
21 correct?

22 A. That's what it says, correct.

23 Q. Who decides what's market appropriate?

24 A. We have a healthcare economics department that works
25 to look at healthcare cost trends, looks at -- based on

1 whatever competitive market information we can get to
2 see what other health plans are providing, and also
3 takes into consideration, where available, cost
4 information on provider costs.

5 Q. In your direct testimony, on page five, you
6 reference two examples of when you meet with -- where.
7 "...Premera has established a number of forums to elicit
8 and address provider input." One, was the Relative
9 Value Practice Patterns Committee; is that correct?

10 A. Yes.

11 Q. And this one convenes in Spokane?

12 A. Yes.

13 Q. And then down in the paragraph you reference the
14 Regional Advisory Physician Panel; correct?

15 A. Yes, I do.

16 Q. And that consists of physicians in Spokane and
17 specialists and hospital staff in the Tri-Cities and
18 Wenatchee?

19 A. Wenatchee actually includes Central Washington as
20 well. So providers around Wenatchee come into it.

21 Q. Is there a reason that you provided two examples of
22 groups that meet in eastern Washington?

23 A. No. I can provide examples in western Washington if
24 it is helpful.

25 Q. I just wondered.

1 A. Okay.

2 Q. You said in your earlier testimony today that one of
3 the competitive advantages was that you have -- you are
4 in every county; is that correct?

5 A. Yes, that's correct.

6 Q. And that competitive advantage would continue
7 whether you convert or not?

8 A. Yes.

9 Q. Your direct prefile testimony on page seven, lines
10 10 to 15, you say that, "Between 1999 and 2003, our
11 state-wide average rate of provider reimbursement rates
12 increased by 20 percent, an average of 4.7 percent...;"
13 is that correct?

14 A. That's correct.

15 Q. Do you know how that compares with your competitors
16 that you described for me today?

17 A. Of course, we have to do our best to get competitive
18 data. We don't have, as you would expect, full access
19 to our competitors' information, but we believe it is
20 very competitive in terms of -- if you look at their
21 numbers, they will be comparable.

22 Q. Okay. You also say in your prefiled direct that
23 Premera's contracting approach would basically stay the
24 same or the process would stay the same?

25 A. Can you show me where you are referring?

1 Q. Page 10, under the first question, it says, "Are
2 provider reimbursement levels or the contracting process
3 likely to change materially as a result of the
4 conversion," and you answer "absolutely not"; is that
5 correct?

6 A. That's correct.

7 Q. The process means how you do the contracting, not
8 the contract terms themselves; correct?

9 A. Well, what I was meaning to talk about was overall
10 the conversions, not to have them picking the process or
11 the terms. So I wouldn't read it that finely.

12 Q. Down on the page a little bit further, line 16
13 through 17-ish, it says, "Providers will not suddenly be
14 more willing to accept lower reimbursement because
15 Premera has become a for-profit entity. We will be the
16 same company trying to compete in the same competitive
17 landscape;" is that correct?

18 A. That's correct.

19 Q. In your opinion, what's the point of converting?

20 A. Because, as has been mentioned, it will provide us
21 access to capital, and that capital will allow us to do
22 a number of important things to better serve our
23 members.

24 I think they have been reviewed, but it provides us
25 better financial flexibility, and it will allow us to

1 make investments in such things as our care management
2 programs or our systems to stay competitive in the
3 marketplace.

4 MS. DeLEON: I have no further questions.

6 CROSS-EXAMINATION

7 BY MR. COOPERSMITH:

8 Q. Good morning, Mr. Ancell.

9 A. Good morning.

10 Q. My name is Jeff Coopersmith, and I am here on behalf
11 of the Washington State Medical Association and the
12 Intervenors as a group.

13 Mr. Ancell, in response to one of your attorney's
14 questions this morning, you said, quote, that,
15 "Premera's competitive advantage is that we are local,"
16 closed quote.

17 Is Premera prepared today to commit in writing
18 and under oath that it will remain a local company and
19 not sell to an out-of-state health plan?

20 MS. EMERSON: Objection, argumentative.

21 JUDGE FINKLE: Overruled.

22 Q. You may answer the question.

23 A. Right now, we are not going to make a commitment to
24 something we don't know what the future landscape is
25 going to look like. Actually, I am not the best person

1 to respond to that. I believe Mr. Barlow is the correct
2 person, and I believe he has already responded to that.

3 Q. So we will take that -- your answer to that question
4 though is no; is that correct?

5 A. That's not what I said.

6 Q. Is it no or yes then?

7 MS. EMERSON: Objection, asked and answered.

8 JUDGE FINKLE: Sustained.

9 Q. All right. Mr. Ancell, let's move on to the
10 testimony that you filed for this proceeding in which
11 you talked about network adequacy, and you stated that,
12 quote, "Network adequacy creates a significant incentive
13 to maintain broad and robust networks in every area of
14 the state where a health plan has membership," closed
15 quote. That's from your direct testimony, page four.
16 And you have adopted that statement as part of your
17 testimony, have you not?

18 A. Can you point to me again? You didn't tell me what
19 page before you read it.

20 Q. Sure. Page four.

21 A. Uh-huh. Where at?

22 Q. Lines 19 and 20, "This creates a significant
23 incentive to maintain a broad and robust networks in
24 every area of the state where a health plan has
25 membership," closed quote. Do you stand by that

1 statement?

2 MS. EMERSON: I am going to object to the
3 form of the question. The witness should be given the
4 opportunity to understand the statement in the context
5 of all of his testimony. He is being asked to affirm
6 one single sentence.

7 JUDGE FINKLE: The witness can speak for
8 himself. But if you understand the question, go ahead
9 and answer it. If you need more context, offer that.

10 THE WITNESS: Can I just read the preceding
11 portion of the testimony so I am familiar with it --
12 exactly what we are talking about here?

13 A. Yes. I would say that's -- I agree with that
14 statement.

15 Q. All right. And by that statement do you mean we
16 shouldn't worry about patient access if Premera converts
17 to a for-profit company, because adequacy will protect
18 us; is that correct?

19 A. No. What I mean is that it creates a significant
20 incentive to maintain a broad and robust network in
21 every area of the state.

22 Q. Is there a concern that -- well, is there a concern
23 then if Premera converts to a for-profit company that
24 there might not be patient access?

25 A. No.

1 Q. Okay. How much time --

2 JUDGE FINKLE: I am sorry, just a second.

3 MS. EMERSON: I would like to just object to
4 counsel's last question as vague.

5 JUDGE FINKLE: Overruled.

6 Q. How much time, Mr. Ancell, have you spent analyzing
7 network adequacy regulations?

8 A. I personally did not spend a lot of time
9 analyzing --

10 Q. I understand. I asked -- this is your testimony,
11 and I asked how much time you spent analyzing network
12 adequacy regulations, and what is your answer?

13 A. I have not personally spent a significant amount of
14 time doing that.

15 Q. Okay. And whatever time you did spend analyzing
16 these regulations, do you draw on your legal training
17 and experience?

18 A. I do not have any legal training and experience.

19 Q. You are not a lawyer; correct?

20 A. No, I am not.

21 Q. Okay. And are you familiar then with which segments
22 of the market the network adequacy regulations apply?

23 A. No, I am not.

24 Q. So you wouldn't know what percentage of the market
25 is governed by network adequacy regulations; is that

1 correct?

2 A. I am not sure I understand the question.

3 Q. Do you know what percentage of the health insurance
4 market in this state is governed by network adequacy
5 regulations?

6 MS. EMERSON: I am going to object as vague.

7 JUDGE FINKLE: Overruled.

8 A. I don't know what you mean by percentage of the
9 market.

10 Q. Well, is every -- is every person who has health
11 insurance in the state of Washington protected by
12 network adequacy regulations?

13 A. I believe the answer is then no, I am not aware of
14 the percentage in the market.

15 Q. Do you know what would constitute a violation of
16 network adequacy regulations?

17 A. I don't know all the details, other than under the
18 understanding we have to file a plan of network
19 adequacy, and the insurance commissioner holds us -- and
20 the staff holds us accountable to it.

21 I also know that the staff is very concerned with
22 adequacy and frequently will have conversations with us
23 if they believe a provider is going to leave our network
24 because of adequacy concerns.

25 So without being specific about all of the

1 regulations, from a practical basis I am very familiar
2 with the impact to regulations the insurance
3 commissioner oversight has on our network adequacy,
4 because I do deal with that on a regular basis.

5 Q. Are there federal standards, Mr. Ancell, for network
6 adequacy?

7 A. Not that I am aware of.

8 MS. EMERSON: Objection, calls for a legal
9 conclusion.

10 JUDGE FINKLE: Well, not a legal conclusion,
11 to the extent that you know based on your
12 responsibilities.

13 Q. Correct. And are there state standards for network
14 adequacy to the best of your knowledge?

15 A. Yes.

16 Q. There are?

17 A. They require that we comply with the plan of
18 adequacy that we filed and have been approved by the
19 commission.

20 Q. And that's the company's own standards; isn't that
21 correct?

22 A. We set the standards and then they are approved.

23 Q. And can you tell us something about the enforcement
24 history of the network adequacy regulations? For
25 example, what's the largest fine ever imposed for a

1 violation?

2 MS. EMERSON: Object, foundation.

3 JUDGE FINKLE: To your knowledge, go ahead.

4 A. I cannot answer that question.

5 Q. Okay. Would it be surprising if the answer was zero
6 dollars imposed?

7 A. As I said before, I don't have the answer to the
8 question.

9 Q. And you state in stage three of your direct
10 testimony, the lines 23, 24, you say that, "... because
11 we have membership throughout the state we want to
12 maintain a network in every county in the state," closed
13 quote.

14 Is the reverse also true that if Premera withdrew
15 from any part of the state that it wouldn't need a
16 provider network there?

17 A. Could you point to me? I didn't see --

18 Q. Lines 23 to 24?

19 A. On page three of the prefiled direct?

20 Q. Correct.

21 A. Okay. Actually, no, I don't think that would be
22 true. Because, as a member of the Blue Cross/Blue
23 Shield Association, we provide access for all of the
24 Blues nationally. And so whether we have membership
25 there or not, it would be important to maintain the

1 network.

2 We also have a Blue license, in most counties of the
3 state, and to abandon that county we would run the risk
4 to lose the licensure in that County, which as we
5 discussed previously, we view as a valuable asset of the
6 company.

7 Q. You also boasted in your prefile direct testimony
8 that under one percent of your providers left Premera's
9 network during the last two years; is that correct?

10 A. Can you direct me to that, please?

11 Q. Page four, lines 2 to 3.

12 A. Yes, that's correct.

13 Q. And could that just as easily be because the
14 physicians have no place to go and that they have to
15 stay with Premera?

16 A. I believe there is a competitive market the
17 physicians have in terms of who they can contract with
18 in the state.

19 Q. Turning to the question of physician satisfaction,
20 the questions I am about to ask you, Mr. Ancell, are
21 based on what Premera had provided to the Intervenors up
22 to 10:30 this morning. It is Premera -- is it Premera
23 36 or 38?

24 MS. EMERSON: I believe it is 38.

25 MR. COOPERSMITH: Thank you, counsel.

1 Q. And you cite this survey as proof of physician
2 satisfaction with Premera; is that correct?

3 A. I cite it as an indicator that we use to track
4 physician satisfaction.

5 Q. Well, in fact, you defend Premera against criticism
6 from the WSMA, and from Dr. Collins in particular, with
7 the survey results; is that correct?

8 A. Yes, it is.

9 Q. In your responsive testimony you called it quote
10 "objective evidence," closed quote; is that correct?

11 A. You would have to point me to that.

12 Q. Page two, the bottom of the page, line 23.

13 A. That's what it says.

14 Q. Okay. And you stand by that statement, too?

15 A. Yes, I do.

16 Q. Okay. And the Premera 38 is not the complete
17 survey, is it?

18 A. No, it is a summary of the results.

19 Q. Well, it is not even a complete summary of the
20 results, is it? It is just entitled a presentation to
21 the Premera quality committee; is that correct?

22 A. I believe it is a summary of the results.

23 Q. And so would you dispute that it is just a
24 selective -- results from selective questions for
25 purposes of presenting it to this quality committee?

1 A. No. I believe it was a summary that we thought
2 would best convey the results of the survey to the
3 quality committee.

4 Q. Do you believe that -- well, does it contain a full
5 methodology, Exhibit 38?

6 A. Which one? Which page are you talking about?

7 Q. I am asking whether Premera's -- wouldn't
8 characterize this as a summary as the methodology set
9 forth?

10 A. It contains a summary of the methodology, yes.

11 Q. Does it have a list of the questions and responses?

12 A. No, it does not.

13 Q. Does the new exhibit introduced today have the
14 complete list of questions and responses? I believe it
15 is Premera 218.

16 A. Yes, it does.

17 Q. It has every question and every response?

18 A. Well, it has every question and then the summary of
19 each response.

20 Q. And the sample size is apparently 4,829 physicians,
21 spread over three states; is that correct?

22 A. No, that's not correct.

23 Q. What is the sample size?

24 A. 584 physicians.

25 Q. The random sample then was 4,829 physicians over

1 three states; is that correct?

2 A. That's correct.

3 Q. And there are over 10,000 physicians in the Premera
4 network in Washington alone; is that correct?

5 A. That's correct.

6 Q. And according to this document, it says that 355 of
7 the completed surveys came from Washington; is that
8 correct?

9 A. That's correct.

10 Q. Yet, when you list overall satisfaction in the
11 document, there is only 347 listed; is that correct?

12 A. Where are you -- can you refer me to where you are
13 looking at?

14 Q. Sure. If you go to overall satisfaction on page
15 four, and you add the western and eastern Washington
16 figures together, you come up with 347, correct, not the
17 355 completed surveys that you indicated before?

18 A. That's correct.

19 Q. And likewise, on overall service, there are only 339
20 included in that, is that correct, even though there are
21 supposedly 355 that are completed?

22 A. That's correct.

23 Q. And, of course, this is an on-line survey; is that
24 correct?

25 A. They had the option of taking it either on-line or

1 by phone.

2 Q. And do you happen to know how many of the Washington
3 respondents took it on-line?

4 A. No, I don't.

5 Q. And on the on-line respondents, you don't even know
6 if those responses came from physicians, do you?

7 A. Yes, we do.

8 Q. How is that?

9 A. In the information -- one of the questions had to do
10 with whether they were physicians, office staff or
11 another type of practitioner, and in the exhibit
12 submitted today it includes a summary of that
13 information.

14 Q. Right. But someone could have put -- a
15 receptionist, a file clerk, someone in the physician's
16 front office could have filled it out; is that correct?

17 A. If they did, it was a very low percentage. The
18 majority of those who responded were physicians.

19 Q. The question is you have no way of verifying whether
20 if a person said she was a physician, was in fact a
21 physician; is that correct?

22 A. I guess that would be correct, yes.

23 Q. Okay. And you also tested for satisfaction from
24 Premera and LifeWise of Oregon; is that correct?

25 A. That's correct.

1 Q. And is it possible that some of the surveys in
2 Vancouver and southwest Washington could have been for
3 the Oregon plan then?

4 A. I doubt that, but it is possible.

5 Q. It is possible? Thank you. And everyone who
6 responded knew that the survey came from Premera; is
7 that correct?

8 A. They were informed of that, yes.

9 Q. Yeah. And you also said in your testimony today
10 that they were told by the survey firm that that
11 information wouldn't be relayed to Premera; is that
12 correct?

13 A. That's correct.

14 Q. But they had to -- the physicians or whomever
15 responded, they didn't have any particular reason to
16 trust this survey company; right? There was no prior
17 relationship with the survey company; is that correct?

18 A. They didn't have a reason to distrust the company.

19 Q. Or trust them either way; correct?

20 A. I suppose you could say that.

21 Q. Okay. And on page three of the survey document you
22 have here, Premera 38, you state -- try to enunciate --
23 you indicate that, quote, "The highest impact on
24 satisfaction is the ability to resolve questions
25 regarding payment and promptness of claims

1 reimbursement;" is that correct?

2 A. That's correct.

3 Q. But there is no indication there of how Premera
4 rated on either one of those scores; is that correct?

5 A. Actually, what that is doing -- actually, there is
6 an indication how Premera scored on that. Because what
7 that's saying is that when they looked at the survey
8 they were able to tell what are the things that are
9 driving overall satisfaction. And things that are most
10 significantly driving overall satisfaction, the thing
11 that physicians most commonly referenced when asked,
12 "What are the top indicators of overall satisfaction,"
13 were those two factors.

14 That information, taken with the fact that we scored
15 very high on overall satisfaction, is an indicator of
16 how we performed in those --

17 Q. That information is presumably then in your Exhibit
18 218; is that correct?

19 A. That's correct.

20 Q. All right. And it also says that, quote, "Negative
21 ratings are due to issues related to low reimbursement
22 levels," closed quote. So that contributes to the
23 negative view of Premera; is that correct?

24 A. There were approximately four percent of the
25 physicians that did not rate Premera as good as, better,

1 or much better than other health plans. Of those four
2 percent, when asked, "What contributed to the negative
3 rating," that was one of the contributors. So it was a
4 very small portion of the responders that indicated
5 that.

6 Q. Well, again, the WSMA reserves the right to recall
7 this witness after reviewing the data provided today.

8 Let's move on now to reimbursement. And you have
9 already testified that it is your belief that Premera
10 pays physicians at a market appropriate rate; is that
11 correct?

12 A. That's correct.

13 Q. And who sets that market appropriate rate?

14 A. I actually answered that question earlier. I don't
15 know if you want to go back to that question or --

16 Q. Premera sets that rate, was that your testimony?
17 That you look at -- your healthcare department looks at
18 healthcare costs and what you know of what competitors
19 pay and sets a rate; is that correct?

20 MS. EMERSON: I am just going to object as
21 mischaracterizing his testimony. There is testimony
22 about rates relating to standard fee schedules, as well
23 as to customer contracts.

24 JUDGE FINKLE: I take this as a new
25 question, so go ahead and repeat the question if you

1 would.

2 MR. COOPERSMITH: If I can.

3 Q. Does -- how does -- who sets these
4 market-appropriate rates, Mr. Ancell?

5 A. Okay. We have a healthcare economics department,
6 and that department will look at a number of factors --
7 as I believe I mentioned before -- healthcare cost
8 trends overall.

9 They will also look at any information we have on
10 the impacts of provider fees and individual provider
11 offices. And then, to the extent we have available to
12 us, we will consider data from other health plans and
13 what they are doing with their fee schedule, and from
14 that attempt to develop a competitive rate that balances
15 the needs of physician reimbursement with the needs of
16 our members for competitive market premiums.

17 Q. But if a health insurer has a dominant role in the
18 market, then it would be able to set the rate for
19 reimbursement -- effectively only competing against
20 itself.

21 MS. EMERSON: Object to the term "dominant"
22 as vague and ambiguous.

23 JUDGE FINKLE: You may answer it if you
24 understand the question.

25 A. I guess I can't really speak to that because I am

1 not familiar with contract in that environment. I don't
2 believe that's the environment we contract in.

3 Q. All right. Mr. Ancell, you are a Harvard MBA, let
4 me ask you the question this way then.

5 Do you agree that a plan with less than one
6 percent of the market share has less influence on a
7 physician reimbursement than a plan that has 70 percent
8 of the market share?

9 A. It depends on what you mean by influence. If you
10 mean less ability to get a competitive rate, no, I don't
11 agree with that. Actually, a lot of top physicians want
12 broad competition in the market, so they are in fact
13 willing to give very competitive contract rates to new
14 entrants to the market because they want to promote a
15 robust environment out there. So you can, I believe,
16 get very competitive contract rates for new entrants.

17 Q. I just want to make sure I am understanding your
18 testimony then. Are you saying then that a health
19 insurer with one percent of the market rate has just as
20 much ability to set compensation for physicians as a
21 health insurer that has 70 percent of the market?

22 MS. EMERSON: I am going to object on two
23 grounds. One, it has been asked and answered, but there
24 has been no foundation laid that this witness is
25 qualified to testify on matters of economics.

1 JUDGE FINKLE: I am going to allow his
2 opinions to the extent he is able to answer the
3 question. He can certainly say "I don't feel competent
4 to answer a particular question," if that's your view.
5 Go ahead.

6 A. I am not sure what the question was. Can you ask it
7 again?

8 Q. Sure. I just want some clarification about your
9 testimony. Is it your belief that a health insurer that
10 had one percent of the market has the exact same ability
11 to set compensation for physicians as a health insurer
12 with 70 percent of the market?

13 A. I guess I can't speak to -- if you are just talking
14 about the economics of it, I can't address that.

15 Q. All right. Mr. Ancell, you also state that
16 physician reimbursement by Premera has gone up an
17 average of 4.7 percent between 1999 and 2003; is that
18 correct?

19 A. That's correct.

20 Q. And that you expect that Premera will increase the
21 average rate by 3.5 percent this year; is that correct?

22 A. We in fact implemented a fee schedule increase
23 September 1st, 2003, which would be in effect starting
24 then.

25 Q. That's correct.

1 A. Increase it on average at that rate.

2 Q. Thank you. I am sorry for that. Thank you for that
3 clarification. It is 3.5 percent, that's what I am
4 getting at.

5 A. That's the overall average increase, yes.

6 Q. Even if we accept those numbers, that average
7 includes both the standard contracts and the special
8 deals; is that correct?

9 A. No, that's not correct. That's the standard
10 contract.

11 Q. Okay. And then during the period between 1999 and
12 2003, are you aware of what the general inflation rate
13 was?

14 A. You are talking about for the economy?

15 Q. Yes.

16 A. I can't say specifically what it was, no.

17 Q. Okay. And you mentioned that healthcare inflation
18 itself is in the double digits; is that correct?

19 A. What I said was healthcare premium trends have been
20 going up about 15 percent a year.

21 Q. What's your understanding of healthcare inflation
22 between 1999 and 2003?

23 A. I don't know what you mean by inflation.

24 Q. The costs of goods and services, healthcare goods
25 and services, between 1999 and 2003?

1 A. Well, I know there is a number of -- and I am not an
2 expert in this area -- but there is a number of
3 different indicators. There is a hospital index and
4 there is a physician medical price index, and I actually
5 believe the hospital one has been in the neighborhood of
6 four to four and a half percent, and the physician one
7 has been in the neighborhood of three percent.

8 Q. Okay. And can you turn to -- can we put back on the
9 screen exhibit 90, Premera Exhibit 90? You had this
10 particular depiction up of market dynamics during your
11 direct testimony today; correct?

12 A. That's correct.

13 Q. And the suggestion here, and also in your prefiled
14 testimony, is that there is some kind of a tension
15 between consumer and provider demands; is that correct?

16 A. That's correct.

17 Q. And specifically there is a tension between the
18 consumer desire for lower premiums, and the provider's
19 desire for greater reimbursement; is that correct?

20 A. That's correct.

21 Q. And in response to questions from your lawyer, you
22 said that one of the reasons -- one of the factors that
23 goes into deciding reimbursement is what the impact will
24 be on premiums; is that correct?

25 A. That's correct.

1 Q. All right. And can you tell us then at the same
2 time -- the same time period where a physician
3 reimbursement by Premera went up an average of 4.7
4 percent, what were the rate increases Premera received
5 in the individual markets, between 1999 and 2002?

6 A. I can't answer that.

7 Q. Would the figure 90 percent surprise you?

8 A. I can't answer that.

9 Q. Okay. And during that same time period, what were
10 the premiums that Premera -- premium increases that
11 Premera received and charged during that time?

12 A. I can't answer that.

13 Q. And would over 50 percent surprise you?

14 A. I can't answer that.

15 Q. Okay. And speaking of reimbursement, Mr. Ancell,
16 can you tell us how much you get compensated by Premera?

17 MS. EMERSON: I am going to object that it
18 calls for personal information.

19 MR. COOPERSMITH: It goes to motive, Your
20 Honor.

21 JUDGE FINKLE: Overruled.

22 A. In the neighborhood of \$700,000 a year.

23 Q. All right. And how much -- nice neighborhood. How
24 much do you stand to gain by -- how much do you stand to
25 gain financially by the conversion, Mr. Ancell?

1 A. To my knowledge, there is -- I will not gain
2 anything from the conversion. I think the prior
3 testimony was clear that if there would be any benefit,
4 it would be longer term through improvement in the
5 company's performance over time.

6 Q. Is it your testimony that if Premera converts, you
7 will not -- at that time or subsequently -- have any
8 financial gain as a result of that, other than improved
9 performance?

10 MS. EMERSON: Objection, asked and answered.

11 JUDGE FINKLE: Overruled.

12 A. I have not looked at it in detail. That has not
13 been the focus of the company in terms of conversion.

14 Q. I didn't ask what the focus of the company was,
15 Mr. Ancell. I asked you a very specific question. What
16 is it that you stand to gain financially by Premera's
17 conversion to a for-profit company, either at the time
18 of the conversion or some subsequent time?

19 A. And I believe I answered it, and I said I have not
20 looked at that.

21 Q. So you just have no idea then, that's your answer?

22 A. Yes.

23 Q. Okay. And then what do you stand to gain
24 financially if a converted Premera is subsequently sold
25 to another company?

1 A. I have not looked at that.

2 MS. EMERSON: Objection.

3 Q. Okay. And, Mr. Ancell, you are now -- give us your
4 title again, I am sorry.

5 A. Executive vice-president of healthcare services and
6 strategic development.

7 Q. Were you the only applicant for your job?

8 A. I cannot answer who Mr. Barlow considered for the
9 position.

10 Q. Okay. And you have been on the senior management
11 team since 1997; is that correct?

12 A. Since 1996 is when I joined.

13 Q. 1996, pardon me. Is it your impression that Premera
14 has had a hard time filling jobs in senior management
15 because of inadequate pay and benefits?

16 MS. EMERSON: I am going to object, lack of
17 foundation.

18 JUDGE FINKLE: Impression gets a little
19 vague.

20 Q. Okay. Is it your experience that Premera has had a
21 hard time filling jobs in senior management because of
22 inadequate pay and benefits?

23 A. My experience is that it is a very competitive
24 market, and attracting good talent is difficult to do,
25 And at times we have had trouble filling positions. I

1 believe, over time, we have been able to put together a
2 very strong team.

3 Q. Can you be specific about what positions you had a
4 hard time filling that went vacant for a long time
5 because of inadequate pay or benefits?

6 A. Sure. Our head of network development had a
7 difficult time filling that at one point.

8 Q. Any other position in the past seven years?

9 MS. EMERSON: I will object, lack of
10 foundation.

11 JUDGE FINKLE: Overruled. Go ahead.

12 A. Well, let me think for a minute. I am not thinking
13 of other ones off the top of my head, no. If I took
14 more time I may be able to think of one.

15 Q. Thank you, Mr. Ancell. Let's move now to contract
16 negotiations. You have disputed the notion that Premera
17 engages in a take-it-or-leave-it attitude; is that
18 correct?

19 A. I disagree with that approach or that notion, yes.

20 Q. Okay. And in your prefiled testimony, you gave
21 examples of where providers of healthcare would have
22 leverage with the company; is that correct?

23 A. You would have to point.

24 Q. Do you recall saying that there were four examples,
25 one of which was physicians who are in isolated areas?

1 A. Could you point me to the section you are referring
2 to?

3 Q. Sure. It is in your prefiled direct, page eight and
4 nine. The first example you give is, "Providers in less
5 populated areas;" is that correct?

6 A. Yes, that's correct.

7 Q. Okay. And by definition there are few providers in
8 less populated areas; is that correct?

9 A. That seems to make sense.

10 Q. And the second example you give is, "Highly
11 specialized practices," on page nine. Again, by
12 definition, there are few physicians in
13 highly-specialized practices; is that correct?

14 A. Not necessarily, no. What the trend has been is for
15 physicians in specialties to merge together in
16 particular specialty groups. So there may be a
17 sufficient number of the physicians, but they have just
18 formed a group practice and they negotiate as a group
19 practice.

20 Q. But the premise is that the more highly specialized
21 your area of medicine, the greater your leverage would
22 be; correct?

23 A. That's the statement there, yes.

24 Q. Correct. Okay. And, therefore, the opposite must
25 be true, that the less specialized your practice, the

1 less leverage you have. So if you are involved in
2 primary care, for example, you would have less leverage;
3 is that correct?

4 A. There are more primary care physicians available in
5 the market, and so there is less need for us to pay
6 higher rates of reimbursement for those providers above
7 our standard fee schedule.

8 Q. So you have less leverage with Premera, is that
9 correct, if you are a physician engaged in primary care?

10 A. If that's your interpretation.

11 Q. Okay. And the next example you give are large
12 multi-specialty clinics, and is it fair to say there are
13 only a handful of those in the state?

14 A. Actually, I think there is quite a number of them.
15 I can think of -- I believe there is in the range of 20.
16 So if you believe that's a handful, then it is a
17 handful, but I think that's the range.

18 Q. Okay. And there are six million people in the State
19 of Washington or thereabouts, does that sound about
20 right?

21 A. Yes, that sounds roughly right.

22 Q. Okay. However many large multi-specialty clinics
23 there are in the state, most of them are in urban areas
24 of the state; is that correct?

25 A. It depends on how you define urban. Wenatchee

1 Valley Clinic, I don't know whether you consider
2 Wenatchee area urban, but they have a number of
3 satellite offices in that area.

4 And I would also point out that I believe about 30
5 percent of all physicians in the state practice in
6 multi-specialty clinics.

7 Q. Let's turn to that issue actually, that's the fourth
8 issue you identified, provider consolidation. And
9 you -- now, isn't that provider consolidation in fact
10 driven by the fact that there is consolidation among the
11 health insurers, that physicians no longer are able to
12 negotiate with Premera, and so they merge into bigger
13 practices; is that correct?

14 MS. EMERSON: Objection, compound.

15 JUDGE FINKLE: Could you ask the question
16 again.

17 MR. COOPERSMITH: Sure.

18 Q. Is provider consolidation in fact a result of health
19 insurance consolidation?

20 A. I don't know that for a fact. I think there is many
21 reasons it can go into a group deciding to consolidate.

22 Q. You give two examples there, the orthopedic example
23 and the GI -- gastroenterology -- example. Were you
24 aware that the frustration with negotiating with Premera
25 was part of the reason behind that -- Premera and

1 another payer in the market, and that they wanted to
2 gain more leverage? Are you aware of that fact?

3 A. That has not been communicated to me by the group,
4 no.

5 Q. Okay. And you also mentioned in your testimony
6 today about the dimensions platform; correct?

7 A. Yes, I did.

8 Q. But you didn't mention the fact that the dimensions
9 platform places physicians in tiered groups, but that is
10 the case; is that correct?

11 A. The system itself doesn't do it. We do offer a few
12 different networks with dimension, that's correct, in
13 terms of the product design.

14 Q. Okay. And that the -- are you aware that the
15 physicians fear that by placing them in different tiers
16 that will enhance Premera's leverage with physicians?

17 A. I can't say that -- no, I can't say that.

18 Q. Okay. And then also with regard to leverage, you
19 identify in your testimony that 20 percent -- rather, 30
20 percent of the market in Spokane has non-standard
21 contracts. Do you recall that?

22 A. Can you point that to me?

23 Q. Sure. In your responsive testimony, page three,
24 lines -- I can't really tell, 12 to 16, quote, "Across
25 the state, some 33.2 percent of our claims for physician

1 services are paid at negotiated rates in excess of our
2 standard fee schedule. In Dr. Collins's hometown of
3 Spokane, the figure is 30.7 percent, and in Washington
4 the figure is 43.9 percent," closed quote; is that
5 correct?

6 A. That's correct.

7 Q. And you stand by that quote?

8 A. Yes, I do.

9 Q. So that means that almost 70 percent of the
10 physicians in Spokane have the standard fee schedule;
11 correct?

12 A. That would seem to be the corollary, yes.

13 Q. Right. And by standard fee schedule they get -- if
14 you saw my grades in math, you wouldn't assume I would
15 know that.

16 So for those 70 percent, the physicians assigned
17 those contracts are offered that rate and no other rate;
18 is that correct?

19 A. We offer them a standard contract. If the physician
20 desires to have a non-standard contract, they can
21 approach us and we will have a conversation about
22 whether or not that's appropriate, looking at the
23 factors I discussed earlier to determine whether it is
24 the right thing to do for our members.

25 Q. But the fact is that almost 70 percent of physicians

1 in Spokane are -- have signed that standard contract; is
2 that correct?

3 A. That's correct.

4 Q. All right. And is it your testimony that when they
5 had that conversation expressing their concern, that
6 then Premera listens to that concern and then changes
7 its mind sometimes?

8 A. Yes.

9 Q. But apparently not a lot of the time?

10 A. About the same amount of time as we do in western
11 Washington.

12 Q. Right. And for the state, as a whole, it is about
13 two-thirds of all physicians in the state who have just
14 the standard contract; is that correct?

15 A. Let's see. Yes, that looks right.

16 Q. And is it also fair to assume that when you say a
17 negotiated contract, by that you mean that the -- any
18 negotiated contract is presumably higher than your
19 standard fee schedule; is that correct?

20 A. Not in every case, interestingly enough.

21 Q. Some physicians negotiate downward from the --

22 A. Actually, believe it or not, yes. We do have
23 situations where, for particular reasons, for example,
24 they want to stay on an older version of RBRVS of our
25 standard contract, and we are willing to accommodate for

1 that. And we are surprised when it happens, but it does
2 happen.

3 Q. But that's a rare occasion?

4 A. That's a rare occasion.

5 Q. Okay. So I think it is safe to say then that if you
6 have a negotiated contract, you are almost always
7 getting a better rate than a standard contract?

8 A. Yes, that's true.

9 Q. And since you are involved in provider relations and
10 provider negotiations, are ultimately responsible for
11 them; correct?

12 A. Uh-huh.

13 Q. Is it your experience with physicians that they
14 would rather have a standard rate or that they would
15 rather have a negotiated rate?

16 A. I would say that depends on the physician. A lot of
17 physicians don't -- to negotiate a non-standard contract
18 takes time and effort and energy on the physician's
19 part, as well as on Premera's part. And many physicians
20 don't want to invest that time and energy, and we
21 believe are quite happy with the standard fee schedule
22 we offer.

23 That's why we offer a competitive standard fee
24 schedule, so when we offer that fee schedule they don't
25 have to go through the difficulty of negotiating a

1 non-standard contract.

2 Q. Is it your belief, Mr. Ancell, that the reason why
3 some physicians don't choose to negotiate with Premera
4 is that they are happy with the rate offered by Premera,
5 or that they don't want to engage in that long and
6 difficult process that Premera puts them through?

7 MS. EMERSON: Object to the
8 characterization.

9 JUDGE FINKLE: Overruled.

10 A. I believe that the vast majority of physicians are
11 happy with the rate we offer, as evidenced by the fact
12 we roll out a fee schedule we don't get a lot of
13 complaints from physicians. In fact, sometimes we get
14 calls from physicians appreciative of the rates.

15 I also don't believe we have a long and difficult
16 process for contracting. I think we try and make it as
17 easy as possible for the physician when we can do that.

18 Q. I just want to make sure we understand here. Do you
19 believe that the fact that physicians don't come forward
20 and ask for a better contract rate is because they are
21 satisfied with the rate or because they feel they can't
22 do any better, even if they did invest the time and
23 resources to try to get a better deal?

24 A. I can't speak for what any individual physician
25 believes or doesn't believe. My belief is, on the

1 whole, physicians are satisfied with the contract rate
2 they pay.

3 If you ask me would every physician prefer a higher
4 rate, the answer is absolutely they would prefer a
5 higher rate.

6 If you ask me does that mean they are unsatisfied
7 with Premera's rate? I don't think that's the same
8 thing.

9 Q. Finally, turning to the next slide, if you will, on
10 that exhibit -- isn't that part of the same exhibit?
11 You were shown Exhibit 90, which is up there.

12 MS. EMERSON: This is the only slide that we
13 have identified with this witness.

14 Q. Do you have Premera Exhibit 90 in front of you then?

15 A. Yes, I do.

16 Q. Could you turn to the next page where it says,
17 "Where does your healthcare premium dollar go?" It
18 can't be made available on the screen, do you have it in
19 front of you?

20 A. Uh-huh.

21 Q. You have a dollar bill divided up there, don't you?

22 A. Yes, I do.

23 Q. Okay. And the dollar bill says that 84 cents of it
24 goes to healthcare payments; correct?

25 A. That's correct.

1 Q. And then four cents goes to premium taxes and
2 commissions; correct?

3 A. Yes.

4 Q. And 11 cents goes to operating costs; is that
5 correct?

6 A. That's correct.

7 Q. And finally one cent goes to operating profit?

8 A. That's correct.

9 Q. Is it your understanding from Mr. Barlow that the
10 purpose of the conversion is in part to double or triple
11 operating margins?

12 A. No, it is not.

13 Q. You dispute that that is part of the intention of
14 the conversion?

15 A. I absolutely do.

16 Q. Do you believe that the intention of Premera by
17 converting is to increase operating margins at all?

18 A. No. I believe the testimony that's been given on
19 that is that Premera needs to increase its operating
20 margins, whether we are non-profit or for-profit, to
21 remain competitive as a healthcare company. That is not
22 the purpose for converting.

23 Q. Let me just ask you again, upon your Harvard MBA
24 here, and looking at this diagram. Now the four cents,
25 most of that is in premium taxes; correct? You do a

1 little something about the appropriateness, I assume,
2 but most of that is premium taxes; correct?

3 MS. EMERSON: I will object on foundation
4 grounds and compound.

5 MR. COOPERSMITH: If you know.

6 JUDGE FINKLE: Overruled. If he knows.

7 A. I believe premium tax is about half of that.

8 Q. And 11 cents of that is operating costs. The
9 question is, if you are going to increase your operating
10 margins, can you do it just out of the 11 cents of
11 operating costs? Or do you have to look at the 84 cents
12 that goes to payment for medical services?

13 A. This exhibit is not Premera-specific data. This is
14 a general industry exhibit. Premera's operating costs
15 are actually slightly higher than 11 cents.

16 And so we have the opportunity, through greater
17 efficiencies, to reduce our operating costs. Our
18 margin, I believe, has been indicated of about 1.7
19 percent. We would like to increase that to about three
20 percent -- would be an increase about 1.2 percent. And
21 we believe the majority of that or all of it we will be
22 able to get out of greater administrative efficiencies.

23 Q. Did you hear Mr. Milo state earlier that 84 percent
24 of Premera's healthcare costs -- 84 percent of Premera's
25 costs go to healthcare payments?

1 A. Yes, I did.

2 Q. Do you agree with that assessment?

3 A. That's my recollection of roughly what our numbers
4 are, yes.

5 Q. So the question is whether you believed it is
6 possible to achieve greater operating margins solely out
7 of operating efficiencies and without reducing payments
8 for medical services at all?

9 A. That's our intention, yes.

10 Q. That's your intention?

11 A. And I believe that that's possible.

12 Q. Okay. And so why if it is possible to achieve all
13 these operating efficiencies, why don't you just do them
14 now instead of converting?

15 A. We are working very hard to do them now. I believe
16 what we have presented is that we need additional
17 capital to continue to make investments, and that's the
18 purpose for converting, is to obtain that additional
19 capital.

20 MR. COOPERSMITH: No further questions at
21 this time.

22 JUDGE FINKLE: I am inclined to finish the
23 witness if it can be done relatively quickly, but if you
24 have extensive redirect we can break.

25 MS. EMERSON: It is not extensive.

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REDIRECT EXAMINATION

BY MS. EMERSON:

Q. Mr. Ancell, you were asked by Mr. Coopersmith about the physician satisfaction survey.

A. Yes.

Q. And that as -- and I believe you testified that that was one indicator of your understanding and the company's understanding that physicians -- physician satisfaction has improved.

Can you tell us, are the survey results consistent with other feedback that the company has received about physician satisfaction?

A. Yes, they are. We do a number of things to assess satisfaction. We -- as I mentioned before, for our care facilitation programs, we do satisfaction surveys of physicians, as well as our members.

We also have a prescriber satisfaction survey that is done for anyone that writes prescriptions, and we get feedback on the prescriber satisfaction survey. We also have our advisory groups that gives us feedback on how we are doing.

So we have a number of ways that we try to assess and gauge feedback. Then we do get the opportunities for improvement, and we take every advantage we can to

1 give opportunities, try to get better at how we work
2 with physicians.

3 Q. Can you give us a sense of the nature of the
4 feedback that the company has received in the last
5 couple of years?

6 A. It has been very positive in the last couple of
7 years. I will say, in 2000 when we started our efforts,
8 it was not very positive. So we have seen quite a bit
9 of turnaround in the last several years, which I think
10 is a direct result of the efforts we have made to
11 improve relationships.

12 Q. You were also asked by Mr. Coopersmith about the
13 impact of healthcare costs on premiums, and you were
14 asked specifically about the impact of the increases
15 from the standard fee schedule, the 4.7 percent, for
16 example.

17 Other than the actual direct physician healthcare
18 costs, is there another component of healthcare costs
19 that go into premium calculations to your understanding?

20 A. Yes. There is a number of other coupons that go
21 into it. In particular, utilization trends, which are,
22 in addition to any rate increase, the utilization -- the
23 number of times people go seek service is continuing to
24 go up significantly.

25 Pharmacy cost trends and pharmacy trends, both in

1 cost and in terms of utilization pharmacy, has been
2 increasing. And then hospital cost trends. So there is
3 a number of factors that go into the premium.

4 Q. Then finally, you were asked by Mr. Coopersmith
5 about efforts by Premera to attract new members of
6 management. Do you recall that testimony?

7 A. Yes, I do.

8 Q. Mr. Ancell, are you responsible for hiring and
9 recruitment within Premera?

10 A. No, I am not.

11 MS. EMERSON: Thank you. No further
12 questions.

13 MS. DeLEON: No questions.

14
15 RECROSS-EXAMINATION

16 BY MR. COOPERSMITH:

17 Q. So then, Mr. Ancell, it is true then that there are
18 a number of different factors that go into premium rates
19 besides reimbursement for medical services; is that
20 correct?

21 A. That's correct.

22 MR. COOPERSMITH: No further questions.

23
24 EXAMINATION

25 BY COMMISSIONER KREIDLER:

1 Q. Mr. Ancell, let me ask just a couple of questions
2 here. One of them is that the physicians' satisfaction
3 surveys that have been discussed rather extensively, is
4 it fair to say that it is not portrayed to be -- so to
5 speak -- a scientifically-approved survey, comparable to
6 what might be understood as kind of a polling type of
7 information that's done meeting certain statistical
8 standards of random nature and so forth?

9 A. I actually believe it was intended to meet those.
10 And I am not an expert in that area, but the company we
11 hired, Morpace, this is what they do. And I believe
12 that's the reason we gave them the entire file of all of
13 our physicians, so they could select a random sample.

14 My understanding is the sample size -- the reason
15 they set the sample size at 500, was that that was the
16 threshold that was needed to be statistically valid.

17 Q. The reason I ask that is because it appears when you
18 mail out to 5,000 physicians or something like that, and
19 you rely then on the ones that respond -- the first 500
20 get a hundred dollars for responding to the survey, that
21 that doesn't necessarily represent the kind of random
22 nature of what I am used to for a survey.

23 A. Okay.

24 Q. And I remember, when I was a legislator, we mail out
25 questionnaires, we would get a fairly small number that

1 would respond and drawing generalizations from that was
2 always somewhat hazardous, but you did point out that
3 this is just one tool, among several.

4 A. That's correct.

5 Q. I am wondering when you mentioned the issue of
6 competitive rates, that if there is a new -- so to
7 speak, a new entrant into the marketplace for
8 physicians, that they often give, I believe, you used
9 words somewhat that they can often give very competitive
10 rates, in order to make sure that entrant is in the
11 market.

12 To what extent does that influence what they will
13 be in the future compensated if they are in fact giving
14 a better rate perhaps to a new entrant, as opposed to
15 what they are giving to Premera or to any other large
16 carrier that is in the marketplace currently?

17 A. I am not sure if every case they give a better rate,
18 they may give as competitive. I believe in some cases
19 they do give better rates to do that. And I think their
20 intention is -- their belief is by maintaining robust
21 competition in terms of health plans, that allows them
22 to have a choice of who they contract with over time,
23 which will be, in the long run, positive for them. I
24 believe that's the reason they would be willing to do
25 that.

1 Q. Thank you. One of the issues -- just kind of came
2 up at the end -- relative to kind of utilization, and
3 you were mentioning that utilization trends, if I am not
4 mistaken, are going up, meaning that subscribers may
5 access a physician more frequently for particular
6 healthcare needs; is that correct?

7 A. That's correct.

8 Q. What is Premera currently doing to manage
9 utilization trends?

10 A. Dr. Chauhan is going to talk extensively about that,
11 but the way we do it is through our care facilitation
12 programs. So we have case management nurses, which are
13 the nurses I have described, who will work with
14 individuals to get them into the right type of care.
15 And at the same time it can be better quality but it can
16 also be cost savings.

17 We find for every dollar we invest there we get
18 about a five-to-one return. We also have disease
19 management programs that take care of members that have,
20 for example, diabetes, specific disease types. We find
21 those programs return about two dollars for every dollar
22 we invest.

23 We have pharmacy management programs, and those
24 pharmacy programs help make sure the members are getting
25 the right medication, but also cost-effective

1 medication.

2 But we have a number of different programs like that
3 that we invest in, and we would like to increase our
4 investment in those programs because they are a way that
5 we can help control appropriately utilization increases,
6 not through denial of care, but through getting members
7 the right care.

8 Q. Thank you. That kind of raises the question here
9 relative to care programs and other improvements in
10 provider relations.

11 A. Yes.

12 Q. I believe you said that one of the -- and we have
13 heard it from others too -- that's one of the reasons to
14 be able to raise capital --

15 A. Yes --

16 Q. -- and conversion offers that tool. Can you give
17 any examples of where -- provider improvements and
18 manage -- care management programs that would be
19 implemented if there was access to the capital markets?

20 A. Sure. I can't -- we haven't made specific decisions
21 on which programs, but I can give you specific examples
22 of the types of programs we would be able to implement
23 if we had additional capital.

24 One of the things Ms. Donigan testified about was
25 when we tried to win the Washington Mutual account, we

1 did not stack up in terms of the computer systems that
2 support our care management nurses. The dimension
3 systems in our core claims and customer service system,
4 it has not provided the infrastructure that we would
5 like our nurses to have on their desktop available to
6 better manage the care. So we would, with additional
7 capital, be able to make decisions to make investments
8 like that.

9 We also, in terms of the number of care management
10 nurses we have, right now we manage .2 percent of all of
11 the cases. We ideally would manage upwards of three
12 percent of all the cases, and in order to do that we
13 would have to hire additional staff. And that requires
14 investment in facilities and a new computer system,
15 additional computer terminals for the nurses, in order
16 to hire and support that staff. And so we are limited
17 in terms of our ability to do that.

18 And we attempt now to add -- this year we added six
19 new nurses, but in order to get up to three percent, we
20 would be talking about 50 to 75, maybe even more,
21 nurses. So it is a dramatic difference.

22 Another example would be disease management
23 programs. Right now, we use vendors for our disease
24 management programs because they are able to provide the
25 service and it is charged as a medical expense. If we

1 had the capital to invest in infrastructure, we could
2 put some of those programs in-house.

3 And our experience has been doing it in-house with
4 our own nurses we perform better. We have recently
5 brought our oncology program in-house, and the vendor
6 was promising a two-to-one return.

7 What we found is, in-house, with our nurses, we
8 believe we will get a five-to-one return on the
9 investment, but we are limited in terms of the capital
10 to make the infrastructure investment to bring those
11 programs in-house.

12 A last example I will give you around pharmacy is
13 around E-prescribing. WellPoint has just announced an
14 initiative with Microsoft, where they are investing in
15 infrastructures to allow physicians in the California
16 market to do E-prescribing. And I don't know that we
17 are at the point where we would say we want to do that
18 yet, but it certainly would be something that we would
19 be -- at least have the option to consider investing in
20 which we really don't right now.

21 COMMISSIONER KREIDLER: Thank you, very
22 much.

23 MS. EMERSON: No further questions.

24 MR. COOPERSMITH: Just briefly, Your Honor.
25

EXAMINATION

BY MR. COOPERSMITH:

Q. The Commissioner just asked you, Mr. Ancell, about contract negotiations and Premera's approach to it.

Isn't it true that there is a policy on Premera's part to reduce the number of non-standard, the number of negotiable physician provider contracts out there?

A. I would not say that's a policy, no.

Q. How would you characterize that?

A. I think that it is better for the market as a whole because that's an indication to me that we are paying our fee schedule appropriately, and it is less administratively burdensome. So I think it is a positive thing.

So in terms of good administrative simplification, we look to streamline that process by having more standard contracts, but it is certainly not a policy of ours.

Q. But Premera is devoting efforts to try to reduce the number of non-standard provider contracts in its network; is that correct?

A. No, it is not correct.

Q. It is not?

A. No.

Q. It is desirable, but there is no particular effort

1 on Premera's part to do that?

2 A. No. We do not have an initiative or program or
3 effort to design or reduce the amount of non-standard
4 contracting.

5 Q. Have you instructed your employees in the provider
6 contracting divisions to negotiate only standard
7 contracts wherever possible?

8 A. No. I don't think we have given that specific
9 instruction, no.

10 Q. Have you given the general instruction toward that
11 end?

12 A. No. As I said, it is desirable and they understand
13 it is desirable to have standard contracts, but I do not
14 believe they have been given an instruction that's all
15 they should be doing. In fact, that's not all they do.

16 Q. All right. And in response to the Commissioner's
17 questions, you mentioned the WAMU contract. And is it
18 your testimony that Premera lost the WAMU contract
19 because its care management tools weren't sophisticated
20 enough?

21 A. Ms. Donigan's testimony, I think, generally
22 indicated that was one of the factors --

23 Q. One of the factors?

24 A. -- that she mentioned. She is the one that spoke
25 with the broker in terms of what exactly all the factors

1 were.

2 Q. Okay. But that's not your testimony, that that was
3 the factor behind Premera's losing the Washington Mutual
4 contract; is that right?

5 A. What I said was I referred to her testimony and
6 indicated --

7 Q. I am just asking for your belief now, Mr. Ancell.

8 A. My belief is that's one of the factors, yes.

9 Q. Okay. But not the factor, that was the question.

10 A. I can't say it was the only factor, no.

11 Q. Okay. And apparently Microsoft didn't hear about
12 care management tools being inadequate by Premera when
13 Premera took the contract from Microsoft employers; is
14 that right?

15 A. I think they think we do a good job in care
16 management.

17 Q. Okay. And the Commissioner asked you for some
18 specific examples of what you would get with conversion
19 that you can't get now. Could you be -- I am not sure
20 that at least I heard the answer, were you saying that
21 you can't hire more nurses because you don't have
22 adequate capital for that?

23 A. Yes. It takes capital to invest in infrastructure,
24 facilities and computer equipment and other things, to
25 increase our care facilitation program.

1 Q. Mr. Ancell, in response to the Commissioner's
2 question you gave a specific example about 40, 50
3 whatever nurses. Do you believe that Premera couldn't
4 hire those nurses in its current non-profit status?

5 A. We would be able to hire them more slowly. As I
6 gave my example, we have added six more staff this year,
7 and we will continue to, as we are able to build that
8 department. Broader access to capital would allow us
9 to, I believe, more rapidly get to the point where we
10 can actually provide a stronger level of service and
11 value to our customers.

12 Q. Is it your testimony that without conversion Premera
13 couldn't do everything it could do in disease
14 management?

15 A. We will make every effort, our best efforts. But
16 what my statement was is there are specific examples
17 where we believe if we could move some of these programs
18 in-house, we would do a better job and we have evidence
19 of where that is supported that would benefit our --

20 Q. Premera cannot afford to move these disease
21 management programs in-house, in its non-profit state?

22 A. Again, it is something that over time we could
23 invest in. As I mentioned, we did move our oncology
24 program in-house, and we evaluate these things, but it
25 is a matter of how quickly we can do it and what scale

1 can we do it in our current capital state.

2 Q. Are you aware, Mr. Ancell, what the approximate cost
3 of moving this disease management program in-house for
4 Premera would be?

5 A. I haven't evaluated it in that detail.

6 MR. COOPERSMITH: No further questions.

7 MS. EMERSON: No questions.

8 JUDGE FINKLE: See you at 2:00 o'clock.

9 (Lunch recess.)

10 MR. MITCHELL: We call Brian Kinkead.

11 JUDGE FINKLE: Please sit down.

12

13 BRIAN KINKEAD, having been first duly
14 sworn by the Judge,
15 testified as follows:

16

17 DIRECT EXAMINATION

18 BY MR. MITCHELL:

19 Q. Mr. Kinkead, would you please state your name and
20 spell it for the record.

21 A. My name is Brian Kinkead, Kinkead is spelled
22 K-I-N-K-E-A-D.

23 Q. Mr. Kinkead, have you provided prefiled direct
24 testimony in this matter?

25 A. I have.

1 Q. And does your prefiled direct testimony incorporate
2 by reference the Banc of America Securities expert
3 report, dated November 10th, 2003, as well as, the BAS
4 supplemental report dated March 5th, 2004?

5 A. Yes.

6 Q. Does your prefiled direct testimony also have
7 attached to it a copy of your current resume?

8 A. It does.

9 Q. Have you provided prefiled responsive testimony in
10 this matter, Mr. Kinhead?

11 A. Yes.

12 Q. Does your prefiled responsive testimony refer to and
13 have attached to it excerpts from the depositions of
14 John Koplovitz and Michael Alderson Smith?

15 A. Yes, it does.

16 Q. Does your prefiled responsive testimony also refer
17 to, and have attached to it as Exhibit B, a comparison
18 of provisions found in Premera's Amended Form A with
19 various precedents, including WellChoice?

20 A. Yes.

21 Q. Mr. Kinhead, do you adopt your prefiled direct and
22 responsive testimony in this matter?

23 A. I do.

24 MR. MITCHELL: Your Honor, Mr. Kinhead's
25 direct and responsive testimonies, with their exhibits,

1 have already been filed and served in this matter. With
2 Mr. Kinhead's adoption of that testimony, we move for
3 admission of Exhibits P-75, P-76, P-77, P-78, P-79, P-80
4 and P-81.

5 MS. DeLEON: No objection.

6 MS. HAMBURGER: No objection.

7 JUDGE FINKLE: Admitted.

8 Q. Mr. Kinhead, would you please summarize briefly the
9 subject matters of your testimony?

10 A. Banc of America Securities was asked several
11 questions, including is it appropriate for the company
12 to seek capital from the public markets -- convert to
13 seek capital from the public markets? Will the company
14 be an attractive investment to public investors? Is the
15 structure and terms of the proposed transaction
16 consistent with the -- with what the markets expect and
17 so forth.

18 Q. Mr. Kinhead, what in your background and experience
19 qualifies you to give testimony in this area?

20 A. I have been a healthcare investment banker for 20
21 years now, focused exclusively on healthcare companies
22 and organizations. I have been working with Blue
23 Cross/Blue Shield companies and Vantage Care companies
24 generally since the early '90s.

25 I have been involved in many Blue Cross/Blue Shield

1 company transactions, including, most recently, the
2 mutualization and IPO of Anthem, as well as transactions
3 involving such companies as Blue Cross/Blue Shield of
4 Georgia, Healthcare Service Corporation, which has a
5 license for Illinois and Texas, and other companies.

6 I am a managing director in the healthcare group at
7 Banc of America Securities. I have been with this firm
8 for almost two years now.

9 Prior to joining Banc of America Securities, I
10 worked for Morgan Stanley for the first 16 years of my
11 investment banking career.

12 The healthcare group at Banc of America Securities
13 is one of the largest -- we think the largest healthcare
14 groups on Wall Street, with almost 120 professionals
15 firm-wide dedicated to healthcare companies.

16 The healthcare group at the firm consists of a
17 number of senior mid-level people, dedicated to a
18 variety of different types of healthcare companies,
19 including managed care companies and Blue Cross/Blue
20 Shield companies.

21 Q. Mr. Kinhead, can you summarize for us, please, your
22 educational background?

23 A. Yes. I have a Bachelor's degree from Essex
24 University in England. A Master's degree from Leeds
25 University in political science, as well as a second

1 Master's degree from the same university in healthcare
2 administration, and I have a Doctor of Science degree
3 from Johns Hopkins School of Public Health.

4 Q. You mentioned, Mr. Kinkead, that there are 120
5 professionals, or thereabouts, in the Banc of America
6 Securities and Healthcare Group.

7 Did you utilize the skills and talents of other
8 members of the team besides yourself in this assignment?

9 A. Yes, I did. The key members of the team, which I
10 led, included John Piesky, who is the vice-president
11 with Banc of America Securities and Healthcare Group.
12 He has been at the firm five years. He has been
13 involved in many transactions involving managed care
14 companies and Blue Cross/Blue Shield companies. Most
15 recently he was involved and really led on a day-to-day
16 basis the IPO for Molina, a Medicaid managed-care
17 company.

18 We also had an associate on the team, John Hammock,
19 who joined the firm about two years ago, a very good
20 young associate, and an analyst, Shamir Lada, who has
21 been with the firm three years.

22 Q. Mr. Kinkead, the prefiled responsive testimony that
23 you filed in this matter identifies a number of points
24 of agreement between the OIC staff's investment banking
25 experts or consultants from the Blackstone Group and

1 yourself. I would like, however, to direct your
2 attention to a couple of paragraphs in Mr. Koplovitz's
3 responsive testimony, in which he comments upon your own
4 testimony.

5 First, Mr. Koplovitz says that, "If Premera made
6 the proposed modifications detailed in Blackstone's
7 supplemental report, Blackstone believes that Premera's
8 plan taken as a whole would generally be in-line with
9 the plans from previous Blue Cross/Blue Shield
10 conversions." Do you agree with that?

11 A. No, I do not.

12 Q. Why not?

13 A. Well, some of the provisions that they are talking
14 about, in fact, are not consistent with other Blue
15 Cross/Blue Shield transactions, most importantly, the
16 most recent transaction for WellChoice, the New
17 York-based Blue Cross/Blue Shield company.

18 Q. Let me ask you, Mr. Kinkead, if you would take a
19 look at Exhibit P-81, which was Exhibit B to your
20 prefiled responsive testimony.

21 Mr. Kinkead, are the provisions of the Amended
22 Form A filed by Premera, without the modifications
23 proposed by Blackstone, consistent with the provisions
24 in prior Blue Cross/Blue Shield conversions, including
25 WellChoice?

1 A. Yes, they are quite consistent, most especially with
2 the most recent conversion of WellChoice.

3 Q. Now, Mr. Koplovitz says that if the Blackstone
4 modifications were adopted, not only would the plan,
5 taken as a whole, be in line with plans with prior Blue
6 Cross/Blue Shield conversions, but also the concept of
7 investors ascribing a lower valuation for a plan, a plan
8 that contained other markets -- by which I think he
9 means novel positions -- would not apply.

10 My question to you, sir, is whether you believe
11 that investors would in fact ascribe a lower valuation
12 to a plan that included the Blackstone-recommended
13 features?

14 A. Well, yes, I think there is a significant risk that
15 that would happen. Because, as I understand these
16 provisions, they are contrary to what Blue Cross/Blue
17 Shield Association requires of its licensee.

18 So, to the extent that these provisions would
19 jeopardize the ability of the company to retain the
20 license and use the Blue Cross/Blue Shield mark, that
21 could have quite a significant negative impact on the
22 value of the shares to the foundation and to the public
23 shareholders.

24 Q. Mr. Koplovitz also observed that many of the
25 proposed modifications in the Blackstone's report are

1 not intended to enhance the value of Premera's stock to
2 outside investors, but are in fact intended to protect
3 the value of the Washington foundations at stake.

4 He continues, "In addition, Blackstone does not
5 believe that the proposed modifications would adversely
6 affect the value of Premera to a public investor,
7 assuming that it retained its BCBSA Mark." Would you
8 comment on that, please.

9 A. Well, I think the first point is the interests of
10 the foundation are very consistent, in terms of value --
11 protection of value with the interest of the public
12 shareholders.

13 So to the extent that he says that they are not
14 designed to protect the value for the public
15 shareholders, but protect the value for the foundation,
16 there is an inconsistency there. Because the value of
17 the shares held by the foundation are in fact determined
18 by the market value of those shares in the stock market,
19 i.e., the value of the shares held by the public
20 shareholders.

21 Q. Well, you comment as well, Mr. Kinkead, upon the
22 concluding sentence in Mr. Koplovitz's testimony, which
23 remarks upon the protection of the value, assuming that
24 Premera retained its BCBSA mark?

25 A. Well, clearly, the Blue Cross/Blue Shield mark is

1 critically important to retaining the value. That's the
2 most important premise. So I guess point number one is
3 that that's a very big assumption.

4 But, point number two, is there are certain
5 provisions that Blackstone has recommended. That, even
6 in the absence of a Blue Cross/Blue Shield license
7 issue, it could have an adverse effect on the value of
8 the shares.

9 Q. It has been suggested, Mr. Kinkead, that provisions
10 that would increase the amount of flexibility enjoyed by
11 the foundations in disposing of their stock, or that
12 would increase the ability that they have to have
13 influence on the governance of Premera would enhance the
14 value of those shares in the hands of the foundation.
15 Do you agree with that?

16 A. No, I don't.

17 Q. Why not?

18 A. Well, for a couple reasons. One is, the key
19 trade-off here is really making sure that the company is
20 operated in a way that's consistent with public
21 companies generally. And the foundation has interests
22 which are different. They have other interests, apart
23 from the value of the shares. The foundation will have
24 a mission. That mission perhaps is still to be defined.
25 But, to the extent that the foundation had complete,

1 free control of the board, for example, appointed a
2 majority of the board members, or are able to vote their
3 shares freely, the risk is that the foundation might
4 have interests that would cause the company to have to
5 operate in a way that was inconsistent with the interest
6 of shareholders generally.

7 So I think this relates to the voting trust
8 investiture agreement in particular, that it is
9 important for the interests of the public shareholders
10 to be protected, vis-a-vis the potential interests of
11 the foundation, particularly insofar as those interests
12 diverge from the interests of the public shareholders.

13 Q. The point about the voting trust agreement, which
14 appears to be a point of contention between the parties,
15 Mr. Kinkead, is whether the voting trust agreement
16 should survive, even if the marks should disappear from
17 Premera? In other words, if the Blue Shield Association
18 marks are gone, do you believe that it is appropriate to
19 have a voting trust agreement in the circumstances of
20 this transaction, independent of whether Blue Cross/Blue
21 Shield Association requires it?

22 A. Yes, I do, precisely for the reasons I have just
23 described.

24 Q. With respect to the interests that you described,
25 that the public shareholders claim to have in making

1 sure that there was not undue interference with the
2 operations of Premera, would it be your assessment that
3 the interest of the subscribers at Premera would also be
4 aligned with the interest of outside shareholders in
5 that regard?

6 A. Yes, I do, actually. A company that is a commercial
7 enterprise competes with other health insurers in the
8 marketplace for those subscribers. So it has to be
9 competitive in terms of the value of the products that
10 it offers to the public employers and their employees.

11 And to the extent that those products don't add
12 value to its subscribers, it is going to be at a
13 disadvantage in the competitive marketplace, it is going
14 to lose market share. And that's going to hurt
15 earnings, which, in turn, will hurt the value of the
16 stock.

17 Q. Mr. Kinkead, would you please give us an explanation
18 of the concept of dilution and how it plays in this
19 particular transaction.

20 A. Sure. Well, there is two ways to think about
21 dilution. One is ownership dilution and another is
22 value dilution, if you like. Ownership dilution, for
23 example, occurs in the context of the company
24 contemplating an IPO, where it sells new shares to the
25 public, of what we would call primary shares, primary

1 issue of shares. So the total number of shares will
2 increase, proceeds will be raised.

3 So in that regard, the ownership position that the
4 foundation has prior to the IPO, naturally goes down.
5 Percentage of ownership would go from a hundred percent
6 to whatever the ownership position is following the sale
7 of new shares.

8 But that doesn't necessarily translate to financial
9 or value dilution, for a couple of reasons. One is,
10 from the sale of stock, new proceeds will be raised, so
11 the post-IPO valuation, if you like, will go up by the
12 amount of the proceeds. That's from day one.

13 But perhaps more importantly, with the proceeds the
14 company -- and with the flexibility that the company
15 will obtain by going public, the company will have the
16 ability to grow, grow its customers, invest in
17 technologies, become more efficient, and create value
18 that way.

19 So the IPO creates an opportunity by raising
20 proceeds for the company to invest in its business, grow
21 the business, get new subscribers, and create value for
22 everybody, the public shareholders as well as the
23 foundation.

24 Secondly, by going public, the company is able to
25 establish a public market valuation for the stock and

1 provides a mechanism by which the value that the
2 foundation holds can in fact be monetized. So in that
3 sense, there is also -- not just an opportunity to
4 create value -- but an opportunity to realize that value
5 through the sale of the stock.

6 Q. Another concept that we have heard talk of in this
7 proceeding is the concept of a public float. Could you
8 please explain that concept as it is used in the
9 investment banking world and explain how it figures in
10 this particular transaction as well?

11 A. Sure. Well, the public float is a term used to
12 describe shares held by the public, the public being
13 either institutional investors -- such as pension funds
14 or mutual companies -- as well as individuals or retail
15 investors. And that stock held by those -- that class
16 of investors, institutional investors and retail
17 investors -- is stock that's free to trade in the public
18 market. So if it is a New York Stock Exchange-listed
19 company, that stock would be traded on an ongoing basis
20 on the stock exchange. So that's what we mean by float.

21 The shares held by the foundation are restricted
22 stock. It is privately-held stock, if you like, and it
23 is not traded in the open market the way the shares are
24 traded, held by institutions and retail investors. So
25 the public float is an important concept, and that's

1 what it refers to.

2 Q. Is there a notion, Mr. Kinkead, of a minimum public
3 float or a minimum amount of stock that you want to be
4 traded in the public market for reasons that I hope you
5 will explain?

6 A. Sure. Well, the issue for investors -- particularly
7 institutional investors, which tend to dominate the
8 markets -- most shares are held by institutional
9 investors, like mutual funds, who hold a stock on behalf
10 of individuals who invest in those mutual funds. Funds
11 like -- Fidelity is the most well-known fund -- they
12 take big positions in stock. They don't just buy a few
13 shares here and there, they will buy a lot of shares.

14 And they want the ability to be able to buy shares
15 in the marketplace, and also sell shares in the
16 marketplace, without the activity of buying or selling,
17 in and of itself, to cause a change in the value of the
18 stock. So they don't want the stock to go down because
19 they decide to sell two million shares.

20 In order to avoid that type of phenomenon, there
21 needs to be a lot of trading activity in a particular
22 stock. In order for there to be a lot of trading
23 activity in any particular stock, there has to be a lot
24 of stock in the marketplace for that particular company.
25 If it is a very small public float, the risk is that

1 when a Fidelity or someone like that sells stock, the
2 act of selling the stock is going to cause the value of
3 the stock to drop significantly. So big institutional
4 investors will stay away from companies that have a very
5 small float.

6 In terms of what that float needs to be, there is no
7 hard and fast answer. For small, very high-growth
8 companies, like biotech companies, or some of the
9 technology companies that we saw during the Internet
10 boom doesn't necessarily have to be that big of float,
11 because the expectation is that these companies are
12 going to grow very, very quickly, and that float is
13 going to increase quickly over the course of time.

14 But for the normal companies, which is what I would
15 describe the health insurance company -- or really any
16 company involved in healthcare services -- our view of
17 what kind of -- the minimum float is kind of a hundred
18 million, 120, something like that.

19 So if you have a float smaller than that, then there
20 is a risk of value, the negative value impact, because
21 big institutional investors will stay away. That, of
22 course, means there is less demand for the stock. If
23 there is less demand for a stock, there is a lower
24 price, same for any other commodity.

25 Q. So, do I understand you to be saying, independent of

1 the desire on the part of the foundation to sell stock
2 in order to realize funds, in order to fund charitable
3 activities, independent of the desire Premera might have
4 to sell stock and raise capital for infrastructure
5 rather than improvements, that both of them have an
6 interest in making sure there is an adequate public
7 float?

8 A. Yes, absolutely. To the extent that the company and
9 the foundation can increase the size of the public
10 float, increase the number of shares that are traded in
11 the stock market, the better it is going to be for the
12 value of that stock.

13 That's not to say that the fundamentals of the
14 company are not important. But, assuming good
15 fundamentals, having a good float, will enhance the
16 value of the Securities.

17 Q. I want to ask you a question about having
18 independent divestiture schedules for the two
19 foundations, as opposed to an aggregate foundation
20 divestiture schedule, Mr. Kinhead.

21 I believe this is one of the topics you treat as
22 a Blue Cross issue, but independent of the Blue Cross
23 issue, are there concerns associated with having
24 independent divestitures?

25 A. This gets to the issue of orderly monetization of

1 the holdings of the foundations. Now, the market
2 investors are very comfortable with Blue Cross/Blue
3 Shield companies having foundations that have stock that
4 has to be monetized. And, with all of these prior
5 companies, such as WellPoint and WellChoice, they see
6 very clear divestiture schedules for those companies.
7 So there is a predictability about when that stock is
8 going to come into the market.

9 The issue about having separate, independent
10 schedules for two large foundation shareholders is the
11 risk, from the public investor standpoint, that shares
12 are coming into the market in a disorderly, even
13 haphazard, fashion. That you have a sale by one state
14 in one month, and a month or two later have a second
15 sale by a second state. That, frankly, doesn't give the
16 stock time to kind of settle and find a natural home
17 with investors. It just puts too much selling
18 pressure -- potentially puts too much selling pressure,
19 I should say -- on the stock.

20 Q. Quite apart from whether that actually happens,
21 Mr. Kinkead, is there a phenomenon of expectations that
22 might have an impact on value because of the possibility
23 that it might happen?

24 A. Well, yes, I think there is. If investors can read
25 a schedule, have a pretty good sense of an aggregate,

1 the foundations are going to settle down their position
2 by 50 percent within three years, for example, they have
3 a -- they know what's going to happen, they have an
4 expectation of what stock is going to come into the
5 marketplace.

6 To the extent that the schedule is made more complex
7 and more complicated and more difficult for investors to
8 understand, by virtue of having two independent
9 schedules existing, that could have a negative impact on
10 value.

11 Q. I believe you said, Mr. Kinkead, at the outset, that
12 one of the issues you investigated was whether Premera
13 would be an attractive investment?

14 A. Yes.

15 Q. I want you to assume for purposes of my question
16 that the -- that Premera IPO will be done with the
17 transaction terms that are set forth in the Amended Form
18 A.

19 Do you have an opinion, Mr. Kinkead, as to
20 whether Premera, under the provisions set forth in its
21 Amended Form A, would be an attractive investment?

22 A. Yeah. I mean, based on current market conditions
23 and the record we have seen historically with other Blue
24 Cross/Blue Shield companies, this company has
25 characteristics that are very similar to Blue Cross/Blue

1 Shield companies that have gone public before, both in
2 terms of the transaction structure, as well as the
3 business fundamentals.

4 And, as I think I showed pretty clearly in my
5 report, all of those offerings have been very successful
6 and those stocks have appreciated, and they have paid
7 handsome dividends in terms of higher value, to both the
8 public shareholders, as well as in the case of
9 not-for-profit conversions, to the funds of foundations
10 that were created in connection with the conversions.

11 Q. Mr. Kinhead, does it make sense for Premera to
12 access the equity markets at this time?

13 A. Yes, I think it does. Overall, the equity markets
14 have improved significantly in the last 12 to 18
15 months -- generally speaking they have for companies
16 across the board. But, in particular, healthcare
17 companies have done very well, and there have been a
18 number of very successful offerings for health benefit
19 companies.

20 Anthem was the most notable example in the fall of
21 2001. That was the first offering of stock after
22 September 11th and it was a big success. But since
23 then, WellChoice, the New York Blue Cross Company has
24 gone public. That stock was sold, I think, at an
25 opening price of 27 dollars. Today it is trading at 43.

1 So that's been a home run for the foundation and the
2 public asset fund there.

3 Molina, a managed care company that focuses on
4 Medicaid, has gone public, and that's been very
5 successful. And there has been a number of secondary
6 offerings by other managed care companies.

7 So this is a good time. The fundamentals for the
8 industry are good, the equity markets are strong. So,
9 by all means, the company -- if it is going to go
10 public, this is the time to do it.

11 MR. MITCHELL: Thank you. I have no more
12 questions.

13 MS. DeLEON: Thank you.

14
15 CROSS-EXAMINATION

16 BY MS. DeLEON:

17 Q. Good afternoon, Mr. Kinhead.

18 A. Good afternoon.

19 Q. I believe you stated in the past that Premera's goal
20 to raise capital was to increase its strategic
21 flexibility and execute its strategic objectives, do you
22 recall?

23 A. Yes, I do. That's correct.

24 Q. And you said that was reasonable?

25 A. Yes, I did.

1 Q. Reasonable as compared to what?

2 A. Well, reasonable -- I am not sure I understand the
3 question, I am sorry.

4 Q. Well, what did you base your opinion on that it was
5 reasonable?

6 A. Well, it is reasonable in the sense that any company
7 that's -- and this goes beyond healthcare -- but any
8 company that's focused on serving its customers and
9 competing in the marketplace -- in this case, health
10 insurance -- needs to have capital to invest in its
11 business, and it needs to have access to capital on an
12 ongoing basis.

13 So that's what we mean by strategic flexibility, it
14 is having long-term financial flexibility to invest,
15 grow your business, and continue to be a successful
16 company, as measured by how successful you are with your
17 customers, how that translates into revenue, how that
18 translates into earnings.

19 So when I say it is reasonable for a company to want
20 to have strategic flexibility, it is because that's kind
21 of the lifeblood of the company. So it is a natural
22 thing for a company to want to have access to capital.

23 Q. Do you know what Premera's strategic objectives are?

24 A. I think I have got a general sense of their
25 strategic objectives, yes.

1 Q. Could you tell us what those are.

2 A. My understanding of the company's strategic
3 objectives is to continue to develop products, health
4 benefit products, for its subscribers. That requires
5 claims-paying systems and other technologies to support
6 those products. To be able to grow its customers,
7 compete in the marketplace in the sense of competing
8 with other companies in its existing market, not only
9 retaining its market share, but presumably -- hopefully
10 increasing its market share over time.

11 Expanding potentially into new geographies, growing
12 the company so it achieves the scale. Scales are very
13 important in this business. So I know the company has
14 made investments to grow its business out-of-state, out
15 of the states of Washington and Alaska. So I know
16 that's an important strategic objective of the company
17 as well.

18 So I would say it is improving -- its strategic
19 objectives are to improve products for its existing
20 customer base, grow its customer base by competing in
21 market, and expanding its customer base and achieving
22 scale by growing in new markets.

23 Q. Aren't they doing that now?

24 A. Well, yes, I think they are doing it now. But I
25 think their ability to do it and continue to do it and

1 do it in a way that's competitive with other major
2 companies that are public, who do have access to
3 capital, depends on the company achieving a structure
4 that allows it to access capital and invest capital in a
5 more aggressive way, as I say, to compete with those
6 other companies which do have access to capital.

7 Q. So, in other words, they could do it quicker
8 perhaps?

9 A. They could do it quicker. But let me put it another
10 way, they would have a -- perhaps a better chance of
11 success. I mean, success is not guaranteed, but they
12 would have a better chance of success if they could
13 invest capital more quickly.

14 Q. Just for your information, I am going to be looking
15 at your supplemental report and 77.

16 MR. MITCHELL: 78, I believe.

17 MS. DeLEON: Exhibit P-78.

18 Q. Specifically, I am on page five, and in the first
19 paragraph, about midway down. I am sorry, are you
20 there?

21 A. Yes, I am here. Sorry.

22 Q. You have written that, "The Company's Risk Based
23 Capital ("RBC") levels are among the lowest of the Blue
24 Cross Blue Shield Association licensees and, in certain
25 downside and upside operating scenarios, are projected

1 to fall below the BCBS early warning requirements."

2 Can you tell us what the downside scenarios that
3 you referred to are?

4 A. Well, for example, you know, one downside scenario
5 is where the company grows, obtains new members. As it
6 obtains new members in the marketplace, its capital
7 requirements grow. But as capital levels, its surplus
8 capital may not grow as quickly. The reason for that is
9 it is a very competitive market, you have to basically
10 set your premiums where the market is, and there are
11 certainly plenty of scenarios where margins in this
12 business are compressed.

13 But the fact of the matter is if you grow your
14 business in health insurance, you need to increase your
15 surplus base. And in circumstances where you can't
16 increase premiums enough to do that on your own because
17 of market factors, you risk having a surplus deficiency,
18 which would cause your risk-based capital position to go
19 down, and could ultimately cause you to be in violation
20 in the case of Blue Cross company with their licensing
21 requirements of the association.

22 Q. What would the upside scenarios be?

23 A. Well, an upside scenario -- an upside scenario could
24 be one where -- actually, I guess I should rephrase
25 that. That would be an upside scenario. So you are

1 growing the company, and as a result, growing the
2 company quickly, but with an inability to increase
3 premiums as much as you would need to maintain the same
4 level of surplus if surplus goes down. I apologize for
5 the confusion.

6 A downside scenario is one where, for example, where
7 your price competition is increased, premiums are
8 squeezed. Members may stay flat or may be falling.
9 Your operating expenses could be going up, maybe you
10 have got to invest in new claims-paying systems, for
11 example. And, as a result of that, your overall surplus
12 position deteriorates.

13 So a downside scenario is one where the surplus
14 position of the company deteriorates as a result of
15 increased competition or increased expenses. An upside
16 scenario is one where the company is pursuing a growth
17 opportunity, but as a result of that, needs to invest
18 more capital into its base.

19 Q. Did you perform any sensitivity studies regarding
20 these scenarios?

21 A. No. We relied on the analyses prepared by the
22 company, which were, I think, contained in their
23 filings, as well as in the Blackstone -- I think we saw
24 it also in the Blackstone report.

25 Q. The Premera filings?

1 A. Yes.

2 Q. Okay. Do you know what Premera's stated use of the
3 capital is from the proceeds?

4 A. Well, I think the general purpose is to invest in
5 the business, to invest in the development of products,
6 to invest in systems and technologies to grow the
7 company, to increase the capital base of the company so
8 it is not so close to the edge with respect to the Blue
9 Cross/Blue Shield Association licensing requirements.

10 Q. Do they have a list of uses at the moment or are
11 these --

12 A. I don't think they have a specific list that shows
13 by item how much is going to be spent over what time
14 period. I think it is a general -- a more general
15 objective to increase the capital base of the company so
16 that it is in line with the requirements -- more in line
17 with the requirements of the association, as well as to
18 give the company the flexibility to invest in the
19 products and customer service.

20 Q. Do you know what Premera is going to do immediately
21 with the money? Are they going to invest it --

22 A. Yes. Presumably they would -- that would be
23 natural, and that would be typical for companies that
24 raise primary capital. They don't spend it all on day
25 one. Their objective is to raise capital that will

1 suffice for a period of time, whether that is six
2 months, a year, two years or more.

3 And in the intervening period, obviously they don't
4 want to take risks. So they don't want to put the
5 money, for example, in stocks or commodities, they want
6 to be very conservative.

7 So typically a company, particularly an insurance
8 company, particularly where it is using the proceeds to
9 help build surplus, would invest in very highly-rated
10 money market securities or even cash.

11 Q. Do you know what the investment rate would be on
12 that?

13 A. Well, today it would be pretty low. It would be two
14 or three percent at best.

15 Q. Could you tell me what the least expensive form of
16 capital is?

17 A. The least expensive form of capital? Well, the
18 least expensive form of permanent capital is -- is,
19 frankly, equity. Debt capital, particularly for a small
20 company like this, can be extremely expensive.

21 For a much bigger company that capital is a -- is
22 probably more attractive than equity. But for a small
23 company that's just converting, doesn't have ready
24 access to the markets, equity capital is really the only
25 viable alternative.

1 Q. But isn't equity capital also expensive to the
2 company?

3 A. Yeah. Well -- yeah, I mean, it requires the company
4 to produce a return for its investors for sure. So
5 that's what I say -- for a big company, you take like
6 the United Healthcare, for example, the largest health
7 insurance company, if it is going to go out and raise
8 capital, it is probably going to use a debt market,
9 because it can easily access debt capital at fairly
10 attractive rates, five or six percent.

11 But for a small company like this, particularly with
12 a low rating, that source of capital is just not
13 available to it.

14 Q. Do you know what the cost of -- to Premera of
15 issuing the equity would be?

16 A. Well, it is not like a -- there is no percentage to
17 it, okay? So the cost of capital to Premera doesn't
18 have a coupon attached to it. Investors are going to
19 expect this company to grow earnings and for the stock
20 to appreciate.

21 And when they look at this company, in comparison to
22 other health insurance companies and based on their own
23 due diligence of this company, they are going to expect
24 this company to grow at that sort of levels.

25 Those companies, other Blue Cross/Blue Shield

1 companies, other managed care companies, are growing
2 earnings on a long-term level of between 10 and 15
3 percent a year -- more closer to 15 percent a year.

4 So, if you like, that's kind of the cost of capital,
5 somewhere between 10 and 15 percent. The market expects
6 -- will expect when these securities are initially
7 priced, for the company to grow at those sorts of
8 levels.

9 Q. So if it costs Premera 10 or 15 percent for this
10 equity capital that they are receiving --

11 A. Uh-huh.

12 Q. -- and they invest at four percent --

13 A. Uh-huh.

14 Q. Why would you do that?

15 A. Well, certainly wouldn't do that if you were
16 investing at four percent for the long term. There may
17 be reasons, as I said before, you want a public trading
18 in the securities so that the owners can -- so it is a
19 vehicle for owners to liquidate their stock.

20 But the reality is -- as I described, that's simply
21 where you kind of park the money, if you like, after you
22 go public. You don't spend the money day one when you
23 go public. It is not -- if you raise a hundred million
24 dollars, you are not investing a hundred million dollars
25 the next day in all of the things I described.

1 Over the course of 6, 12, 18 months, whatever that
2 period is, the company would invest in those systems,
3 would invest in growing its business in new markets and
4 so forth, and would do so in a way that creates much
5 greater earnings growth potential than the company has
6 today. And, appropriately, the company would take a
7 long-term due. So when I say long term, I mean more
8 than 6, 12, 18 months, sort of 2, 3, 4, 5 years.

9 So the expectation that the -- presumably the
10 company would have -- certainly investors would have is
11 -- and the foundation should have -- is that, in the
12 long term, this is going to create value for these
13 shareholders. And that earnings aren't going to be
14 diluted by this low return that the company is getting
15 for the initial period that it is preserving its capital
16 to invest, but in fact that the growth of the company is
17 going to be improved, and that the company -- if its
18 baseline is a 10 to 15 percent return, that the return
19 on investment will be even greater as a result by -- of
20 the investment in these moneys and to systems and
21 expanding the company's business.

22 Q. You used "if" a lot, didn't you? What is Premera's
23 current operating margin, do you know?

24 A. I know -- I don't know exactly what its current
25 operating margin is, but I know its margin is in the low

1 single digits -- or it was at the period that we looked
2 at for the preparation of our report.

3 Q. Do you know what Premera's projected growth rate is?

4 A. It is in my report. And if you would like me to
5 refer to the Amended Form A projections that are
6 contained in the report, I can answer that question.
7 But I do recall that the growth rate of the company was
8 in the range that I described for managed care companies
9 generally.

10 Q. Would it surprise you to say about 20 percent?

11 A. If it was 20 percent in the first couple of years,
12 coming right out of the IPO, that wouldn't be a huge
13 surprise. But I would expect, looking at longer-term
14 projections, it would probably be something less than
15 that.

16 Q. Isn't a merger or a sale for stock another option
17 for Premera to get capital?

18 A. Well, I think there is a couple of issues with that.
19 One, is that I don't think it is the board's objective
20 to sell the company and for the company to become part
21 of a nationally-based company and not be locally owned
22 and controlled, and that's a reasonable objective for
23 any board to have.

24 But I would say also that with a company like this
25 it has such good growth potential, and so much

1 opportunity, therefore, to create the value for
2 shareholders in the future.

3 From just a standpoint of what's the appropriate
4 thing to do for shareholders, it would be -- they would
5 be leaving a lot of money on the table, if you like, if
6 they were to say it doesn't matter about local control,
7 local management, let's just sell the company today.
8 That would be a mistake in my judgment.

9 Q. Why would it be leaving a lot of money on the table?

10 A. Because the company today, for example, operates at
11 a very low margin. There is an opportunity for this
12 company to grow its top line. There is an opportunity
13 for the company to improve its margin. So all of that
14 would translate into greater earnings. And companies'
15 values are based on -- in multiple of their earnings.

16 So if you can -- by putting some capital into the
17 company and improving its operating performance, and
18 thereby create value for shareholders -- public
19 shareholders and for the foundation -- then everyone is
20 going to be better off in the long run. Without doing
21 that, by just selling the company today, you lose that
22 opportunity.

23 Q. But if the company is looking for capital, isn't
24 sale for stock an option?

25 A. Well, it is an option, but it is not a very

1 attractive option.

2 Q. To the board or to the company itself?

3 A. Well, to neither, nor to the ultimate beneficiaries,
4 to shareholders, in this case the foundation's.

5 Q. Why wouldn't it be a benefit to the foundation? It
6 would be less risky than an IPO, would it not?

7 A. I am not sure that it would be less risky. I mean,
8 there is plenty of examples where companies try to sell
9 themselves and don't get sold and the process breaks
10 down.

11 Selling a company, in fact, can be an extremely
12 risky process. It is obviously a huge distraction for
13 employees. It can cause the company's operating
14 performance to deteriorate. So there is actually a lot
15 of risk associated with M&A transactions.

16 In contrast, when you look at the track record of
17 IPOs of managed care companies over the last 13 or 14
18 years, every one of them has been successful. Every single
19 one of them -- in every single case, the value of the
20 stock has appreciated significantly in the years
21 following the IPO.

22 Q. How many publicly-traded Blues companies are out
23 there now?

24 A. There are three publicly-traded Blues companies in
25 the market today.

1 Q. Isn't WellPoint actually being merged with Anthem?

2 A. Yes. They announced a merger with Anthem in the
3 fall. That merger is expected to be completed in the
4 end of June, early July. So, following that, there will
5 be two Blues companies.

6 Q. You stated that -- if Premera should lose the mark,
7 the restrictions and the voting trust divestiture
8 agreement should remain; is that correct?

9 A. Yes, that's correct.

10 Q. Didn't the WellChoice deal include a provision where
11 the restrictions went away?

12 A. It may have. I would have to refer to my document.
13 But, whether it did or it didn't, wouldn't change my
14 view. I think, fundamentally, it makes sense for that
15 provision to stay in place for the reasons that I
16 described.

17 Q. Well -- did WellChoice stock do well to your
18 knowledge?

19 A. Yes, WellChoice stock has done well.

20 Q. Well, doesn't that mean the investors were
21 comfortable with the removal of their restrictions if
22 the mark was lost?

23 A. It is a hypothetical. I can't tell you how the
24 stock would have performed post-IPO had that provision
25 been in there. There is lots of little different

1 nuances, obviously, associated with any transaction.

2 Q. Do you know if the divestitures schedule is a BCBS
3 licensee requirement?

4 A. Yes. The Association has a requirement that large
5 shareholders monetize their holdings over a reasonable
6 period of time. And these provisions have been
7 established as precedents over the years, beginning with
8 WellPoint, following its restructuring I think in 1996.

9 Q. These are conditions, I understand, from the
10 association, but are they actually part of the licensee
11 agreement? Were they set out in the schedule per se?

12 A. I don't know if they are incorporated directly into
13 the actual legal document that forms the licensing
14 agreement. But I do know that the association
15 establishes certain rules, and the rules governing those
16 licensing agreements can be changed by the association
17 if the association's board chooses to change something.

18 So my understanding is that these requirements that
19 the association has put in place over the years do, very
20 much, affect the license. And if you don't abide by
21 these provisions, you can lose your license.

22 Q. I believe you stated that the foundation may have a
23 mission that may be different or goals that are
24 different from the company; is that correct?

25 A. Yeah. I explained that investors want to be

1 protected from a situation where a foundation could take
2 a track which was contrary to the interests of the
3 company and to the public shareholders.

4 So I didn't say that the foundation did, I said the
5 investors want protection against that eventuality, that
6 possibility.

7 Q. But the foundation -- a hundred percent of the
8 amount of the capital it receives basically hangs on the
9 value of its stock; is that correct?

10 A. Initially, yes, that's correct.

11 Q. Why wouldn't the foundation want the stock to be at
12 the highest price possible?

13 A. Yeah. Well, I think the foundation would, but I
14 think what investors are concerned about is that the
15 foundations that might have competing objectives, if you
16 like. So, on one hand, for sure it would want the value
17 of its holdings to be at the highest possible level.
18 But it is also conceivable that the foundation would
19 have a mission or to take a position that it wanted
20 health insurance to be sold at below-market premiums.

21 I am just, again, speaking in hypotheticals. But
22 let's say, hypothetically, -- because, again, we are
23 just talking -- what investors want is protection
24 against the hypotheticals.

25 So hypothetically, the foundation could want health

1 insurance sold at below-market rates so -- for whatever
2 reason, wanted to promote the sale of health insurance
3 in the State of Washington -- well, that would be a
4 competing objective.

5 So presumably at the board of the foundation there
6 would be a debate about it. But how that turns out, it
7 could go either way. There are -- one can certainly
8 envision scenarios where a board of a foundation could
9 take the view that the overriding objective of the
10 foundation is to make sure that health insurance is sold
11 at the lowest possible cost, and if that involves
12 selling it at below-market rates, so be it.

13 So in that scenario, if there are no controls on the
14 votes of the foundation, the foundation ultimately could
15 force the company to do that, and that would cause the
16 performance of the company to deteriorate and the value
17 of the shares to fall.

18 Q. Have you actually encountered the scenario?

19 A. No. I haven't encountered it, but this is the
20 reason that the market has wanted to have voting trust
21 divestiture agreements associated with not-for-profit
22 foundations, associated with not-for-profit companies
23 that are converting to for-profit companies. They want
24 to make sure that the companies operate in a way that's
25 consistent with the marketplace.

1 Q. I understand that the WellChoice transaction did not
2 have the requirement that the foundation reduce their
3 holdings to less than 80 percent in the first year. Is
4 that also to your knowledge, too?

5 A. Well, they sold at the initial public offering
6 enough shares such that they were below 80 percent
7 anyway. So I think it was, I think, a moot point.

8 Q. You recommend that in Premera's case the foundation
9 be required to reduce its holding to 80 percent in the
10 first year?

11 A. Yes. Yeah, for the reasons I described earlier,
12 about the need to make sure that there is an adequate
13 public float, adequate number of shares held by
14 institutional investors. It would certainly make sense
15 for the company to have 20 percent of its value in year
16 one in the public market.

17 Q. Doesn't Premera have a year to implement their IPO?

18 A. Does it have a year to implement its IPO, you mean,
19 from today? I am sorry.

20 Q. They have a year's window on which to do their IPO?

21 A. From the date of conversion?

22 Q. Yes.

23 A. Yes. I believe they have timing flexibility in that
24 regard.

25 Q. After the IPO, isn't it possible that the foundation

1 could still own 80 percent of the stock?

2 A. After the IPO? Yes, that is possible.

3 Q. Isn't it also true that after the IPO there is a
4 180-day window where they would be restricted from
5 selling their stock?

6 A. That's correct.

7 Q. So that would leave only six months for the
8 foundation to sell whatever stock it had to get to the
9 80 percent level; isn't that true?

10 A. That is correct.

11 Q. Aren't there also periods of time when the stock
12 market is adverse to selling of stock?

13 A. Well, yes, there have certainly been circumstances
14 when market conditions haven't been good to sell stock,
15 that's for sure.

16 Q. Post-911 was a good example?

17 A. Actually, you know, interestingly enough, Anthem did
18 its IPO in October of 2001, that was the first IPO done
19 after September 11th, and it was a huge success.

20 Q. After the IPO, the foundation can't sell any stock
21 for six months, because of the 180-day restriction, that
22 leaves only six months for it to sell down to the 80
23 percent mark. And if, within that six-month window,
24 there is also a time where it is adverse to sell stock
25 in the market, wouldn't the divestiture schedule force

1 the foundation to sell during this adverse time?

2 A. Well, I think if the foundation was concerned about
3 that, it does have the opportunity at the time of the
4 IPO. Say, for example, the company is selling primary
5 shares that in effect would result in the foundations
6 collectively having 85 percent post-IPO, the foundations
7 could -- if they were concerned about that risk -- use
8 the IPO to sell some of their own shares, such that they
9 would avoid -- if they were concerned about it -- the
10 risk that in that six-month period, at the end of year
11 one, that they would have -- it would have adverse
12 market conditions. So that would be one option.

13 Another option -- if they didn't choose to do that,
14 as I understand the provision -- is the company -- if
15 the foundations issue a demand right to sell stock into
16 the market, the company has the option of buying the
17 stock from the foundation based on recent closing prices
18 for the stock in the public market.

19 So there are -- you know, there are alternatives to
20 that. Sell at the IPO, if they are concerned about that
21 risk. Or if they don't want to sell at the IPO, sell it
22 to the company.

23 Q. Is another option just to remove that restriction
24 and let them -- and take the one-year requirement away?

25 A. That is an option, but it is a question of how does

1 that effect the company's ability to retain its Blue
2 Cross/Blue Shield mark? And how does that affect the
3 company's objective, which I think is consistent with
4 the foundation's objective of making sure that the
5 public float, the number of shares held by institutional
6 and retail investors, is adequate to support stock
7 trading.

8 Q. In your report you do say though on page 12 --

9 MR. MITCHELL: Report or supplemental?

10 MS. DeLEON: Supplemental. I am just doing
11 supplemental.

12 Q. That if the foundation lets Premera sell primary
13 capital in the IPO and waits to sell secondary shares in
14 a following offering, they might get better value?

15 A. Uh-huh.

16 Q. But if they had the six-month timeframe to do it,
17 they might not be able to take advantage of that?

18 A. Right. Well, we are talking about a relatively
19 small amount of shares here I think, based on my
20 understanding of what's contemplated.

21 And the hypothetical example I used just now, we are
22 talking like five percent of the total holdings of the
23 stock outstanding post-IPO. So we are talking about a
24 relatively small amount of total holdings.

25 I did say and I agree -- continue to agree -- that

1 there is a lot of value appreciation associated with
2 this stock. But it is also important for that value
3 appreciation to be realized, as well as for the
4 foundation to be able to sell stock into the public
5 market, in the least disruptive way, to get that public
6 float up as quickly as we can.

7 So they were somewhat competing objectives, I
8 appreciate, but at the end of the day it is important to
9 get that quota.

10 Q. Will Banc of America Securities be involved in the
11 IPO?

12 A. There is no expectation that we will.

13 Q. Will Banc of America Securities be seeking
14 investment banking services from Premera after the IPO?

15 A. We will be seeking investment banking services from
16 Premera, the Washington Foundation and the Alaska
17 Foundation. This is a great opportunity, obviously, to
18 be involved in the sale of securities, as well as,
19 providing advice.

20 So we would be delighted to have that opportunity,
21 but there is no assurance or commitment today for either
22 the foundations or the company that that would be the
23 case.

24 Q. Have you helped Premera come up with rationale for
25 their conversion?

1 A. To help them come up with a business rationale for
2 their conversion?

3 Q. Yes.

4 A. No. The only thing I have discussed with Premera is
5 that an IPO is a better way to access capital than, for
6 example, surplus notes.

7 So, in that sense, I have explained the difference
8 in the limitations associated with the use of surplus
9 notes, but I have not been involved in their business
10 rationale for conversion.

11 Q. Premera has testified it is contemplating between a
12 150 and 170 million dollar IPO. Have you heard that?

13 MR. MITCHELL: Object to the question as
14 assuming facts not in evidence, and in fact, contrary to
15 the Form A.

16 JUDGE FINKLE: Well, just ask the question
17 directly. I am not sure that it is accurate. But just
18 ask it directly, as opposed to making that a part of
19 your question, or refer to a specific document.

20 Q. Is Premera contemplating a 150 to 170 million dollar
21 IPO?

22 A. I don't know.

23 Q. Assuming it was 150 million, would that be dilutive
24 to the foundation?

25 A. Not in the long run. I don't believe so, no.

1 Q. Why not?

2 A. Well, for the reasons I described earlier. Yes,
3 from day one, when you put the money into the bank, it
4 is dilutive that day, from an economic standpoint. So
5 if you measure it over the first few months, yes, for
6 sure, it is dilutive.

7 But again, going back to the explanation I gave
8 earlier, the moneys are going to be used in the
9 company's business plan, as I understand it, to grow the
10 business, invest in new products, compete for new
11 customers, expand in geography.

12 In all those different ways, that's going to enhance
13 the earnings of the company and therefore enhance the
14 value of the shares.

15 So it will in fact be a value-creation opportunity
16 for shareholders, it won't be dilutive, it will be
17 accretive.

18 Q. In the long run, it won't be dilutive. But on day
19 one, it would be dilutive?

20 A. Yeah, as in the case of every IPO. If every IPO was
21 decided on whether it was accretive or dilutive on day
22 one, we would never see an IPO.

23 Q. That would be a dilution of the ownership; correct?

24 A. I am speaking of -- there is dilution of ownership,
25 but I am also speaking about dilution to earnings.

1 Earnings on a per share basis will go down typically in
2 an IPO until the moneys are re-invested in the business
3 or used for acquisition or whatever strategic purpose
4 they are used for.

5 Q. Is there value dilution?

6 A. That's what I am referring to. When I say dilution
7 to earnings per share, there is the risk of short-term
8 earnings dilution, and therefore the risk of short-term
9 value dilution in a theoretical sense.

10 The reality though is if you look at any of the Blue
11 Cross/Blue Shield companies that have gone public, they
12 have all had moneys that have sat on their balance sheet
13 for a period of time before they use those moneys. So,
14 in every case, there has been some near-term earnings
15 dilution.

16 But, in every case, if you look at what the stock
17 has done following the IPO, the stock has gone up. Even
18 if it hasn't gone up -- in the case of like Trigon or
19 RightCHOICE didn't go up very much in the first six
20 months or so, it went up a lot afterwards.

21 In the case of WellChoice, the stock actually went
22 down, some immediately after the IPO opened up 27, I
23 think it went down as low as 21 dollars or 20 dollars in
24 February. But when I last looked the other day, it was
25 trading at 43 dollars.

1 Q. Did you ever discuss with Premera the risks of
2 converting?

3 A. No, I don't believe so.

4 Q. Do you know what the risks would be?

5 A. I am not sure what you mean by the risk. You mean
6 the business risk, the risk of a failed IPO?

7 Q. Right. Business risk, failed IPO being bought up by
8 another company.

9 A. Well, I haven't discussed that with the company to
10 my recollection. Again, looking at the track record of
11 the companies in this area that have gone public, in the
12 good market conditions we have today as I described
13 earlier, I don't see the risk of a failed IPO to be
14 significant at all. I would see it as immaterial.

15 You alluded to a risk of a takeover. I think that's
16 also a highly-remote risk, because that implies that
17 somebody would make an unfriendly or hostile takeover
18 attempt of the company. And that's -- you just don't
19 see that, frankly, in the world of insurance generally.
20 In the world of health insurance, it is certainly not in
21 the world of the Blue Cross/Blue Shield Association for
22 various reasons. The companies need regulatory
23 approvals, hostile transactions historically have not
24 been viewed favorably by insurance commissioners.

25 Secondly, within the world of the Blue Cross/Blue

1 Shield Association, it would be an enormous risk, if a
2 nonBlue company acquired this company it would lose its
3 license. But even if a Blue company tried to acquire it
4 in a hostile fashion, that company would likely be
5 sanctioned by the Blue Cross/Blue Shield Association.

6 So I would view the risk of a company like this
7 becoming the target of a hostile takeover by virtue of
8 simply going public as to be remote.

9 Q. Okay.

10 MS. DeLEON: That's all I have. Thank you.

11 JUDGE FINKLE: Thank you.

12 MS. HAMBURGER: I have no questions.

13 JUDGE FINKLE: Redirect?

14 MR. MITCHELL: I think there is brief
15 redirect, Your Honor.

16
17 REDIRECT EXAMINATION

18 BY MR. MITCHELL:

19 Q. Mr. Kinhead, Ms. DeLeon asked you about the
20 possibility of a merger or the sale of the company as an
21 alternative to the proposed conversion IPO.

22 Do you have an understanding as to whether or not
23 if the merger or sale were to a for-profit entity,
24 whether conversion would be necessary for that as well?

25 A. Yes, it would be necessary.

1 Q. Are there downsides from a public policy
2 perspective, as well as from the company's perspective,
3 to a merger with an in-state provider of health
4 insurance products?

5 A. Well, the local influence and control of the company
6 would be affected by a sale of the company to -- a large
7 company, which would presumably be an out-of-state
8 company.

9 So that would be -- if that's what you mean by
10 public policy, yes, it would be loss of local control
11 and influence.

12 Q. Is there any indication from your review of this
13 company, Mr. Kinkead, that the company needs a different
14 management than it currently has to operate a successful
15 company?

16 A. No, there is no indication to that, in fact, to the
17 contrary. The results of the company have been
18 improving in recent years, which is a validation of
19 management, in both its operating skills and the
20 strategic direction it has been moving in the company.

21 Q. There was a question about the possibility of the
22 board of the foundation exercising control over Premera
23 if there were not a voting trust in the divestiture
24 agreement in place. Do you recall that question?

25 A. Yes.

1 Q. Do you have any reason to believe that the members
2 of the board of directors, of the proposed Washington
3 foundation, will have had any experience or skill in
4 running an insurance company?

5 A. No, I don't know. I wouldn't expect that they
6 would.

7 Q. Would you have a reason for concern based upon that
8 expectation as to the potential impact on the
9 subscribers of the insurance company, if people who had
10 no experience or skill in it were running the company?

11 A. I think there would be a higher risk if the company
12 was not operated appropriately for a health benefit
13 company if no one on the board had experience operating
14 an insurance company or operating a company that's
15 involved in financial services of some sort or another
16 to subscribers or customers.

17 Q. There were a number of questions that were posed to
18 you, Mr. Kinhead, about the possibility of the
19 foundation being stuck needing to sell stock in the last
20 six months of the first year following the IPO. Do you
21 recall those questions?

22 A. Yes, I do.

23 Q. If the company issued enough shares at the IPO to
24 constitute 20 percent of the market, would the
25 foundations need to sell a single share in order to be

1 at 80 percent of holdings at the end of the first year?

2 A. I am sorry, could you repeat the question.

3 Q. Sure. If the size of the IPO were equivalent to 20
4 percent of the market?

5 A. Uh-huh.

6 Q. Would the foundations need to sell a single share in
7 order to meet the 80 percent in one year requirement?

8 A. No.

9 Q. If the company had an IPO of that magnitude, would
10 you believe it would be sufficient to generate a public
11 float that would be adequate for the company in a
12 foundational light?

13 A. Yes, I think so. Because, as I said earlier, the
14 minimum is a hundred million or so. And I think --
15 while no evaluation has been put on the company -- that
16 sounds like it would get -- do above a hundred million.

17 Q. If you had an adequate public float under those
18 circumstances, Mr. Kinkead, do you have reason to
19 believe that the foundations would have difficulty
20 selling a secondary offering in years two or three?

21 A. No, I don't believe they would have difficulty
22 selling.

23 Q. Ms. DeLeon asked you whether you had an expectation
24 as to whether Banc of America Securities would
25 participate in the forthcoming IPO if the conversion was

1 approved, and I believe you said you did not. Are you
2 aware of the investment banking firm that is in line to
3 handle that for Premera?

4 A. Yes, I am.

5 Q. Who is that?

6 A. If I understand it, Goldman Sachs is the advisor to
7 the company.

8 MR. MITCHELL: Nothing further. Thank you.

9 MS. DeLEON: I just have one question.

10

11

RECROSS EXAMINATION

12

BY MS. DeLEON:

13

Q. If the foundation doesn't sell any shares within the
14 first year, other than a loan or a grant that it has
15 received from Premera, where would its operating income
16 come from?

17

A. If the foundation doesn't sell any shares, so it
18 doesn't have any cash. In other words --

19

Q. Correct.

20

A. -- on its balance sheet where would it obtain funds
21 to support its staff and so forth? Is that what you
22 mean?

23

Q. Yeah.

24

A. If it didn't sell any shares and didn't take a loan,
25 I am not sure where it would get the cash, the funds to

1 support. Unless it had some other -- some other
2 contributor to the foundation, I am not aware of any
3 other way it could get any cash to pay for its expenses
4 until it did sell shares.

5 MS. DeLEON: Thank you. No further
6 questions.

7 MS. HAMBURGER: No further questions.

8 JUDGE FINKLE: Anything further?

9 MR. MITCHELL: Not from us.

10
11 EXAMINATION

12 BY COMMISSIONER KREIDLER:

13 Q. Mr. Kinhead, I was wondering, in the last 10 years
14 are you aware of any Blues plan that lost the Blues
15 trademark, let's say, in the last 10 years? If so,
16 under what circumstance did that take place?

17 A. Blue Cross of Ohio lost its license. It was in the
18 late '90s I think, of '96 or 1997. Would you like me to
19 describe the circumstances?

20 Q. Please.

21 A. I am speaking from memory, so, forgive me, I don't
22 have all the details. But the company proposed to enter
23 into a transaction where it would be sold to a hospital
24 company -- Columbia HCA, I think, was the proposed
25 buyer -- and chose to ignore the admonishment of the

1 Association not to do that.

2 And even though the company ultimately was not sold
3 to Columbia HCA and remained an independent company,
4 because they ignored the request of the Association not
5 to proceed down that track, their license was pulled,
6 and it was granted to the other Ohio-based Blue, which
7 happens to be Anthem.

8 And Anthem now has Blue Cross of Ohio and the
9 license for northern Ohio, Cleveland area. Anthem has
10 the license for southern Ohio, Cincinnati area. And
11 Anthem was given the license for northern -- of the
12 entire state, as a result of that.

13 That's the only example I can think of,
14 Commissioner, in a recent period when the license was
15 pulled.

16 COMMISSIONER KREIDLER: Thank you.

17 MR. MITCHELL: Quick follow-up, Mr. Kinhead.

18

19 FURTHER REDIRECT EXAMINATION

20 BY MR. MITCHELL:

21 Q. In the example you gave, was there a court challenge
22 to the right of the Association to strip the Ohio Blue
23 plant of its license?

24 A. I am not sure. It has been -- it was eight years
25 ago, so I am not -- I don't remember all the details of

1 the case. There may or may not have been.

2 Q. In any case, did the stripping stand? There was no
3 giving back the license later on?

4 A. No. The company, to this day -- it was never able
5 to get its license back. And I don't know if it pursued
6 it in court or not, but Anthem has that license today.
7 The company still exists, but it doesn't have the Blue
8 Cross/Blue Shield license.

9 MR. MITCHELL: Thank you.

10 MS. HAMBURGER: I just have a quick
11 follow-up question to that.

12

13 CROSS-EXAMINATION

14 BY MS. HAMBURGER:

15 Q. Weren't there many other problems with the proposal
16 in Ohio, other than just simply selling to Anthem?

17 A. Yeah. I think there were some other issues about
18 how --

19 Q. I am sorry, Columbia HCA, I apologize.

20 A. Yeah. I think there were some other issues, but I
21 think the proposed sale of the company was the catalyst
22 that led to a whole other series of issues arising, that
23 ultimately were included in the Association's
24 deliberations.

25 Q. It included the board and the attorney for the

1 company and the top executives being granted non-compete
2 contracts; isn't that right?

3 A. Yes. I think there was some issues around how the
4 board was operated and so forth, yes.

5 MS. HAMBURGER: Thank you.

6 THE WITNESS: That's correct.

7 JUDGE FINKLE: Any follow-up?

8 MR. MITCHELL: May the witness be excused?

9 JUDGE FINKLE: Please step down. You may be
10 excused. We may be a few minutes early, but let's take
11 a break.

12 (Afternoon recess.)

13 JUDGE FINKLE: Let's resume.

14 MS. EMERSON: At this time Premera calls
15 Dr. Roki Chauhan.

16
17 Rakesh Chauhan, having been first duly
18 sworn by the Judge,
19 testified as follows:

20
21 DIRECT EXAMINATION

22 BY MS. EMERSON:

23 Q. Can you please state your full name and spell it for
24 the record.

25 A. My name is Roki Chauhan. My given name is Rakesh,

1 middle name Tarun, T-A-R-U-N, Chauhan, so I will spell
2 it all. Roki is R-O-K-I, Chauhan, C-H-A-U-H-A-N. My
3 given name Rakesh, R-A-K-E-S-H, middle name, T-A-R-U-N.

4 Q. Who is your employer and what is your position?

5 A. Premera Blue Cross. I am vice-president of medical
6 services and medical director for quality.

7 Q. What are your responsibilities at Premera?

8 A. I am involved in the strategic planning and
9 implementation and care facilitation programs, medical
10 policy implementation, and clinical quality problems. I
11 also oversee the activities of the medical directors.

12 Q. Can you give us an overview of your professional
13 background prior to your current position at Premera?

14 A. Yes. I am a board certified family physician. I
15 was in private practice in the Bay Area for
16 approximately 10 years, moved to the Seattle area in
17 1992, also as a family physician. I gradually began to
18 do more and more administrative work.

19 I was the old-fashioned kind of family physician in
20 terms of doing inpatient care, outpatient care,
21 obstetrics, assisting in surgery, and little by little
22 began taking on more and more administrative roles.

23 I had a realization one day what I really wanted to
24 be doing was to have a bigger impact, and I felt I had
25 the opportunity to do so -- not in a small practice

1 setting, where people may take care of approximately
2 2000 patients -- but broader than that, and my current
3 role affords me that opportunity.

4 Q. Did you practice in a clinic setting or as a solo
5 practitioner?

6 A. Initially, I was in practice in a two-person group.
7 We gradually expanded to a five-person group, and that
8 was when I was down in California. And then when I
9 moved to Seattle I took a position with PacMed Clinics,
10 which was a multi-specialty group at the time of
11 approximately 130 physicians.

12 Q. Can you describe for us your educational background,
13 please?

14 A. Yes. I received a Bachelor of Science in biology
15 from MIT in 1974. I obtained my medical degree from
16 Tufts Medical School in Boston in 1978. I completed a
17 residency and fellowship in family practice at the
18 University of California, San Francisco, at its Santa
19 Rosa site.

20 Q. Are you a member of any professional organizations?

21 A. Yes, I am. I am a fellow of the American Academy of
22 Family Physicians, and I am a member of the American
23 College of Physician Executives.

24 Q. You mentioned the fellowship, can you describe your
25 fellowships for us, please?

1 A. Yes. The fellowship I was referring to a minute ago
2 was a fellowship in family practice that involved both
3 teaching, as well as clinical work.

4 Subsequently, as I made the transition from clinical
5 care, I took a one-year fellowship in managed care
6 through the American Association of Health Plans, and
7 that was in 1997.

8 Q. Why did you leave your medical practice to work for
9 a health plan?

10 A. As I hinted at earlier, I felt that I needed to be
11 able to put additional tools in the hands of patients or
12 members and also physicians.

13 I made a realization one day that I was having an
14 impact in my practice -- and I loved what I was doing, I
15 really enjoyed my practice -- but I found that it was
16 very difficult for individuals to make healthcare
17 decisions based on information that would enable them to
18 take a more active role in their healthcare.

19 At the same time, as a practicing physician I
20 discovered that in my practice it was challenging to be
21 able to recall members, to have patients come back when
22 it was necessary to get the various testing or follow-up
23 examinations, etcetera. And I realized that in order to
24 do that you need to have access to data and information
25 and have systems in place that would enable that, to be

1 able to get individuals back in to have their follow-up
2 tests or visits or things like that.

3 Q. Dr. Chauhan, your prefiled direct and prefiled
4 testimony have been filed and served in these
5 proceedings. Do you adopt that testimony?

6 A. Yes, I do.

7 MS. EMERSON: Dr. Chauhan's prefiled direct
8 and responsive testimony have been marked as Premera
9 Exhibits P-40 and P-41 respectively. With the adoption
10 of that testimony Premera now moves to admit these
11 exhibits.

12 MR. HAMJE: No objection.

13 MS. HAMBURGER: No objection.

14 JUDGE FINKLE: Admitted.

15 BY MS. EMERSON:

16 Q. Dr. Chauhan, you mentioned that you work on the care
17 facilitation programs at Premera. Can you describe for
18 us the objectives of those programs, please?

19 A. The primary objective is to provide access to
20 high-quality care for our members, and we have a variety
21 of programs that address that.

22 Q. Can you describe for us those programs?

23 A. Yes. We have care management programs, which
24 includes case management, disease management programs,
25 health awareness education programs, and pharmacy

1 programs.

2 Q. Do these care facilitation programs address patient
3 utilization?

4 A. They do, but perhaps not in the way that most people
5 think of it. What I think is unique about Premera is we
6 do not adopt the old-fashioned utilization management,
7 medical management, the mother-may-I approach to
8 managing care.

9 Instead -- and as a result, we changed our name from
10 Medical Management, back in 2000, to Care Facilitation.
11 Because we really truly believe that we facilitate care
12 and we facilitate high quality care for our members.
13 And at the same time, by doing so, that controls
14 utilization.

15 Q. When were the Premera care facilitation programs
16 implemented?

17 A. In their current status -- in their current state, I
18 guess, one would say that they started in early 2000.
19 They have continued to change and grow since that time.

20 Q. You mentioned a number of components of the care
21 facilitation program. Let's focus first on disease
22 management. Can you explain for the Commissioner how
23 the disease management program works?

24 A. Yes. Disease management is geared -- aimed towards
25 populations of people with a certain condition. So

1 diabetes is an example. And the programs are based on
2 putting information in the hands of our members so that
3 they can make informed decisions about the care that
4 they receive.

5 Our programs are all member focused. They are all
6 geared towards augmenting and improving the
7 doctor-patient relationship. We do not believe in
8 hassling physicians and dictating to physicians how they
9 practice medicine.

10 However, we also know at the same time that when
11 someone goes to the doctor's office there is a gap
12 between their doctor visits, and in that period of time
13 people sometimes may forget or they may misinterpret or
14 may not completely understand information that's been
15 given to them by their physician. So our programs are
16 geared towards individuals to help them better
17 understand their condition.

18 So if we use diabetes as an example, we would send
19 out targeted mailings to all the members who have
20 diabetes. I would say that 85 percent of those members
21 are under care, and they are receiving the appropriate
22 tests, and they are doing all the things they should be
23 doing -- i.e., diet, exercise, perhaps medications,
24 etcetera.

25 But a small percentage of people may forget -- or

1 may not remember or lead busy lives and not get around
2 to it -- obtaining a test or a follow-up visit. If that
3 happens, then we have ways of helping them remember,
4 reminding them about -- for example, a diabetic eye
5 exam, to make sure that's being properly done on an
6 annual basis, so we can hopefully prevent some of the
7 complications that may happen.

8 In a smaller percentage of people, they have ended
9 up, unfortunately, in the emergency room or had to be
10 hospitalized because of their condition. And for that
11 smaller percentage of patients, then the disease
12 management programs act more like case management
13 programs, where it is more individualized involvement of
14 a nurse.

15 Q. You mentioned diabetes as one of the focuses of the
16 disease management programs. Can you give us an idea of
17 some of the other kinds of diseases that fall within
18 that program?

19 A. Our current programs include, as mentioned,
20 diabetes. We have programs for heart disease, breast
21 and lung cancer, and stage renal disease, and asthma.

22 Q. You also mentioned case management as another focus
23 or another component of the care facilitation program.
24 Can you explain for us how the case management program
25 works?

1 A. Yes, I can. Case management, unlike disease
2 management, is more individual focused. So a member has
3 been identified with a complex or possibly catastrophic
4 condition. And a nurse at Premera will become involved
5 in the care of that patient in the sense that they are
6 working with the hospital, the physician or physicians,
7 the member and the member's family, to help them
8 navigate through the complicated world of healthcare.

9 Q. Can you provide an example?

10 A. We have several examples. One of the best examples
11 was a member of ours who was a 20-something-year-old
12 individual, who was overseas, and was involved in a --
13 he was in a rugby tournament and he had a -- he broke
14 his neck. He was, unfortunately, paralyzed from the
15 neck down. He was initially seen at a smaller facility
16 close to where the accident occurred and was
17 subsequently transferred to a higher level of care,
18 still in Australia.

19 Our case managers got involved because we got
20 notification that this accident had unfortunately
21 happened. Our case manager was in daily contact with
22 the member's family, the nurses, the doctors who were
23 taking care of this individual.

24 And our ultimate goal was to get him back to
25 Washington, to be with his family, and to be treated at

1 a facility close to home.

2 Over a period of time, his condition stabilized, he
3 was unfortunately paralyzed, and they had to arrange a
4 transport for this individual. And surprisingly -- or
5 maybe not surprisingly -- it was very expensive to do
6 this. The case managers got involved in the case and
7 were able to get the air transport donated free by the
8 airline to transport, not only the member, but a team of
9 nurses, a physician and others, to the United States --
10 first to California and then from California up to
11 Seattle -- so that he could be admitted to a
12 rehabilitation facility closer to his home.

13 We have countless other examples like that, but that
14 was one of the most striking ones.

15 Q. What about the other programs you mentioned? I
16 think the third one was the health awareness education
17 program. How does that program work?

18 A. Health awareness education is targeted towards an
19 even broader population of people. The goal there,
20 again, is to get information into the hands of
21 individuals who can use it, to better understand -- even
22 if they are healthy -- things they might want to do to
23 maintain their health, or if they have some concerns or
24 illnesses or conditions, to gain even more information
25 about it, and we do it in a number of ways.

1 We have information available on our website. So
2 when you go to premera.com you can go to healthy
3 advantage, and you can find out information about any
4 condition that you would like.

5 In addition, we have targeted mailings to
6 individuals. Those are often in the forms of reminders.
7 For example, childhood and adolescent immunizations, or
8 reminders to get your flu shot, reminders to get cancer
9 screening tests.

10 And then another program that we have is a 24-hour
11 nurse line that's available to our members. So that if
12 someone had a question in the middle of the night -- a
13 classic example is a child might have a fever and is
14 keeping the parents up at night. And they are trying to
15 decide, do I take the child to the emergency room, do I
16 call a doctor, what do I do?

17 When I was in practice, people would call me in the
18 middle of the night. Nowadays, people don't call
19 physicians at night as often for a variety of reasons.
20 And having this 24-hour nurse line available to them, to
21 help them better understand is this something that could
22 wait until the morning, or do I really need to go to the
23 emergency room or urgent care center tonight.

24 Q. The last program you mentioned was the pharmacy
25 program. Can you describe that program for us, please?

1 A. We have a couple of programs in the area of
2 pharmacy. The one that has the -- I would say the
3 greatest impact on members is our poly-pharmacy program.
4 This is a program that began approximately two years
5 ago.

6 We realized that people who are taking five or more
7 chronic medications were at higher risk for having a
8 problem or a complication from them. And we also
9 realized that, in today's world, oftentimes people will
10 go to more than one physician, and they may forget to
11 tell the person that they are seeing that they are on
12 medications that somebody else may have prescribed.

13 Our poly-pharmacy program was -- it is a targeted
14 mailing with a brown paper bag, and it basically asks
15 the member that the next time you go to your doctor, put
16 all of your medications, including your over-the-counter
17 medications or herbal remedies into the bag and take it
18 with you to the doctor's office and talk to them, review
19 your medications.

20 Initially, when we first started this program,
21 patients went into their doctor's offices, and within a
22 short period of time, we found we were having an impact.
23 One in four members were having a medication changed.
24 There was either a dosage added or a dosage increased, a
25 medication added or a medication taken away.

1 Again, we didn't say whether being on five or more
2 medications was right or wrong, we just said talk to
3 your doctor. And this program has now been in place for
4 a little over two years, and we have reached 48,000
5 members.

6 Q. Is there also a generic drug component to the
7 pharmacy program?

8 A. There is. I think everybody is concerned about the
9 cost of medications, pharmaceuticals. And one of the
10 things that we have been working on, both with the
11 physician community, the employer community, as well as
12 members, is to encourage the prescribing of generic
13 medications.

14 This is entirely voluntary, like all of our other
15 programs. But what we found was that, by providing
16 information to people, they can again make intelligent
17 decisions about their healthcare.

18 One of the aspects of the program is that
19 physicians, oftentimes, when they first prescribe
20 something go to their sample cabinet, and they will have
21 the current, latest version of a medication.

22 And in many cases, they are perfectly happy to
23 prescribe generic medication, but they like to be able
24 to hand something to someone and then ask them to fill a
25 prescription.

1 One aspect of our program is that we have actually
2 put generic samples in the hands of physicians, so that
3 they can choose a generic if they choose to, instead of
4 the latest, greatest, most expensive medication.

5 Over the course of -- when we first started
6 measuring this in early 2002, our generic prescription
7 rate was 43 percent. When we remeasured the end of
8 December 2003, it was up to 49 percent. So that was a
9 significant increase. And at the present time, the
10 nationwide average is around 44 percent. So we feel we
11 are making an impact and ahead of the curve.

12 Q. Why does Premera provide these facilitation care
13 programs?

14 A. I think it goes back to what I said earlier about
15 providing high quality of care. Our belief is that high
16 quality care in the long run is cost-effective care. If
17 people are preventing their conditions from developing,
18 if they are living healthy lifestyles, if they are doing
19 the proper things that they need to do if they have a
20 chronic condition, then the long-term outcome is a good
21 one -- not only for them in terms of their health -- but
22 also in terms of their cost containment.

23 Q. How have these programs impacted utilization?

24 A. They have impacted utilization in a variety of ways.
25 The generic prescribing example that I just gave is one

1 example.

2 In terms of the case management programs -- again,
3 as I said earlier, we don't do utilization management in
4 the old-fashioned sense. Instead, we try to target that
5 six percent of the population that's responsible for 60
6 percent of the healthcare costs. So, again, our
7 programs for case management target that population.
8 Our programs in disease management target that
9 population.

10 If we have limited resources, then it makes sense to
11 go in that direction, rather than the old mother-may-I
12 approach.

13 Q. Have Premera's care facilitation programs been well
14 received?

15 A. They have. The programs that I have described, in
16 terms of the case management programs, we survey both
17 members and physicians on an ongoing basis. We started
18 doing those surveys -- and these are informal surveys,
19 not detailed surveys -- that we do on an ongoing basis,
20 about every quarter. Starting early 2002, we have
21 consistently been in the 92 to 94 percent range of
22 meeting or exceeding expectations.

23 Q. Dr. Chauhan, as a final question, can you tell us --
24 I mean, as a physician, what aspect of these efforts are
25 you most proud of?

1 A. That's a tough question to answer because I am proud
2 of many of them. Both our case management programs, our
3 disease management programs, our poly-pharmacy programs,
4 they all touch members' lives, and they touch them in
5 significant ways. So that gives me personal
6 gratification as a physician.

7 At the same time, when I talk to the physician
8 community about our programs, they are -- I don't know
9 how to say this -- they are pleased and enthusiastic
10 about the approach that we have taken.

11 Brian said earlier -- Mr. Ancell said earlier that
12 the American Medical Association has invited us to speak
13 at a couple of symposia, both nationwide, as well as in
14 the western region. Premera's being an example of how
15 health plans and providers can work together.

16 When we hear statements that they make like that and
17 invite us to participate in these, that gives us a good
18 feeling that we are on the right track and doing the
19 right thing.

20 MS. EMERSON: Thank you, Dr. Chauhan.

21
22 CROSS-EXAMINATION

23 BY MR. HAMJE:

24 Q. Doctor, my name is John Hamje. I a special
25 assistant attorney general, appearing on behalf of the

1 OIC staff. Good afternoon.

2 A. Good afternoon.

3 Q. I have just a few questions for you. I am referring
4 to your prefiled direct testimony, P-40. Page 11, you
5 state, regarding the various programs you have been
6 discussing, that, "Development and expansion will
7 require ongoing investment by the company." Did I get
8 that right?

9 A. Yes.

10 Q. Will remaining a non-profit organization impede
11 Premera's ability to make the ongoing investment
12 required for development and expansion of these programs
13 that you have been talking about today?

14 A. Could you clarify what you mean by impede?

15 Q. Affect it adversely?

16 A. I don't think it would affect it adversely. I think
17 it would take longer to develop additional programs. I
18 think Mr. Ancell said earlier that in order to expand
19 these programs we have to have the capital for the
20 infrastructure necessary to -- in his example -- bring
21 on additional nurses for case management. So that would
22 be an example.

23 Q. So it would -- all that remaining a non-profit would
24 be -- in terms of affecting these programs -- would be
25 that it would delay their development and expansion; is

1 that correct?

2 A. I don't know that if it is all that would delay it.
3 Again, I am not an expert in that area. I am a
4 physician, and the work I do is related toward the
5 clinical aspect of these programs. But I think it is
6 safe to say it would take longer.

7 MR. HAMJE: That's all I have. Thank you,
8 sir.

9 MS. HAMBURGER: I have no questions.

10 MS. EMERSON: No redirect. May the witness
11 be excused?

12 COMMISSIONER KREIDLER: In a minute.

13 MS. EMERSON: I am sorry. My apologies.

14 COMMISSIONER KREIDLER: You are not alone.

15

16 EXAMINATION

17 BY COMMISSIONER KREIDLER:

18 Q. Dr. Chauhan, one of the examples here, where you are
19 talking about disease management -- as I thought a
20 little bit about this, I was wondering -- how do you
21 deal with, in the case of diabetes, where infection is
22 involved and a physician says, "I want to have them back
23 every week," and yet perhaps your management standards
24 for something in this category it should be once a
25 month. How do you resolve that?

1 A. I am not sure I completely understand the question,
2 let me try --

3 Q. Let me try to be a little more clear, if I can. If
4 a physician wants to see a patient more frequently than
5 what Premera has put forward as guidelines for that
6 disease management -- presuming that there are, I am
7 second guessing part of the disease management would
8 involve guidelines for handling a particular type of
9 diabetic-related problem, such as chronic infection.
10 And that physician chooses to see that -- feels that
11 that patient needs to be seen more frequently than
12 perhaps the guidelines would indicate, how is that
13 difference resolved over time?

14 A. Okay. If I gave the impression that we require
15 physicians to follow guidelines for the management of a
16 chronic condition, I apologize.

17 There are two types of disease management programs,
18 in the broadest sense of the word. There are
19 member-centric programs and there are physician-centric
20 programs, and I think if I explain the difference
21 between them that will help answer the question.

22 Physician-centric programs are the programs that
23 follow the model that you just described, where there
24 are specific guidelines that a vendor or a health plan
25 may choose to use. And then they look at the physician

1 practice, and they say you are not following the
2 guidelines. And they maybe say it in a nice way, but
3 that program is targeted towards working directly with
4 the physician.

5 Member-centric programs focus on supporting the
6 doctor-patient relationship. The physician is in
7 control. The physician is the one making the decision
8 that his or her best judgment applies to that
9 individual.

10 Our programs give the members additional information
11 about their condition. So if we go back to the example
12 of diabetes, a physician may or may not give the patient
13 sufficient information for them to completely understand
14 their condition. Our programs help give them that
15 information and then also fill in the gaps, bridge the
16 gaps between the doctor visits.

17 If, in the judgment of the physician, that patient
18 should be seen on a weekly basis or a daily basis,
19 that's up to the physician and we don't intervene in any
20 way. That's between the physician and the patient.

21 Our goal is to give people information so that they
22 are doing the things that they should -- that they --
23 they should be playing a more active role in.

24 So there are certain standards that everybody
25 follows for diabetes. For example, everybody in the

1 healthcare profession knows you should get a Hemoglobin
2 A1C test approximately every three months. You should
3 get an eye exam once a year. You should get a test to
4 make sure you are not developing kidney failure from
5 diabetes, on a regular basis, once a year.

6 We are not saying you didn't do this once a year, we
7 think you should, or, you are doing this more often than
8 that and we think you shouldn't. We are just providing
9 additional information, all from the same sources, about
10 how you manage a condition like diabetes and putting it
11 in the hands of the patient.

12 Q. I guess I am wondering what happens if the provider
13 is essentially seeing a patient much more often than
14 what would be considered part of what -- of the
15 information that you were sharing with the patient and
16 the patient making informed decisions as to what steps
17 they should -- what actions they should be taking.

18 I am wondering though if it is in the provider's
19 financial interest to see a patient more often, and
20 Premera views that there is excessive use of --
21 utilization of healthcare services, how do you deal with
22 that provider to try to reeducate them to perhaps -- so
23 they don't bring the patient back quite as often, in
24 fact the standards of care would dictate that the
25 utilization of the services was uncalled for?

1 A. We don't -- I don't know how to say this. We work
2 closely with the physician community, and what we do
3 is -- by providing them the necessary information we are
4 trusting their judgment that they are making the right
5 decision to manage that member.

6 Now, I suppose there could be a situation that may
7 have come in through a complaint from a member or a
8 family member that -- is this the right thing to do,
9 then in a situation like that, more often than not, one
10 of the medical directors or myself would probably get on
11 the phone and talk to that individual. But that's not
12 our approach, in general. We don't look at practice
13 patterns in that way and say to a physician, "We think
14 you are doing things inappropriately," unless there is
15 something egregious going on, in which case it has
16 usually come in because of a complaint or some kind of
17 abnormal billing behavior or something like that.

18 Q. What do you attribute then for perhaps control if
19 there is a co-pay involved, things like this. I presume
20 there is some incentives here for the patient, in
21 addition, so that they understand that you can come in
22 more often than might be suggested, but to do so then
23 there is this co-pay.

24 Do you think the co-pay is part of the mechanism
25 here to make sure that utilization is in part -- and I

1 am again talking about the extreme relationship as
2 opposed to the standard.

3 A. I think the answer to that is yes, but it is a
4 qualified yes, in the sense there is probably a lot more
5 going on in addition -- that goes through the mind of
6 the patient as they come into the doctor's office.

7 Part of them may say -- if they are being asked to
8 come back more often than they think is right, I would
9 hope that they would bring that issue up with their
10 physician and talk about it.

11 Unfortunately, not everybody would have the
12 wherewithal to do that, maybe they think it is
13 inappropriate to question that. Maybe I am missing
14 something here.

15 Q. I am thinking of a patient who might want to come in
16 more often -- let's say it is asthma, and it is a child
17 and the mother, every time that there is a deep sigh, is
18 running off to see the physician.

19 A. Again, I think that our goal is more -- we don't
20 impose any sanctions on the physician, we don't
21 discourage the patient from going to see their doctor.
22 But if we can put information -- I will give you an
23 example.

24 Ear infections is something that -- for many, many
25 years, everybody -- physicians and lay people alike --

1 thought you had to be seen immediately, thought you had
2 to be treated with an antibiotic.

3 A few years ago we learned that 50 percent of ear
4 infections are caused by viral infections. Now it is 75
5 percent of ear infections are caused by viral
6 infections, so you don't need an antibiotic.

7 So an example there was we had a population of
8 individuals who were going to the emergency room every
9 time they had an ear infection. We sent them some
10 information in the mail in the form of a coloring book
11 that told a story about ear infections, that the patient
12 could go through with their child, and it talked about
13 the pain and how to alleviate the pain, and the kinds of
14 things that one can do.

15 Again, we didn't stop them from going to the
16 emergency room, we didn't tell them not to go to the
17 doctor's office, we gave them some information they
18 could use.

19 Again, in a situation like that, we -- the coloring
20 book -- as the child is coloring and the parent is
21 reading it to them -- they mention the nurse line as an
22 option. Again, that sparks a thought and someone goes
23 let me call the nurse line and see what I should do, do
24 I need to go to the emergency room. Again, by taking a
25 different approach to that we can achieve the same

1 ultimate outcome.

2 COMMISSIONER KREIDLER: I am particularly
3 familiar with pink eye and very high percentage of them
4 that are viral.

5 THE WITNESS: Yes.

6 COMMISSIONER KREIDLER: Anyway, thank you
7 very much.

8 MS. EMERSON: Just one redirect question for
9 clarification.

10

11 REDIRECT EXAMINATION

12 BY MS. EMERSON:

13 Q. Dr. Chauhan, in response to Commissioner Kreidler's
14 question about approaches to care facilitation. You
15 described two types or two different approaches, one
16 would be physician-centric, the other would be
17 member-centric. Does Premera follow one of these
18 approaches or the other?

19 A. We follow the member-centric approach.

20 MS. EMERSON: Thank you, Doctor, no further
21 questions.

22 MR. HAMJE: No questions.

23 MS. HAMBURGER: No questions.

24 JUDGE FINKLE: Thank you. Please step down.

25

1 ALAN SMIT, having been first duly
2 sworn by the Judge,
3 testified as follows:
4

5 DIRECT EXAMINATION

6 BY MS. EMERSON:

7 Q. Good afternoon, Mr. Smit. Can you please state your
8 full name and spell your last name for the record.

9 A. Alan Smit, S-M-I-T.

10 Q. Who is your employer and what is your position with
11 that employer?

12 A. I am employed by Premera Blue Cross. I am the
13 company's chief information officer and a senior
14 vice-president.

15 Q. What are your duties as chief information officer?

16 A. My responsibilities include the development and
17 delivery of the uses of technology that we use in the
18 organization to support our business strategy.

19 I also serve as the chair of the Blue Cross and Blue
20 Shield Association Interplan Technology Advisory
21 Committee, and I represent Premera as a founding member
22 on the board of One HealthPort, a Puget Sound
23 organization formed to create a single security portal
24 through which providers and their staff can get at the
25 on-line services at the local large health

1 organizations.

2 Q. Can you describe for us, please, your educational
3 background?

4 A. Yes. I have a business -- Bachelor of Arts in
5 business and accounting from Augustana College, and a
6 Master of Business Administration from University of
7 South Dakota.

8 Q. Can you please give us an overview of your
9 professional background prior to the time that you
10 assumed your current position at Premera?

11 A. Prior to joining Premera in 1997, I spent nine years
12 with Trigon Blue Cross/Blue Shield in Virginia. I was
13 corporate vice-president of corporate information
14 systems there. And prior to that, I was a senior
15 consulting manager with Accenture in Atlanta, Georgia.

16 Q. Now, your prefiled direct testimony, which was
17 marked as hearing Exhibit P-68 has been filed and served
18 in this proceeding. Do you adopt that testimony?

19 A. I do.

20 MS. EMERSON: Mr. Smit's prefiled direct
21 testimony is marked as Exhibit P-68. With the adoption
22 of that testimony, Premera would now move to admit that
23 exhibit.

24 MS. DeLEON: No objection.

25 MS. HAMBURGER: No objection.

1 JUDGE FINKLE: Admitted.

2 BY MS. EMERSON:

3 Q. Mr. Smit, could you please look in your notebook at
4 Exhibits P-69 and P-71 through 74. Are Exhibits P-69
5 and P-71 through 74 the documents that are referenced in
6 your prefiled direct testimony?

7 A. Yes, they are.

8 MS. EMERSON: At this point Premera would
9 now move to admit these exhibits.

10 MS. DeLEON: No objection.

11 MS. HAMBURGER: I just have a question. Is
12 the press release referenced or the GAO report that's
13 referenced in the prefiled testimony?

14 BY MS. EMERSON:

15 Q. Can you identify please, Mr. Smit, Exhibit P-74?

16 A. P-74 is Premera's press release that described the
17 GAO report.

18 MS. HAMBURGER: I understand that's what
19 P-74 is, but I am wondering if the more appropriate
20 exhibit would be the actual GAO report. That's what --
21 the GAO report is what's referenced in the prefiled
22 direct.

23 THE WITNESS: That information is available,
24 I believe.

25 MS. EMERSON: We would be happy to supply it

1 if that's the request that counsel is making.

2 MS. HAMBURGER: I object to the use of the
3 press release. It is not the best evidence, and it is
4 not what's referenced in the prefiled direct.

5 JUDGE FINKLE: Is the report itself an
6 exhibit?

7 MS. EMERSON: It is not. The press release
8 contains -- well, if I could pose a question to the
9 witness?

10 JUDGE FINKLE: Sure.

11 BY MS. EMERSON:

12 Q. Mr. Smit, are you familiar with the press release?

13 A. Yes, I am.

14 Q. Did you rely on the information from the GAO report
15 in preparing that press release?

16 A. Yes, we did. We received a copy of the GAO report
17 before we elected to create the press release.

18 MS. HAMBURGER: I still object. It is not
19 the best evidence.

20 JUDGE FINKLE: This is one where we are in
21 a -- I would sustain the objection in a trial, but we
22 are in an administrative proceeding. I will admit the
23 exhibit, but also permit the record to be supplemented
24 by the report itself, if you would like. Do you have
25 that? If not, I will ask Premera to make it available

1 to you.

2 MS. EMERSON: We will certainly look for
3 that and bring it to the hearing on Monday.

4 JUDGE FINKLE: I mean, we do need
5 representation by the witness about whether or not the
6 Exhibit 74 is an accurate reflection of the contents of
7 that report. Maybe we had it, but if we could get that
8 clarified.

9 THE WITNESS: I believe it is.

10 JUDGE FINKLE: Admitted.

11 BY MS. EMERSON:

12 Q. Mr. Smit, your prefiled testimony addresses three
13 key factors that are driving healthcare organizations to
14 invest in technology at an accelerated rate. Can you
15 briefly summarize those factors, please?

16 A. Yes. I believe that the factors driving us to spend
17 an ever-increasing amount on information technology and
18 that sort of architecture fall into three major
19 categories. The first largest -- and probably not the
20 most surprising -- is the market itself. What our
21 customers are wanting, expecting and asking for from us
22 in the form of service information and value.

23 And then what our competitors -- who hear those same
24 expectations -- are doing in response, and as our
25 competitors react, so must we.

1 The second category is a trend I see happening in
2 the industry to integrate the multiple business
3 organizations that make up the healthcare delivery
4 system -- the small practitioners, the pharmacies, the
5 large healthcare institutions, the payers -- and to
6 integrate their technology environments between each
7 other to better share information, to make the system
8 more efficient.

9 And then finally, there is a regular set of
10 requirements coming through the legislative and
11 regulatory mandates that I think we will actually be
12 seeing an increase in those environments in the upcoming
13 years.

14 I think all of this is showing up in a study
15 recently done by the Gartner Group, a technology
16 industry watchdog, who is predicting that the
17 compounding annual growth rate of technology has been in
18 the healthcare industry, will be seven percent in the
19 upcoming years, larger than virtually any other industry
20 except the government itself.

21 Q. Why don't we talk about each of those three factors
22 as drivers that you just identified. Let's start by
23 addressing the competitive forces and customer
24 expectations.

25 Can you explain more about competitive forces?

1 How do you see this as driving Premera to invest in the
2 area of information technology?

3 A. Well, as I mentioned, our competitors see the same
4 market demands that we do and are very aggressive about
5 responding to those and trying to create their own
6 competitive sanctions and advantage. It now therefore
7 makes information technology a linchpin of how you
8 compete.

9 We compete, as it has been mentioned here, with
10 local regional entities, such as Regence, as well as
11 national entities, such as United, Aetna and CIGNA.

12 Part of my role as the CIO is to understand our
13 industry, its demands, Premera's business strategy, and
14 bridge that technology strategy. So I have to keep
15 up-to-date with what those competitors are doing.

16 Q. What is it about customer expectations that are
17 pushing Premera's need to invest in IT?

18 A. Well, the marketplace wants certainly price, a very
19 cost-effective, affordable health insurance, made up
20 with the clinical costs, as well as the administrative
21 costs.

22 One component of the cost that they care about is
23 the administrative cost of the system. And our ability
24 to control our administrative cost and to assist in
25 controlling the administrative cost of the entire system

1 is very dependent -- not totally dependent -- on our
2 ability to implement technology.

3 In addition to that, however, they want a lot of
4 information. They want information available in a
5 readily-usable format, customized to their needs, and
6 when they want it.

7 And then finally, they want good service. They want
8 the kind of responsiveness to their problems or their
9 requests that they see in many other industries.

10 All of that just leads to a variety of requirements
11 that I see showing up in the requests for proposal that
12 we get from our customers. I see it in market research
13 data that participated in the reports on, as well as in
14 the discussions of market requirements that we conduct
15 with our executive management team.

16 Q. Does the Premera sales and marketing group
17 coordinate with you and your team on customer demands
18 for information technology?

19 A. Very much so. We typically address a given market
20 opportunity or a specific client opportunity with a
21 cross-functional team in the organization, and
22 frequently have IT staff in those teams -- and more and
23 more frequently actually presenting directly to the
24 customer -- because their expectations have gotten them
25 down to some very specific requirements and requests

1 about our technology.

2 Q. Your prefiled testimony discusses Premera's
3 investment in the systems that support the Dimensions
4 initiative as an example of how the company uses
5 technology to improve its product offering.

6 Can you please tell us how the company came to
7 make the decision to invest in that technology?

8 A. Sure. It is -- I guess I would call it pretty much
9 a textbook case of matching technology needs to the
10 business plan. In '99 and 2000 the company was looking
11 very hard at what its vision needed to be about
12 delivering a new generation of products, services, and
13 networks to the market, in response to the need for
14 affordability and choice going forward into this decade.

15 We were able to map out those business requirements,
16 but had to step back and look at whether our underlying
17 systems and technology would be able to deliver on that,
18 and the assessment was that it couldn't at that stage.

19 Over the years we had built and put in place
20 multiple core systems to administer the membership and
21 claims of our members, not reacting to the '80s and '90s
22 and the various solutions delivered to market at that
23 time.

24 Those systems were built -- at the time they were
25 built -- with the best disciplines of the time for the

1 use of technology and the design of systems. But they
2 didn't age any better than perhaps I do, and we are
3 getting more rigid, inflexible, and it was getting
4 harder and harder to change as the market keeps asking
5 for more.

6 So we decided we needed to implement a new core
7 system to unify in one place all the services from
8 membership and claims, and to do it on the latest
9 technology so it would be more flexible and continue to
10 be able to change as we respond to the market going
11 forward.

12 We have done that. We used a software vendor
13 solution for the core system, which gave us a lot of
14 pre-coated, powerful options as to the way to provide
15 product to the market, and then we extended it where we
16 felt appropriate for our own needs.

17 Q. How the Dimensions systems platform met the company
18 objectives?

19 A. Very much so. It allows us -- it has allowed us to
20 deliver -- as what you have heard -- the Dimensions
21 program, where we have been able to leave behind the
22 typical structures of product in the industry, where a
23 single network choice was frequently associated with a
24 single benefit choice, which came with a prepackage
25 requirement for healthcare management. And we were able

1 to unbundle and offer those as individual choices,
2 thereby, giving our customers more ability to make their
3 own decision, and the trade-off of choice versus cost.

4 Q. What has the company done to improve technology for
5 web-based services?

6 A. Well, clearly, part of the business vision in 2000,
7 which was during the height of sort of the dot-com
8 craze, was that you needed to E-enable your business and
9 give your constituents 24-by-7 service.

10 Particularly, our members are becoming very
11 accustomed to that kind of capability because of the
12 investments that financial services companies and retail
13 observations made in the '90s. That's sort of become
14 the norm how you interact with those organizations.

15 Even though our interactions with our customers are
16 much more complex than in those businesses, they were
17 expecting that same type of web-type of capability.

18 So we invested heavily in that as part of the
19 Dimensions project, and integrated -- from a
20 cost-effective point of view -- only to the newest
21 systems, and now deliver a robust set of capabilities
22 and individual portals to the different stakeholders we
23 participate with.

24 So providers, brokers, groups, members, each have
25 their own solutions. In the case of a member, they can

1 come in and look up the providers in our network, in our
2 provider directory, instead of relying on a paper
3 directory that's out of date.

4 They can get on-line and look at their benefits --
5 including their year-to-date deductible status -- as
6 well as the status of a particular claim that they have
7 in flight, where they may have received a bill from a
8 provider, they are not sure what their liability is, and
9 they can see if we have adjudicated that claim yet.

10 Finally, as Dr. Roki described, that we have health
11 information available, that they can look up particular
12 health information, such as childhood diseases, or
13 particular information about a chronic disease they may
14 be experiencing.

15 Q. And we have heard in prior testimony that
16 approximately 125 million dollars was invested by the
17 company on the Dimensions initiative. Is that your
18 understanding as well?

19 A. Yes, correct. That's the approximate amount that we
20 invested in the program to build -- not only the new
21 products and services -- but the underlying technology
22 infrastructure. That represents -- I will call it the
23 core technology infrastructure of the company.

24 Our claims and membership system is the backbone of
25 our business, but it is not all the functions we

1 provide.

2 Going forward now, around that new core, we are
3 going to have to continue to invest in technology to
4 enhance our support of all the other business functions
5 we have in the company, and then to start reaching even
6 further outside of the company with electronic
7 integration to all the stakeholders I described before.

8 Q. Could Premera compete for customers and business
9 without providing these technology-based services?

10 A. There is really no choice in this day and age.
11 Information technology to a financial services
12 organization, such as ourselves, is the manufacturing
13 plant of a manufacturing company. And they cannot
14 create product without that plant, we cannot deliver
15 product and service without information technology.

16 Our competitors are investing very aggressively in
17 it. If we didn't do so also, we would not be able to
18 complete.

19 Q. Let me follow up on that point about the competitors
20 and their efforts. How vigorous are those efforts by
21 competitors? Can you describe that for us, please?

22 A. From where I sit, it is very vigorous, because I
23 have to figure out a way for Premera to compete with it.

24 CIGNA has nearly completed a multi-year,
25 one-billion-dollar project to replace their core

1 technology to deliver their new products on that
2 platform -- so, in concept, not dissimilar to our
3 project.

4 Locally, Regence is in the middle of a multi-year
5 project to implement a new complex sophisticated core
6 processing solution also.

7 United Healthcare has been renowned for years in
8 their aggressive implementation in use of technology, as
9 evidenced by the fact that we estimate -- and I have
10 seen them discuss publicly -- that their annual capital
11 investment in technology is 10 times what Premera can
12 do.

13 Now, because of their size, that's not surprising.
14 But the difficulty is that we need to be able to do --
15 on a per member basis or as a percent of revenue -- we
16 have to be able to compete in how much we invest in
17 technology, and we need to grow our membership base so
18 that we have the basis for investing more in technology.

19 So all of these entities are working very
20 aggressively. United's most recent public announcement
21 is to deliver smart cards to their 10 million members or
22 more within the last year and half, so that when that
23 member walks into a member office they can swipe it
24 through a machine and immediately have access to
25 United's systems for eligibility and membership

1 information on that member.

2 Q. Can you -- could Premera's 125-million-dollar
3 investment in Dimensions be characterized as a one-time
4 investment that would not require additional financial
5 resources?

6 A. No. Not at all. As I mentioned, we delivered a new
7 core membership and claims system as part of this
8 effort, and that's either the backbone or the heartbeat
9 of the company, depending which way you want to
10 characterize it. But automation, nowadays, goes way
11 beyond that to nearly every business function in the
12 organization.

13 I think it has been mentioned in previous testimony
14 that our care facilitation programs require systems, and
15 we would like to improve the systems that support the
16 nurses in that context.

17 We have investments we want to make in extending our
18 ability to reduce paper and bring in more things
19 electronically from providers. So there is continued
20 investments we want to make at some point, whether it is
21 a smart card or some type of ability, to give cards to
22 the member that facilitates the providers' ability, as I
23 described with United, is in our plans.

24 Q. The second driver that you identified as pushing the
25 need to invest in technology, was integration and

1 connectivity. Can you tell us how that integration will
2 work?

3 A. Sure. I guess I compare that -- if you have heard
4 the term -- in the manufacturing industry of supply
5 chain integration. Manufacturing and retail
6 organizations over the last years have created
7 technology integration that brings closer together the
8 parties that participate in the system or the value
9 chain.

10 In the case of WalMart, their suppliers can see
11 through their own computers what sold at WalMart today
12 and predict what they have to now ship to replenish that
13 supply, rather than waiting for WalMart to place an
14 order.

15 The healthcare industry, as a set of individual
16 operating entities -- from small provider practices, to
17 the institutions and the financial entities -- is very
18 disparate and has very heterogeneous environment, in
19 terms of their technology -- some more sophisticated
20 than others, many not very sophisticated yet.

21 While most of those entities have been investing in
22 the last few years to improve their own internal uses of
23 technology, the next logical step is that we create that
24 supply of chain integration. We use technology to
25 better integrate between the payer and provider, as well

1 as, the provider and provider.

2 It is really seen as the next best way of individual
3 efforts to improve quality and improve cost
4 effectiveness in the system.

5 Q. Can you give us a couple examples to illustrate how
6 integration is or can work?

7 A. Sure. First, perhaps, an example on administration.
8 We talked about the smart card, but it is very realistic
9 that a member could walk into a provider's office in the
10 future, and in a variety of ways -- that are all better
11 today -- better than pulling out a copy of their member
12 ID card -- that the provider can find out the latest
13 information about that member -- verifying their health
14 eligibility, health insurance eligibility, their benefit
15 plan, the status of their year-to-date deductibles.
16 Whether it is the member being issued a smart card
17 that's swiped through a device in the provider's office,
18 whether it is the provider getting on a browser screen,
19 on a website, and making that inquiry directly on the
20 payer's system, or whether it is the provider's practice
21 management system -- when it scheduled that member --
22 that system -- automatically and without request --
23 fired off the request for that benefit information
24 straight to the payer, the answer came back
25 electronically, and that's there in the practice

1 management system when the member shows up.

2 We will not in the industry mandate in a single way,
3 and we will probably have to build to all of those
4 solutions, but all of them will enhance administrative
5 efficiency.

6 The next layer on top of it is the provider doesn't
7 want a different solution on their desktop for every
8 payer. So they don't want the swipe card machine and
9 the browser machine and the practice management system
10 to all have to be operating, one for each payer that
11 they deal with.

12 So we will be looking at sort of a network solution
13 in the industry, where the question -- no matter how it
14 is served up by the provider -- gets to any payer they
15 deal with in the same way, and back again to get an
16 all-payer solution.

17 The other example is in the clinical arena. This
18 becomes much more provider-to-provider connectivity, but
19 there is a role here for the payers also. And that is
20 to make sure that an individual's health information is
21 available, wherever it is needed, no matter whatever
22 care setting they end up in. And that is sometimes
23 referred to as a virtual patient medical record. Not
24 that we bring together one large data store where all of
25 your information personally, but we know where it is, or

1 we can access at the point it is needed.

2 The thought there is to drive a significant amount
3 of costs out of the system and improve quality. The
4 cost reductions come through analysis of reductions in
5 redundant or unnecessary care -- because a particular
6 provider does not know you have a test or does not know
7 what the result was, but they would in that environment.
8 Quality, because they may learn -- as we talked about
9 earlier in the poly-pharmacy program, without having to
10 bring a brown bag in -- which didn't show up on my
11 examples of high technology, but it worked for that
12 program -- without bringing a brown bag in, the provider
13 can actually find out about all of your active
14 prescriptions when you come to visit them, and thereby
15 help with the pharmacy program.

16 There are -- I will call it -- early adopt or pilot
17 programs that are going on all over the country as
18 communities, and almost all at the community level make
19 efforts to try this out, prove that it works.

20 We have a couple happening in Washington right now.
21 The most notable one, getting the most exposure
22 nationally, is the Santa Barbara County Care Data
23 Exchange in California. They were funded with, I
24 believe, 10 million dollars of money from the California
25 Healthcare Foundation that we heard about, that was

1 formed in the Blue Cross plan converted there.

2 The data that has come from that particular study
3 seems to be based on testimony in Washington. The
4 primary source of the number that's now getting talked
5 about in Washington, DC, is this type of an
6 infrastructure implemented nationally, could save 87
7 billion dollars a year in healthcare at cost.

8 Q. Can you please provide an example or two of the
9 investments that Premera has or will need to make to
10 support integration and connectivity?

11 A. Sure. To date, we have attempted to get involved in
12 the community and lead some efforts. The Dimensions
13 program in the last couple of years has kept us quite
14 focused on our internal efforts but we expect to be
15 looking outwardly at much more of it. Obviously, we
16 built our premera.com, which gave the providers the
17 ability to a browser screen, to look directly to us and
18 interoperate with us.

19 However, as I mentioned, providers would prefer all
20 payer solutions and we are aware of that. So we made an
21 additional investment and worked with a company called
22 Siemens PointShare, who was delivering to the providers
23 in this market and all payer solutions.

24 So, for instance, a provider could look up
25 eligibility information through the same screen, the

1 same look and feel, to any payer who would agree to
2 cooperate and coordinate with Siemens, which we went
3 ahead and invested to do that so it would be easier for
4 the providers.

5 We also were a founding member and invested in the
6 One HealthPort, as I mentioned. We were worried that,
7 as everyone rushed to provide a dot-com capability,
8 every provider would have that many more yellow sticky
9 notes on their monitor about their security and their
10 password for every one of those, which doesn't enhance
11 security at all and increases a certain amount of
12 complexity. So we invested in building and delivering a
13 solution, and then invested again to integrate it to our
14 existing provider portal, so that a provider or their
15 office staff has one security credential, and once they
16 deliver it up to a browser they can then look at the web
17 capabilities of any entity that wants to participate
18 with a security portal -- as do we, Regence, Group
19 Health, that type of thing.

20 Q. Thank you. The third driver or factor that you
21 identified was the legislative and regulatory
22 requirements. Can you explain how these factors are
23 also driving further investments in information
24 technology?

25 A. Sure. As I discussed, the industry from a business

1 unit point of view -- as some people would say -- is a
2 cottage industry. It is very broken up into a variety
3 of different quasi-independent entities.

4 It is also, as everyone knows, such a complicated
5 business. The number of data elements in a claim record
6 is exponential over the number of data elements in an
7 ATM transaction.

8 So this industry has not gotten as far along in the
9 integration I just described, in setting the development
10 of the standards that it takes to achieve that
11 integration as other industries, and that has been
12 noticed in Washington, DC.

13 I have said HIPAA for so many years now I have to
14 pause to recite it, but the Health Insurance Portability
15 and Accountability Act of 1996 was obviously the most
16 recent largest effort to start addressing that. One of
17 its components was setting up standards for key
18 transactions in our business and mandating those
19 standards to be followed if anything was going to be
20 done electronically.

21 It also included security and privacy requirements.
22 By far the largest technology implementation was the
23 transactions and code it sets that were standardized.

24 The industry has had a couple of years to become
25 compliant with that. The estimate by Health and Human

1 Services in about 2000 is that it would cost the
2 industry about 18 billion dollars, I think it was, to
3 comply with those.

4 A known study, later in 2001, estimated it was
5 probably going to approach 40 billion, and I am sure we
6 will never know where in between there it exactly came
7 out.

8 Premera, by the end of this year, I believe we will
9 have invested 34 million in becoming compliant with all
10 the HIPAA efforts that we addressed to date, and we are
11 still working on things like security, which is due next
12 year.

13 So a very, very large effort requires significant
14 changes in our systems, and we are today actively
15 working, continuing to work, with all the providers in
16 the market that submit electronically to us. Because
17 not only do each of us have to get our systems to now be
18 compliant with these new standards, we have to talk to
19 each other again. We already pass data back and forth,
20 but now we are doing it in a new way, and we have to
21 debug that. So we are continuing to invest in that.

22 Q. What are the government-sponsored initiatives that
23 are on your horizon right now?

24 A. One of the large ones we are monitoring, HIPAA
25 allows for additional standards to be delivered without

1 additional legislation, and those standards that deliver
2 them will be updated every year. And we will, whether
3 it meets a local business need or not, be required to
4 make the changes that stay current with those standards.

5 One of the largest new standards we look at is the
6 changeover from the ICD-9 diagnosis procedure coding
7 scheme to the ICD-10 scheme -- and there is a lot of
8 interest nationally in that, but from certain entities.

9 However, again, a study has said that could cost as
10 much as 14 billion dollars for the industry to comply
11 with those standards. So it is being looked at very
12 carefully. I believe, at some point, it will probably
13 come.

14 In addition to that, as I mentioned with
15 Washington's interest in this issue with the use of
16 technology in our industry, there are a whole variety of
17 proposed actions and legislations and acts that would
18 create, in one form or another, something of a national
19 health information infrastructure. And one of those
20 nations actually uses that term, but I would bundle all
21 of them under that label, and there are several being
22 proposed.

23 It is essential to either encourage -- through
24 forcing of standards or through support of funding -- or
25 to potentially even legislate the need for that

1 integration I already discussed. And that is being
2 discussed, along with this 87 billion dollar a year
3 savings number that has been put forward, which gets a
4 lot of people's interests.

5 So we are watching that very carefully. It will
6 have a huge impact on the provider community, but what's
7 being said right now is that the benefits in many
8 cases -- such as, electronic medical records for the
9 physician practice doesn't benefit the physician. There
10 isn't an economic benefit, in fact, it reduces
11 utilization if used inappropriately. So I know there is
12 an interest in how will payers be able to help with this
13 investment. The benefit they believe would be to us if
14 it is underwritten business or ultimately to the
15 customers.

16 So there is a lot of movement out there for that
17 right now. Ironically, as I mentioned, it was the Santa
18 Barbara effort that was used so far as the extrapolated
19 number to the national number.

20 Even just in the last two weeks, President Bush in a
21 statement said he wanted to form an office in HHS to
22 address it -- and the title escapes me, but it is a
23 national information infrastructure office. And
24 amazingly, already they have appointed the head of that
25 office, Dr. David Brailer, I believe it is, who was

1 actually the architect of the Santa Barbara effort.

2 There is going to be some action around this.

3 Ex-Congressman Gingrich has been proposing that by 2005,
4 perhaps, they should mandate that an electronic medical
5 record be in use by anyone to see a Medicare patient.

6 So just a huge amount of momentum would appear to be
7 building up around this.

8 Q. We have now talked about the competitive customer,
9 the integration, and the regulatory factors that are
10 driving an investment in technology. Can you tell us,
11 how have these factors affected Premera's actual and
12 projected spending on technology?

13 A. We have nearly doubled how much we spend on
14 information technology in the last four years, and I do
15 not see any basis for saying that is going to go down.
16 That was not a bubble.

17 We are proud of what we have accomplished with it.
18 There is a lot more we want to do. We mentioned earlier
19 the exhibit where the Government Accounting Office
20 visiting and going nationally talking to organizations
21 in the financing side and healthcare delivery side, I
22 believe, in support of some of these Washington
23 initiatives, to try to determine how much technology is
24 being used in the industry. It was fairly complimentary
25 of Premera and our use of the information we gathered.

1 Because we have talked a lot today about our claims
2 and membership processing. In the course of that, we
3 literally collect millions and millions of records about
4 our members, as well as their healthcare. It is a
5 shallow data set clinically, but it is a very broad one.
6 And it does have value in our ability to do things like
7 analyze the source of trends, analyze the impact of
8 practice patterns, help identify people who would be
9 best served by disease management programs.

10 And we have been cited for the fact that even though
11 we see a lot we have left to do there, we are already
12 demonstrating value.

13 Q. What does all this mean for Premera going forward?

14 A. Without a doubt, I believe strongly in our mission,
15 our peace of mind. I have been in the industry long
16 enough to realize how challenging it is to do this in a
17 situation with a country in healthcare, and it does take
18 a lot of capital to deliver on the technology that we
19 have to have to deliver on that vision.

20 MS. EMERSON: Thank you, Mr. Smit.

21
22 CROSS-EXAMINATION

23 BY MS. DeLEON:

24 Q. Good afternoon, my name is Melanie DeLeon.

25 A. Good afternoon.

1 Q. I am with the AG's office. I just have a few quick
2 questions.

3 Isn't IT improvement and technology a challenge
4 for every business?

5 A. Yes, it is a challenge and a market demand.

6 Q. I understand that sophisticated IT is not an option
7 in the healthcare industry, but it is a competitive
8 necessity; is that correct?

9 A. That's correct.

10 Q. That's true for all healthcare insurers, not just
11 Premera?

12 A. That's correct, in my opinion.

13 Q. And this would be true whether you converted or not;
14 is that correct?

15 A. Yes.

16 Q. Now, when you update or modify or improve your IT
17 systems and infrastructure, isn't there also an
18 associated cost savings?

19 A. We certainly look for the projects that can deliver
20 direct cost savings. They tend to get a little higher
21 priority when we bring them forward.

22 Many of those -- however, the cost savings are out
23 there a number of years -- but the investment is now.
24 So we tend to be faced with current investments and
25 future cost savings.

1 But a significant -- and I would guess, though I
2 have not analyzed it -- the majority of them add to
3 service opportunities to our members -- which doesn't
4 actually change the cost structure -- and add value and
5 form of the information we can deliver to members that's
6 important to them in deciding and controlling their
7 healthcare.

8 Q. For instance, if you have web-based information,
9 that a consumer can go on at midnight and look up,
10 wouldn't that reduce the requirement for you to have a
11 call center?

12 A. We are waiting to see nationally -- back for a
13 second. The experience of the financial services
14 institutions that are a number of years ahead of
15 healthcare in this would say no to some degree. In
16 other words, an inquiry in our website at night did not
17 eliminate a phone call the next day. It is a net
18 increase in transactions. I think that's been shown
19 over and over again.

20 We do hope to see eventually a reduction in the
21 questions on the telephones. But, I would tend to say
22 that -- besides in the investment we have made in the
23 web services -- will not get a greater than that
24 reduction in the other service channels. We would
25 probably do well if we could equal, but the net--it

1 added better service for our members, which is what they
2 are asking for.

3 Q. In the P-74, the GAO report, you highlight some
4 projects that Premera has done; is that correct? And
5 one of them is Eliza?

6 A. Correct.

7 Q. Can you describe that briefly?

8 A. Certainly, I can attempt to. That would be in
9 Dr. Roki's area, but we contracted with a vendor who
10 delivered the technology of speech recognition, so that
11 it was much more efficient to execute a program of
12 surveying members than to have to do the usual mailings
13 and repeat mailings.

14 Then we built the technology inside of Premera to
15 extract the data we need and to provide the integration
16 to that member so that the Eliza tool actually had the
17 information needed to conduct the surveys, the
18 computer-generated voice recognition surveys.

19 Q. It says here that the reminder calls made by using
20 the Eliza technology were not only 10 to 30 percent less
21 costly than calls made by live operators, but they
22 contributed to increases in diabetic eye care.

23 So, in that case, you did reduce the calls for
24 live operators; is that correct?

25 A. Yes. That is an example where we get a double

1 benefit, with administrative a little less expense, but
2 also much more effective as a program, because of the
3 speed at which we can get done with the contacting of
4 all the program membership.

5 Q. Further down the page you talk about the OCR Imaging
6 and Scanning Technology, and it reduced administrative
7 costs by about a million dollars in 2003?

8 A. That's correct.

9 Q. Do you get to roll those savings back into IT
10 services?

11 A. No. We will usually take a balance between taking
12 those to the bottom line -- part of what we discussed
13 earlier today, we believe we can achieve some of our
14 goals for operating margin increase by reducing admin
15 costs. That is one of the types of projects we give a
16 high priority, because it has a fairly direct
17 correlation.

18 Q. When you are doing your -- do you have to prioritize
19 your IT projects?

20 A. Absolutely.

21 Q. And do you do a cost/benefit analysis on those?

22 A. We do a cost/benefit analysis with the dollar sign,
23 tangible benefits on those programs you really expect to
24 get a dollar savings.

25 The type of a project where we can provide

1 information that gives a better understanding to our
2 groups about what's causing health care cost trends to
3 go, has no dollar benefit, per se, it is very direct.

4 There we have to rely more on what the market is
5 telling us about the information is what they want, how
6 badly they want it, whether our competitors can deliver
7 that information. That can generate its priority.

8 Q. If you have a project that would actually eliminate
9 the need for a human being doing the actual work?

10 A. Yes.

11 Q. Do you use the savings from that to amortize the
12 project at all?

13 A. Well, the savings usually is part of the
14 justification. If we have eliminated positions, there
15 will tend to be a savings in that department where that
16 person was employed. We generally amortize the cost of
17 the technology in my department. I don't usually get to
18 see the savings.

19 Q. You said you have nearly doubled the budget in the
20 last four years?

21 A. That's correct.

22 Q. That was prior to -- that's going to be the same
23 whether you convert or not; is that correct?

24 A. Well, that's history, that's done. And whether we
25 convert or not, I believe we are going to have a market

1 demand to continue to spend at that level.

2 Q. Has Premera been unable to implement any necessary
3 IT projects due to the lack of funding?

4 A. Yes. Every year we go through a prioritization
5 exercise -- and you said necessary projects, there is
6 always judgment about which is most necessary. But
7 every single year we have to take a look at our capital
8 position, our resources, and clearly not all projects
9 make it through the cut.

10 Q. All right. Do you believe that if the company
11 became publicly-traded that you would have unlimited
12 funds for IT initiatives?

13 A. Absolutely not.

14 Q. You would still have to prioritize projects?

15 A. We will still be making prioritization calls.

16 Q. You testified about how the HIPAA has required IT
17 spending. Isn't that all about done -- all but done
18 with, I think, April of 2005 being the last deadline?

19 A. No, it is not. April is the last deadline --
20 actually, that's not true. April is the deadline for
21 the security rules, which are finalized. They have now
22 also finalized the rules for the national provider
23 identifier, its deadline is out a couple of years.

24 We are in the midst of sizing up what that could
25 mean to us in terms of the investment in changing our

1 system. They are now taking the claims attachment
2 standard through the process they use to finalize a
3 standard. We fully expect those standards to be out
4 within a year, and that will require that we implement
5 electronic transaction types that don't exist today.

6 As I say, ICD-10 could be mandated within the HIPAA
7 process without legislation, so I do not expect it to be
8 done by a long shot.

9 Q. But the ICD-10, it is still being debated, is it
10 not?

11 A. It has been recommended by the organizations who
12 make the recommendations on standard setting, but it is
13 still being debated as to whether -- when to do it and
14 how rapidly to do it.

15 MS. DeLEON: I have no further questions.

16 MS. HAMBURGER: I have no questions.

17 MS. EMERSON: I think just one.

18
19 REDIRECT EXAMINATION

20 BY MS. EMERSON:

21 Q. Mr. Smit, are you aware of any capital constraints
22 within the company limiting the company's ability to
23 invest in the Eliza technology that was referenced in
24 connection with the GAO -- referenced in the GAO report?

25 A. I am not aware of any limitations as related to that

1 particular initiative.

2 Q. Are you aware of capital constraints limiting other
3 IT initiatives within the company?

4 A. Yes. As I mentioned, we do prioritization every
5 year with the available capital, and there are
6 initiatives that we can't get done. We tend to
7 prioritize -- obviously, legislative and regulatory
8 mandates are going to get a high priority.

9 Next would tend to come that which was being
10 directly requested by our customers, and we need to
11 respond to our competitors well or already have.

12 Next comes the longer term positioning investments
13 that we want to make in the case of the integration
14 industry. As I said, that's a positioning investment in
15 the whole industry that we, long term, can add to cost
16 savings. Those will tend to get a lower priority.

17 We have not been able to make some investments we
18 have wanted to integrate with providers for real-time
19 claims adjudication that we think would be very valuable
20 for the member and the provider to get a better settle
21 on the member liability before the member left the
22 practice.

23 We need to develop that, we need to experiment with
24 providers to see how it best works in their practice
25 settings, and we have not been able to get to that.

1 MS. EMERSON: Thank you. That's all I have.

2

3 RECROSS EXAMINATION

4 BY MS. DeLEON:

5 Q. Do you believe capital constraints will suddenly
6 disappear if you convert?

7 A. No. I think that they will -- as we have discussed,
8 they become less of a long-term challenge. They will
9 clearly not disappear overnight.

10 This conversion, as proposed, is a long-term
11 financial management/risk management strategy. If it
12 better enables us to grow our membership while keeping
13 adequate reserves, I have a better ability to invest
14 more in technology and spread it across that membership.

15 If it provides us better short-term financial
16 alternatives, how to finance a particular technology
17 effort that we must do, it leaves us a better ability to
18 manage the company's finances that way. But, no, it
19 does not totally limit the challenge of prioritization.

20 MS. DeLEON: Thank you. No further
21 questions.

22 MS. EMERSON: Nothing further.

23 JUDGE FINKLE: Thank you. Please step down.
24 I think we are done for the day, but let's take a quick
25 check of where we are in the overall proceeding. What

1 is Premera expecting for Monday?

2 MR. MITCHELL: Judge Finkle, if I am
3 counting correctly we are through 14 of our 19 witnesses
4 at this point, and that means that we should be able to
5 get through all but one probably come Monday. So I
6 think we are making progress, and I know all of us are
7 thankful for it, and it would appear that's -- it is
8 conceivable we could finish on Monday. I think that
9 unlikely, but we certainly should be done by noon on
10 Tuesday I would think.

11 JUDGE FINKLE: Any observations before we
12 adjourn on the scheduling, any issues we ought to be
13 aware of on procedure? Good. Well, we will see you
14 Monday at 9:00.

15 (Proceedings concluded at 5:00 p.m.)
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C E R T I F I C A T E

STATE OF WASHINGTON)
) ss.
County of Pierce)

I, the undersigned Notary Public in and for the
State of Washington, do hereby certify;

That the foregoing Verbatim Report of Proceedings
was taken stenographically before me and transcribed
under my direction; that the transcript is a full, true
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That I am herewith securely sealing this transcript
and delivering the same to the Clerk of the
above-entitled Court.

IN WITNESS HEREOF, I have hereunto set my hand and
affixed my official seal this 9th day of May, 2004.

Notary Public in and for the
State of Washington, residing
at Tacoma.